

# Phase-switchable preparation of solution-processable WS<sub>2</sub> mono- or bilayers

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Crystal phase plays a crucial role in determining the properties of two-dimensional (2D) transition metal dichalcogenides. Here we achieve phase-switchable preparation of 2D transition metal dichalcogenides using an electrochemical lithium-ion intercalation-based exfoliation strategy by controlling the discharge current density and cutoff voltage. We discover that a small discharge current density (0.005 A g<sup>-1</sup>, with a 0.9 V cutoff voltage) produces pure semiconducting 2H phase WS<sub>2</sub> bilayers. In contrast, a large discharge current density (0.02 A g<sup>-1</sup>, with a 0.7 V cutoff voltage) leads to the dominant semimetallic 1T' phase WS<sub>2</sub> monolayers. The phase-switching mechanism was clarified through cryo-electron microscopy, annular dark-field scanning transmission electron microscopy, Raman, X-ray photoelectron spectroscopy, etc. The device (humidity sensor) application of produced 2D WS<sub>2</sub> was then demonstrated, showing phase-dependent humidity-sensing performances confirming the potential of our produced 2D WS<sub>2</sub> with switchable phase in device applications.

The crystal phase is a pivotal parameter when determining the properties and applications of two-dimensional (2D) transition metal dichalcogenides (TMDs)<sup>1–3</sup>. Group-VI TMDs, such as MoS<sub>2</sub> and WS<sub>2</sub>, can exist in diverse phases (2H, 1T or 1T'), depending on the coordination geometries of the transition metal atom (Supplementary Fig. 1). The 1T (octahedral coordination) and 1T' (distorted octahedral coordination) group-VI TMDs exhibit metallic and semimetallic properties, respectively, rendering them promising candidates for applications in energy storage<sup>4–6</sup>, energy conversion<sup>7–10</sup> and superconductivity<sup>11</sup>. In contrast, the 2H (trigonal prismatic coordination) group-VI TMDs are typically semiconductors with a bandgap of 1–2 eV (ref. 12), making them exceptionally well suited for applications in nanoelectronics and optoelectronics<sup>13–15</sup>.

The preparation of 2D group-VI TMDs (solution-processable TMDs in particular) with a designated phase tailored to intended applications is therefore important, as solution-processable 2D TMDs are compatible with solution-based deposition techniques (such as inkjet printing,

industrial roll-to-roll coating, drop-casting and spin-coating), facilitating the easy and scalable manufacture of customizable devices<sup>16,17</sup>. Although such printable 2D group-VI TMD solutions could be prepared via direct liquid exfoliation in solvents<sup>18</sup> and foreign species (for example, tetraalkylammonium ions<sup>19,20</sup>, sulfate ions<sup>21</sup> and small molecules<sup>22</sup>) intercalation-based liquid exfoliation, the phase of the final 2D products is not adjustable, remaining the same phase as their initial bulk counterparts.

Previous studies suggest that 2H-to-1T/1T' phase transition occurs in group-VI TMDs during lithium-ion (Li<sup>+</sup>) intercalation-based exfoliation, resulting in 2D nanosheets (NSs) with a mixed phase of 2H and 1T/1T'<sup>9,23,24</sup>. In theory, this is because the Li<sup>+</sup> intercalation involves the electron injection from the *s* orbitals of guest lithium to the *d* orbitals of the host transition metal atoms to maintain overall charge neutrality<sup>25</sup>. When the electron injection is beyond a certain threshold (in terms of MoS<sub>2</sub>, this threshold is 0.29 electrons per formula unit<sup>19</sup>), the stability of the 2H phase group-VI TMDs will be lower than that of the 1T or

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1T' phase, causing the corresponding phase transition. The occurrence of phase transition implies that Li<sup>+</sup> intercalation-based exfoliation can theoretically become a plausible way for the preparation of solution-processable group-VI 2D TMDs with on-demand phases. Still, this has not yet been truly achieved experimentally, as the switch (on-off) for the phase transition is still unknown<sup>24</sup>.

Here, we discover the electric switch of phase transition during the electrochemical Li<sup>+</sup> intercalation-based exfoliation, achieving phase-switchable exfoliation of solution-processable WS<sub>2</sub> mono- or bilayers from their bulk counterparts (Supplementary Fig. 2). Specifically, we found that Li<sup>+</sup> intercalation under a small discharge current density (0.005 A g<sup>-1</sup>, with a 0.9 V cutoff voltage) will cause the formation of dense solid electrolyte interface (SEI) film at the edge of WS<sub>2</sub>, which limits the insertion of Li<sup>+</sup> below the phase transition threshold, resulting in semiconducting 2H-WS<sub>2</sub> bilayers. Conversely, a large discharge current density (0.02 A g<sup>-1</sup>, with a 0.7 V cutoff voltage) will lead to 2H-to-1T'/1T' phase transition and thereby produces semimetallic 1T'-WS<sub>2</sub> monolayers. In this case, no obvious SEI film is formed. Thus, Li<sup>+</sup> can be fully intercalated in WS<sub>2</sub>, resulting in a phase transition. Our findings give new vitality to the electrochemical Li<sup>+</sup> intercalation-based exfoliation strategy, making it a feasible method for large-scale production of solution-processable group-VI 2D TMDs with designated phases.

## Phase-switchable preparation and characterization

Figure 1a illustrates the overall phase-switchable preparation of 2H- and 1T'-WS<sub>2</sub> NSs using our electrochemical Li<sup>+</sup> intercalation-based exfoliation strategy with controllable discharge current density and cutoff voltage (small current density: 0.005 A g<sup>-1</sup>, 0.9 V; large current density: 0.02 A g<sup>-1</sup>, 0.7 V), (see Methods for details). These parameters were determined through a series of control experiments with different discharge current densities and cutoff voltages. Detailed results are presented in Supplementary Fig. 3, which shows that the threshold discharge current density required to initiate the formation of 2H-phase WS<sub>2</sub> NSs is 0.005 A g<sup>-1</sup>. Raman (Fig. 1d and Supplementary Fig. 4) and X-ray photoelectron spectroscopy (XPS; Fig. 1e and Supplementary Fig. 5) analyses confirmed this conclusion.

The small current density-driven Li<sup>+</sup> intercalation-based exfoliated WS<sub>2</sub> NS dispersion exhibits a light-green colour (Fig. 1b, inset and Supplementary Figs. 6 and 7), signifying partial absorption in the visible range, as verified via the ultraviolet–visible absorption spectrum (Fig. 1b), which confirm the formation of semiconducting 2H phase WS<sub>2</sub> NSs under a small discharging current density<sup>19</sup>. Conversely, the large current density exfoliated WS<sub>2</sub> NS dispersion shows a black colour (Fig. 1b, inset and Supplementary Figs. 6 and 7), indicating the complete and featureless absorption in the visible range (Fig. 1b), marking the emergence of phase transition and the formation of metallic 1T'/1T' phase WS<sub>2</sub> NSs under a large discharging current density. Photoluminescence (PL), Raman spectroscopy and XPS further confirm the above phase analysis. Prominent PL appears in small current density exfoliated WS<sub>2</sub> NSs (Fig. 1c), signifying its semiconducting nature (2H phase). Only two dominant peaks (the in-plane phonon E<sub>1g</sub> at 350.3 cm<sup>-1</sup> and the out-of-plane phonon A<sub>1g</sub> modes at 419.2 cm<sup>-1</sup>, corresponding to 2H WS<sub>2</sub> (ref. 11)) appear in the Raman spectroscopy of small current density exfoliated WS<sub>2</sub> NSs (Fig. 1d), indicating their 2H phase. By contrast, the J<sub>1</sub>, J<sub>2</sub> and J<sub>3</sub> peaks located at low-frequency regions are observed for

large current density exfoliated WS<sub>2</sub> NSs (Fig. 1d), indicative of the 1T' phase<sup>9</sup>. The yields of 2H-WS<sub>2</sub> (under small current density) and 1T'-WS<sub>2</sub> (under large current density) NSs are ~100% and ~67%, respectively, as confirmed by the deconvolution of the W 4f regions of exfoliated WS<sub>2</sub> in the XPS spectrum (Fig. 1e).

The phases of exfoliated WS<sub>2</sub> NSs are further confirmed by aberration-corrected annular dark-field scanning transmission electron microscopy (ADF-STEM). The ADF-STEM image of the small current density exfoliated WS<sub>2</sub> NSs shows a hexagonal lattice structure of individual W and S atoms (Fig. 1f), confirming the 2H phase<sup>20</sup>, whereas the one-dimensional zigzag chains of W atoms dominate the entire image of the large current density exfoliated WS<sub>2</sub> NSs (Fig. 1g), indicative of the 1T' phase<sup>26</sup>. Notably, a small area of 2H phase is also observed in the top-right corner of the image (Fig. 1g), suggesting the co-existence of 1T' and 2H phases in large current density exfoliated WS<sub>2</sub> NSs, and 1T' phase is dominant. Figure 1f,g in the bottom part show line intensity profiles scan along the white-boxed atoms. The intensity of S atoms is much more pronounced in 2H WS<sub>2</sub> owing to the enhanced signal resulting from the overlap of two S atoms along the direction of the electron beam<sup>27</sup>. In contrast, for the 1T'-WS<sub>2</sub> structures, the intensity ratio of S atoms between the two W sites is much lower. This is attributed to the S atoms in the upper and lower layers being staggered, creating a triangular lattice.

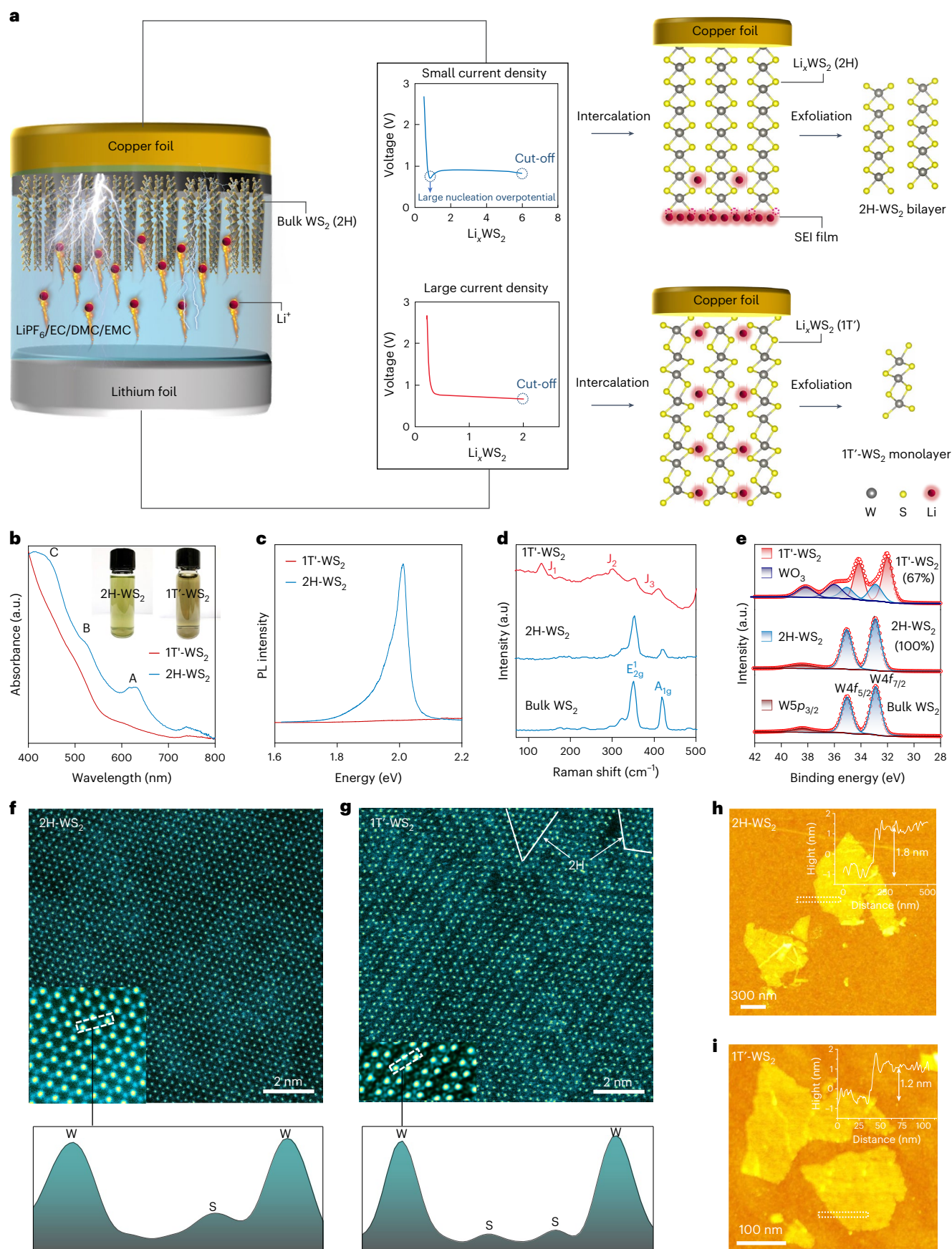
Sulfur vacancies are clearly observed in the ADF-STEM images of the prepared 2H- and 1T'-WS<sub>2</sub> NSs (Supplementary Figs. 8 and 9), and the electron paramagnetic resonance (EPR) results indicate that the sulfur vacancies in 2H-WS<sub>2</sub> NSs are more abundant than those in 1T'-WS<sub>2</sub> NSs (Supplementary Fig. 10). Transmission electron microscopy (TEM) reveals that the exfoliated 2H- and 1T'-WS<sub>2</sub> NSs have a lateral size ranging from 300 to 600 nm and 100 to 200 nm, respectively (Supplementary Fig. 11). Large quantities of 2H- and 1T'-WS<sub>2</sub> NSs were successfully prepared as confirmed by scanning electron microscope images (SEM; Supplementary Fig. 12). Atomic force microscopy (AFM) images show that the thickness of the 2H- and 1T'-WS<sub>2</sub> NSs is 1.8 nm and 1.2 nm (Fig. 1h,i; thickness distribution histograms are shown in Supplementary Fig. 13), respectively, indicating the formation of bilayer 2H- and monolayer 1T'-WS<sub>2</sub> NSs. Besides WS<sub>2</sub>, phase-switchable preparation of WSe<sub>2</sub> was also successfully achieved and characterized (see detailed information in Supplementary Figs. 14–16). However, this method is not suitable for MoS<sub>2</sub>; only 1T'-MoS<sub>2</sub> NSs can be prepared (Supplementary Figs. 17 and 18). This discrepancy might be due to the varying interaction energies between Li<sup>+</sup> and different TMDs.

## Phase-switching mechanism

To investigate the phase-switching mechanism, cryo-TEM is employed due to the sensitivity of lithium discharged samples to electron beams<sup>28</sup>. When Li<sup>+</sup> intercalation is driven by a small discharge current density, a dense compact and amorphous SEI film and Li<sub>2</sub>S at the edge of WS<sub>2</sub> are observed (Fig. 2a–c). The ADF-STEM and electron energy loss spectroscopy (EELS) analyses (Fig. 2f and Supplementary Fig. 19) indicate that lithium predominantly localizes within the SEI. There is a minimal presence of Li<sup>+</sup> intercalation occurring at the edge of WS<sub>2</sub> (ref. 29). This minimal Li<sup>+</sup> edge intercalation is revealed by a small increase in interlayer spacing from 6.19 Å to 6.26 Å (Supplementary Fig. 20). The hexagonal symmetry structure (Fig. 2b), A–B–A stacking mode (Fig. 2d) and greenish colour (Fig. 2e) of the intercalated WS<sub>2</sub> confirm the 2H polytype.

**Fig. 1 | Preparation and characterization of 2H- and 1T'-WS<sub>2</sub> NSs.** **a**, A schematic of the phase-switchable synthesis of 2H- and 1T'-WS<sub>2</sub> NSs through a controllable electrochemical lithium intercalation-based exfoliation method. **b**, Visible–near-infrared absorption spectra of exfoliated 2H- and 1T'-WS<sub>2</sub> NS solution. A, B and C indicate the three absorption peaks in the spectrum of exfoliated 2H-WS<sub>2</sub>. The insets show the photographs of exfoliated 2H- and 1T'-WS<sub>2</sub> NS solution. **c**, PL spectra of exfoliated 2H- and 1T'-WS<sub>2</sub>. **d**, Raman spectra of bulk WS<sub>2</sub> and exfoliated 2H- and 1T'-WS<sub>2</sub>. **e**, XPS W 4f spectra of bulk WS<sub>2</sub> and exfoliated 2H- and

1T'-WS<sub>2</sub>. **f**, ADF-STEM image of 2H-WS<sub>2</sub>. The enlarged atomic-resolution image is presented in the left corner. Line intensity profile scans along the white-boxed atoms in the enlarged image are shown below. **g**, An ADF-STEM image of 1T'-WS<sub>2</sub>. The enlarged atomic-resolution image is presented in the left corner. Line intensity profile scans along the white-boxed atoms in the enlarged image are displayed below. A small area of 2H-WS<sub>2</sub> was found in the top right corner. **h,i**, AFM images of 2H- (**h**) and 1T'-WS<sub>2</sub> (**i**) NSs. The inset height profiles reveal the thickness of selected NSs.





In contrast, when a large discharge current density is applied, no significant SEI film is observed at the edge of WS<sub>2</sub>, but exfoliated WS<sub>2</sub> appears (Fig. 2g–i). The ADF-STEM image and high-resolution EELS mapping confirm that Li<sup>+</sup> indeed intercalates into the interior structure of WS<sub>2</sub> (Fig. 2l and Supplementary Fig. 21). The distorted A–B–C stacking mode (Fig. 2j) and the black colour (Fig. 2k) of the intercalated WS<sub>2</sub> reveals the 1T' phase. The XPS (Supplementary Figs. 22–24) and X-ray diffraction (Supplementary Fig. 20) characterizations further confirmed the 2H phase of small current density intercalated WS<sub>2</sub> and the 1T' phase of large current density intercalated WS<sub>2</sub>.

Bringing together the findings from the analyses mentioned above, it becomes evident that a small discharge current density results in the creation of a dense SEI films at the edge of WS<sub>2</sub>, which acts as a barrier preventing Li<sup>+</sup> intercalation into the interlayer of WS<sub>2</sub> and thereby limits the electron injection (from the *s* orbitals of lithium to the *d* orbitals of the W atom) below the phase transition threshold (0.3 electrons per WS<sub>2</sub> formula unit, as confirmed by density functional theory (DFT) calculation; Supplementary Figs. 25–27 and Supplementary Table 1). This, in turn, results in the phase of the final product being consistent with the starting bulk materials (both being 2H phase) without a phase transition. Furthermore, the SEI caused irreversibility during the intercalation process, which is revealed through the charge–discharge curves (Supplementary Fig. 28) and corresponding EPR results (Supplementary Fig. 29). Conversely, a large discharge current density does not allow for the establishment of a well-defined SEI film; therefore, Li<sup>+</sup> can be fully intercalated into the interlayer of WS<sub>2</sub>. This process causes a charge density wave and a transition from the 2H phase to the 1T' phase, which, in turn, results in the dominance of 1T' phase in the final product.

To explain how the discharge current density influences SEI formation and ultimately affects WS<sub>2</sub> phase transition, we conducted theoretical simulations. The large and small discharge current densities were simulated as the high and low concentrations of Li<sup>+</sup> near WS<sub>2</sub>. We also introduced different external electric fields along the WS<sub>2</sub> layers as the reaction potentials. It is observed that, under different potential conditions, smaller potentials promote the Li<sup>+</sup> diffusions into the WS<sub>2</sub> interlayers (Supplementary Fig. 30a,b). This proves that a higher discharge current density with lower reaction potential benefits the thorough diffusions of Li<sup>+</sup> into the WS<sub>2</sub> interlayers. For the smaller discharge current density with lower Li<sup>+</sup> concentration, the single Li<sup>+</sup> diffusion into the WS<sub>2</sub> interlayer is challenging due to the increasing energy barriers, indicating that the lower-concentration Li<sup>+</sup> are prone to be limited near the edge of WS<sub>2</sub> (Supplementary Fig. 30c).

During the molecular dynamics (MD) simulations of high-concentration Li<sup>+</sup>, the intercalation of Li<sup>+</sup> into the WS<sub>2</sub> layers is clearly observed, which results in the exfoliations of WS<sub>2</sub> layers (Supplementary Fig. 30d–f). In addition, the WS<sub>2</sub> layers experience the formation of superstructure rather than the amorphizations, which initiates the phase change to 1T' structures under the high discharge current density. In contrast, when the WS<sub>2</sub> layers are interacting with a small concentration of Li<sup>+</sup> under a low discharge current density, we notice that the strong interactions with the WS<sub>2</sub> layer are limited only near the edge by strong adsorptions, which induces the evident amorphization of WS<sub>2</sub> towards the SEI formation (Supplementary Fig. 30g–i).

In addition, the interlayer spaces are blocked by Li–S bonding and the amorphous structures, which further hinder the diffusions of the Li<sup>+</sup> into the WS<sub>2</sub> interlayers and maintain the original 1H structures. These observations are supportive of experimental results and confirm that the diffusion behaviours of Li<sup>+</sup> are strongly related to the discharge condition, supplying important insights into the understanding of SEI formation and WS<sub>2</sub> phase change.

## Device applications

Since the prepared 1T'-WS<sub>2</sub> monolayers and 2H-WS<sub>2</sub> bilayers possess high surface areas and exposed sulfur atoms, they are ideal platforms for humidity sensors. In addition, different phases of WS<sub>2</sub> interact with H<sub>2</sub>O molecules in distinct ways. The solution-prepared 2H- and 1T'-WS<sub>2</sub> NSs are therefore examined for humidity sensor applications. Drop-casting is used to deposit the WS<sub>2</sub> NSs onto a polyethylene terephthalate (PET) substrate. After drying, Au electrodes are sputtered onto WS<sub>2</sub> NSs for wiring purposes (Fig. 3a and Supplementary Fig. 31). The basic humidity-sensing properties are investigated using a home-made humidity sensor test system (Supplementary Fig. 32).

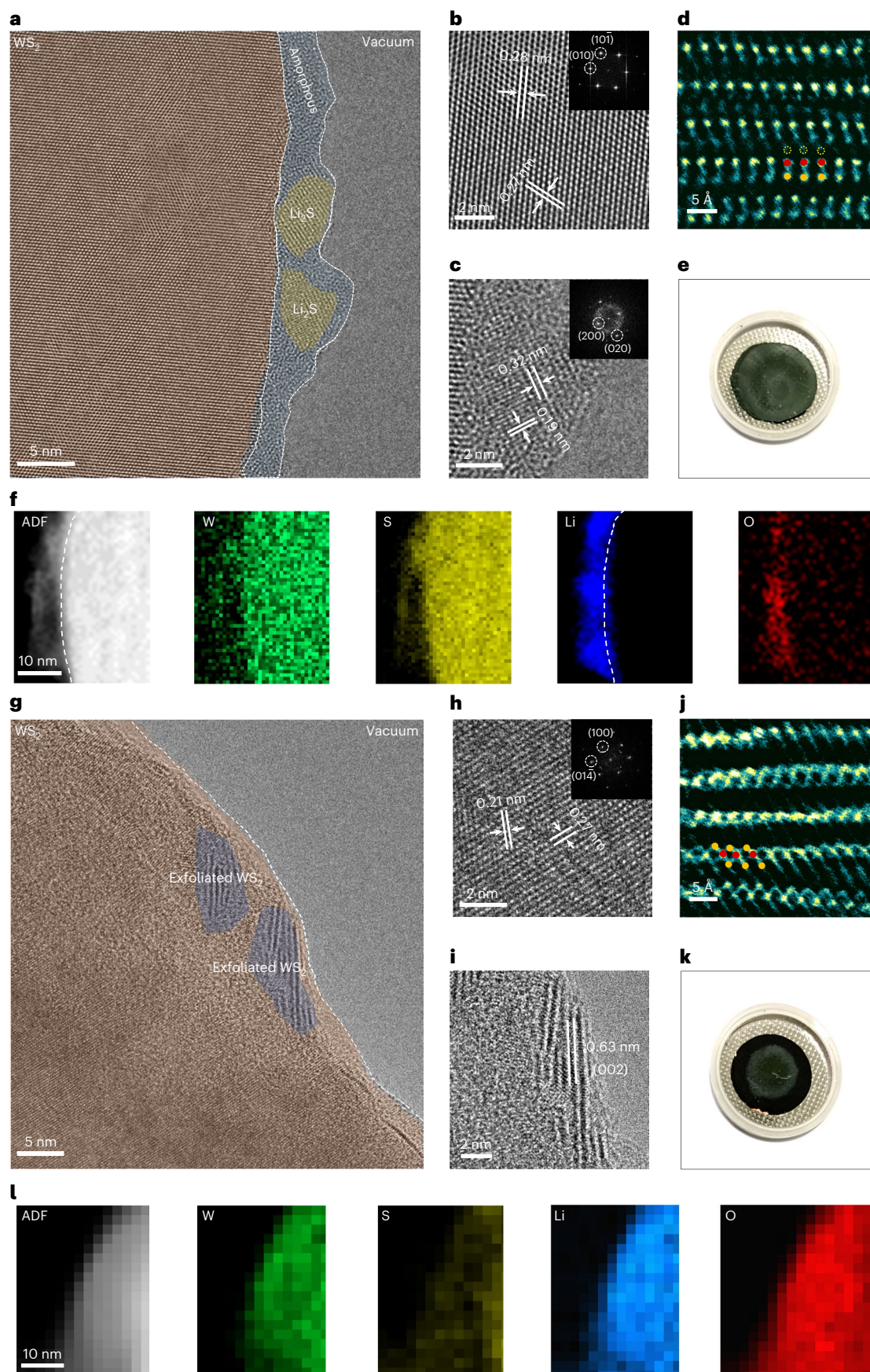
The significant variations in device current under different relative humidity (RH) conditions indicate a wide humidity response range of our fabricated 2H-WS<sub>2</sub> humidity sensor (Fig. 3b,c). As the RH varies from 15% to 90%, the current of the devices at a bias of 10 V increases by nearly two orders of magnitude, suggesting excellent humidity-sensing capabilities of our device. Notably, the 2H-WS<sub>2</sub> humidity sensor exhibits a stronger response when the applied RH exceeds 65%, signifying that such a humidity sensor is well suited for applications requiring detection in high-humidity environments, such as breath rate monitoring and non-touch positioning interfaces. This behaviour can be explained by the presence of two distinct conduction mechanisms corresponding to different humidity ranges (refer to Supplementary Figs. 33 and 34)<sup>30</sup>. The dynamic humidity response and recovery measurements of the WS<sub>2</sub> humidity sensors are shown in Fig. 3d, demonstrating excellent selectivity and repeatability when responding to different levels of RH. Response and recovery times are crucial parameters that determine the sensitivity of humidity sensors. Figure 3e shows the repeatable dynamic humidity response of the 2H-WS<sub>2</sub> humidity sensors from RH 60% to RH 75%, demonstrating ultrafast response and recovery times below 1 s. An enlarged *I*–*T* (*I*, current; *T*, time) curve (Fig. 3f) reveals that the response and recovery times for 2H-WS<sub>2</sub> humidity sensor are 0.48 s and 0.32 s, respectively. In comparison, these values are 0.30 s and 1.20 s for the 1T'-WS<sub>2</sub> humidity sensor tested under the same conditions (Fig. 3g,h). Compared with the 2H-WS<sub>2</sub> humidity sensor, the 1T'-WS<sub>2</sub> humidity sensor exhibits a faster response but a slower recovery time. This difference can be attributed to the fact that 1T'-WS<sub>2</sub> has more negative adsorption energy towards water molecules than 2H-WS<sub>2</sub> (Supplementary Figs. 35 and 36, –0.73 eV versus –0.18 eV), implying that water molecules are more easily adsorbed on 1T'-WS<sub>2</sub>. Conversely, water molecules are more challenging to desorb from the surface of 1T'-WS<sub>2</sub>, resulting in a longer recovery time.

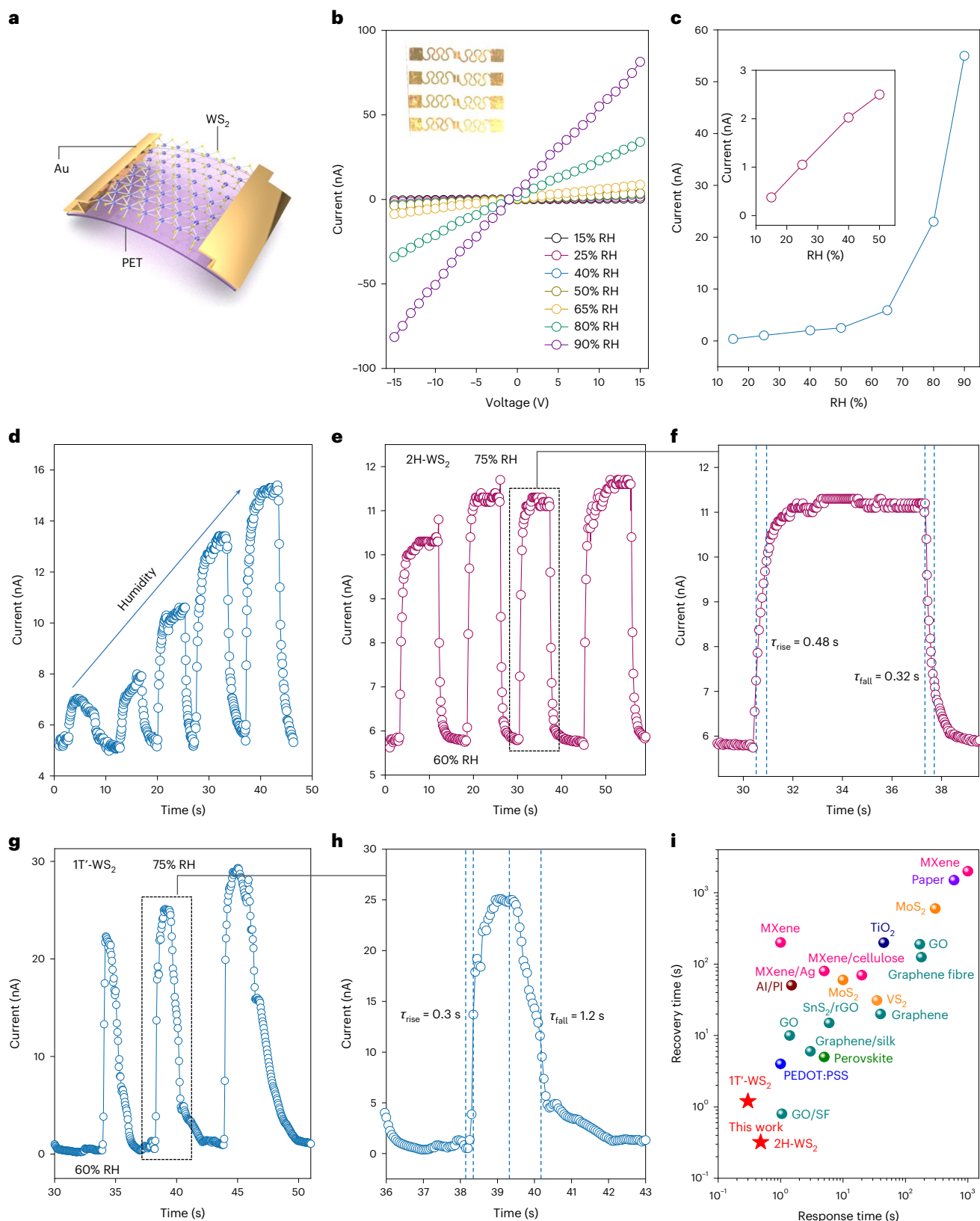
When comparing the response and recovery times with other reported humidity sensors, both our fabricated 2H- and 1T'-WS<sub>2</sub> sensors demonstrate the fastest recovery and response times (Fig. 3i and

**Fig. 2 | Characterization of intercalated WS<sub>2</sub>.** **a**, A cryo-TEM image of a small current density intercalated WS<sub>2</sub> electrode, showing the amorphous SEI and Li<sub>2</sub>S on the surface of WS<sub>2</sub>. **b,c**, High-resolution (HR)TEM images of WS<sub>2</sub> (**b**) and Li<sub>2</sub>S (**c**) shown in **a**. The insets in **b** and **c** are the corresponding diffraction patterns. The lattice distances of 0.28 and 0.27 nm are attributed to the (010) and (101) planes of WS<sub>2</sub> (**b**). For Li<sub>2</sub>S (**c**), the lattice distances of 0.32 and 0.19 nm correspond to the (200) and (020) planes, respectively. **d**, A cross-sectional ADF-STEM image of small current density intercalated WS<sub>2</sub>. The red and yellow circles denote the W and S atoms, respectively. **e**, An optical image of small current density intercalated WS<sub>2</sub> electrodes after the discharging process. **f**, An ADF-STEM image and EELS elemental mapping of small current density intercalated WS<sub>2</sub>.

**g**, A cryo-TEM image of a large current density intercalated electrode showing exfoliated WS<sub>2</sub> on the surface. **h,i**, HRTEM images of WS<sub>2</sub> (**h**) and surface exfoliated WS<sub>2</sub> (**i**) shown in **g**. The insets in **h** and **i** are the corresponding diffraction patterns. The lattice distances of 0.27 and 0.21 nm are attributed to the (100) and (014) planes of WS<sub>2</sub> (**h**). The lattice distance of 0.63 nm corresponds to the (002) plane of WS<sub>2</sub> (**i**). **j**, A cross-sectional ADF-STEM image of large current density intercalated WS<sub>2</sub>. The red and yellow circles denote the W and S atoms. **k**, An optical image of large current density intercalated WS<sub>2</sub> electrodes after the discharging process. **l**, An ADF-STEM image and EELS elemental mapping of large current density intercalated WS<sub>2</sub>.







**Fig. 3 | Humidity-sensing performance.** **a**, A schematic illustration of the WS<sub>2</sub>-based humidity sensor. **b**,  $I$ - $V$  measurement of 2H-WS<sub>2</sub> humidity sensor under different levels of RH.  $I$ , current;  $V$ , voltage. **c**,  $I$ -RH curves. The inset is the enlarged curve of low RH levels between 15% and 50%. **d**, The dynamic humidity response and recovery measurement under different levels of RH. **e**, The response and recovery curve of 2H-WS<sub>2</sub> from 60% RH to 75% RH. **f**, The amplified response and recovery curve from **e**.  $\tau_{\text{rise}}$  and  $\tau_{\text{fall}}$  represent response

and recover times. **g**, The response and recovery curve of 1T'-WS<sub>2</sub> from 60% RH to 75% RH. **h**, The amplified response and recovery curve from **g**. **i**, A comparison of the humidity-sensing performance of fabricated 2H- and 1T'-WS<sub>2</sub> NSs with other reported humidity sensors in literatures. MXene represents transition metal carbides, nitrides and carbonitrides. GO/SF denotes graphene oxide and silk fibroin, and PEDOT refers to poly(3,4-ethylenedioxythiophene) polystyrene sulfonate. The details can be found in Supplementary Table 2.



Supplementary Table 2). The origin of short recovery and response time in Fig. 3i is due to the ultrathin structure of the exfoliated WS<sub>2</sub> NSs and the presence of abundant S defects. Specifically, the prepared 1T'-WS<sub>2</sub> and 2H-WS<sub>2</sub> NSs, being monolayer and bilayer, respectively, are significantly thinner than other humidity sensor materials, as shown in Fig. 3i. The prepared 1T'-WS<sub>2</sub> and 2H-WS<sub>2</sub> materials possess an exceptionally high surface-to-volume ratio, which results in a greater number of atoms being exposed on the surface, enhancing the interaction with water molecules. This high surface area facilitates increased adsorption of water molecules, leading to substantially increased changes in electrical properties (Supplementary Fig. 33) and, consequently, higher sensitivity to humidity variations<sup>31</sup>. Hence, the minimal thickness of these 2D materials enables rapid adsorption and desorption of water molecules, contributing to faster response and recovery times. Furthermore, the prepared 1T'-WS<sub>2</sub> and 2H-WS<sub>2</sub> NSs possess abundant sulfur defects (as confirmed by the EPR spectra in Supplementary Fig. 10), which enhance conductivity (as confirmed by DFT calculations in Supplementary Fig. 37)<sup>32</sup> and subsequently shorten the response time and improve the recovery speed. These factors sufficiently explain the short response and recovery times observed in our prepared 1T'-WS<sub>2</sub> and 2H-WS<sub>2</sub> NSs, as illustrated in Fig. 3i. Based on the relatively faster response and recovery speed, 2H-WS<sub>2</sub> NSs were selected for the following humidity-sensing demonstration.

The mechanical properties of the 2H-WS<sub>2</sub> humidity sensor are examined by analysing its response current under RH 65% after subjecting it to different cycles of bending. The WS<sub>2</sub> humidity sensor demonstrates exceptional flexibility, with the response current remaining nearly unchanged even after 1,300 cycles of bending (Fig. 4a). This resilience can be attributed to the use of exfoliated WS<sub>2</sub> NSs, which are intrinsically flexible ultrathin 2D materials with a high fracture strain of approximately 25–30% (refs. 33–35). These properties significantly contribute to the stability of the fabricated devices. Leveraging the highly sensitive and ultrafast response and recovery properties, we demonstrate the application of our WS<sub>2</sub> humidity sensor for breath monitoring, a critical aspect of diagnosing and treating slowly progressing diseases with few early indicators (for example cancer, diabetes and sleep apnoea–hypopnoea syndrome)<sup>36</sup>. The WS<sub>2</sub> humidity sensor is easily attached under the human nose to demonstrate nasal breath monitoring. As shown in Fig. 4b, the device's current value simultaneously varies in response to changes in breath rate. During the 3–7 s of measurement, the tested subject took a deep breath and exhaled a high RH level flow, resulting in a significant rise and fall in current. Subsequently, the subject breathes at a quick and uneven rate within 8 s, leading to low-amplitude and high-frequency fluctuations in the device's current. These results demonstrate that the ultrafast response and recovery properties of the WS<sub>2</sub> humidity sensor can effectively support precise real-time breath monitoring. In addition, the WS<sub>2</sub> humidity sensor can be employed to test the protective performance of various types of mask (Supplementary Fig. 38), which holds significant importance, such as during the coronavirus disease 2019 epidemic.

A prototype speech recognition device has also been developed. When a person speaks, the pronunciation of different words leads to variations in the concentration of exhaled water vapour. As shown in Supplementary Fig. 39, the ultrafast response and recovery of the WS<sub>2</sub>-based humidity sensor allow it to detect real-time changes in breath humidity associated with spoken words. Consequently, this generates characteristic current curves corresponding to each word. Supplementary Figs. 40–43 shows the characteristic current curves recorded by the device for various spoken words, including 'Hi', 'people', 'thank you', 'you are welcome', 'question', 'unbelievable' and 'beautiful'. These current response curves exhibit unique and distinct characteristic peaks with high repeatability, highlighting the device's significant potential for voice recognition applications.

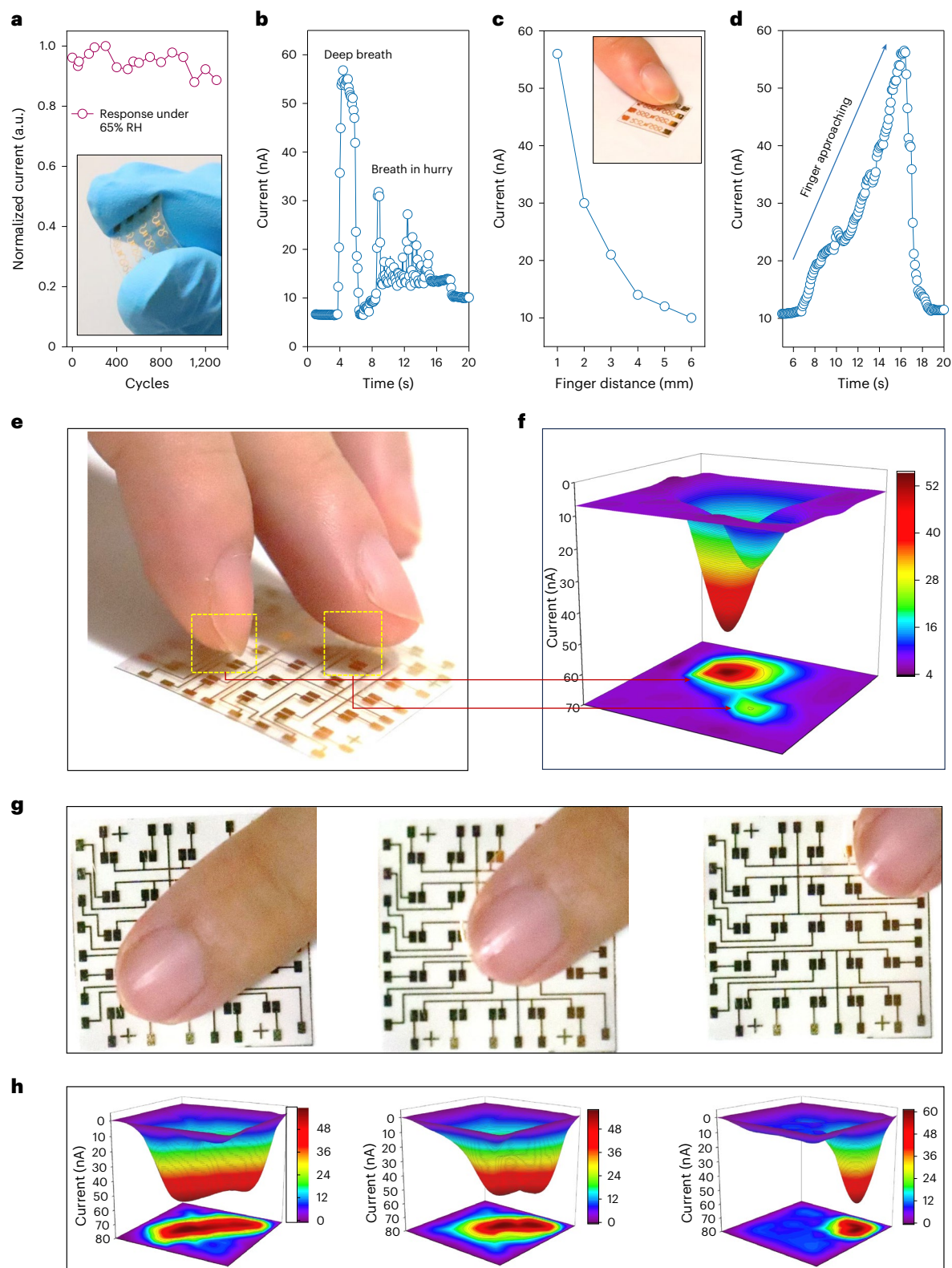
The long-range manipulation of devices offers promising potential for future electronics, particularly in applications like non-touch switches and touchless localization interfaces. Moisture detection can serve as a compelling stimulus signal to enable these innovative applications<sup>37–39</sup>. The high sensitivity and rapid responsiveness of the fabricated WS<sub>2</sub> humidity sensor are more than capable of meeting the requirements for real-time touchless localization interfaces. As illustrated in Fig. 4c (inset), the human finger serves as the moisture source. Quantitative measurements under a bias of 10 V in Fig. 4c demonstrate an exponential relationship between finger distance and the response current of a single WS<sub>2</sub> humidity sensor. The sensor begins to show a slight response at a vertical height of 6 mm that gradually increases as the finger approaches. Figure 4d reveals the dynamic current of the device in response to an approaching finger in an indoor environment. Benefitting from the ultrafast response and recovery time, the device's current increases as the finger approaches without any hysteresis. Furthermore, the superior stability of the WS<sub>2</sub> humidity sensor is confirmed by exposing it to the indoor environment (65% RH, room temperature) for 96 h (Supplementary Fig. 44).

Prompted by the excellent response capabilities, a touchless localization interface can be realized using the WS<sub>2</sub> humidity sensor array. Figure 4e shows a 5 × 5 WS<sub>2</sub> humidity sensor array on a PET substrate. The as-fabricated touchless localization interface retains its flexibility as demonstrated in Supplementary Fig. 45. Even under bending conditions, the response and recovery properties remain nearly unchanged compared with the flat condition. The successful distinction of the relative position and depth of two fingers using the WS<sub>2</sub>-based localization interface is showcased in Fig. 4e,f. To enhance the image quality, we use the interpolation function in origin software to obtain a higher-density and clearer current distribution map (the original array density is 5 × 5, and the initial current distribution of the array is summarized in Supplementary Fig. 46). The current distribution map in Fig. 4f reveals the location of the two fingers, with colours indicating the vertical distance between the fingers and the sensor array. By incorporating the information of the location and depth of the fingers in a three-dimensional (3D) cuboid, a reconstructed 3D model that closely resembles the actual positions of the two fingers can be achieved (Fig. 4f). These results suggest that the WS<sub>2</sub>-based localization interface can be employed to reconstruct the spatial distribution of subjects on the basis of moisture stimulus signals. Furthermore, due to its fast response and recovery properties, real-time location monitoring can be realized using our touchless localization interface. As shown in Fig. 4g,h, the contour map of the current distribution can reveal the areas covered by fingers as a single finger sweeps past our touchless localization interface at a very low height. To highlight the reconfigurability and advantages of the humidity sensor array, we showcase its potential application in monitoring baby diaper wetness. The detailed results and analysis are shown in Supplementary Fig. 47.

## Conclusions

This study demonstrates the successful realization of a phase-switchable synthesis for solution-processable 2H- and 1T'-WS<sub>2</sub> NSs. An electrochemical Li<sup>+</sup> intercalation-based exfoliation strategy with precise control over Li<sup>+</sup> intercalation electrochemistry was developed. We found that a small discharge current density results in the production of pure semiconducting 2H phase WS<sub>2</sub> bilayers, while a large discharge current density leads to the prevalence of semimetallic 1T' phase WS<sub>2</sub> monolayers. The phase-switching mechanism is clarified through cryo-electron microscopy, ADF-STEM, Raman, XPS, etc. The device application potential of the produced solution-processable 2D WS<sub>2</sub> is demonstrated. Together, our work presents a phase engineering method for the exfoliation of solution-processable 2D TMDs with implications in future electronics.





**Fig. 4 | Sensor array for touchless localization interfaces.** **a**, Mechanical property measurement of the WS<sub>2</sub> humidity sensor. The inset shows the flexibility of the device. **b**, Nasal breath monitoring curve. **c**, Quantitative measurement between finger distance and device current under a bias of 10 V. The inset shows the finger approaching the device. **d**, The dynamic current curve of the WS<sub>2</sub> humidity sensor as the finger approaches. **e**, An optical image

of the relative localization of two approaching fingers above the 5 × 5 arrays. **f**, The corresponding 3D mapping of the approaching of two fingertips. **g**, Optical images of the finger sweeping above the touchless localization interfaces based on the WS<sub>2</sub> humidity sensor array. The corresponding 3D mapping of current distribution is shown in **h**.

## Methods

### Chemicals

Tungsten disulfide ( $\text{WS}_2$ , 99.9%, Macklin), carbon black (Bay Carbon), polyvinylidene difluoride (Sigma-Aldrich), 1-methyl-2-pyrrolidinone (99%, J&K Scientific), copper foil (Shenzhen Kejing Star Technology Company), lithium foil (DoDoChem), polypropylene film (Celgard 2300),  $\text{Li}^+$  battery electrolyte (1.0 M  $\text{LiPF}_6$  in ethylene carbonate (EC):dimethyl carbonate (DMC):ethyl methyl carbonate (EMC) = 1:1:1 vol%, DoDoChem), 3-aminopropyltriethoxysilane (99%, Aladdin), acetone (American Chemical Society grade, Analaqua Global International), ethanol (American Chemical Society reagent,  $\geq 99.5\%$ , Macklin). The deionized water was purified using Milli-Q System (Millipore).

### Synthesis of 2H- and 1T'- $\text{WS}_2$ NSs

The 2H- and 1T'- $\text{WS}_2$  NSs were synthesized through a precise electrochemical  $\text{Li}^+$  intercalation-based exfoliation process. This method was carried out within a coin cell setup, utilizing a copper foil-coated bulk  $\text{WS}_2$  cathode (weighing 5 mg), lithium foil as the anode and an electrolyte solution comprising lithium hexafluorophosphate ( $\text{LiPF}_6$ ) dissolved in a mixture of EC, DMC and EMC in a 1:1:1 volume ratio. A galvanostatic discharge was applied to initiate the  $\text{Li}^+$  intercalation of the bulk  $\text{WS}_2$ . Upon completion of the intercalation process, the resulting lithium-intercalated  $\text{WS}_2$  ( $\text{Li}_x\text{WS}_2$ ) was carefully extracted from the coin cell and subjected to sonication in appropriate solvents to achieve exfoliation. The key differences in the synthesis of 2H- and 1T'- $\text{WS}_2$  NSs are associated with the specific discharge current density and cutoff voltage settings during the galvanostatic discharge. For the production of 2H- $\text{WS}_2$  NSs, these critical parameters were established at  $0.005 \text{ A g}^{-1}$  and 0.9 V, whereas for 1T'- $\text{WS}_2$  NSs, the parameters were fine-tuned to  $0.02 \text{ A g}^{-1}$  and 0.7 V (the galvanostatic discharge curves are shown in Supplementary Fig. 3). In addition, 2H- $\text{WS}_2$  NSs were prepared by sonication in ethanol, whereas 1T'- $\text{WS}_2$  NSs were fabricated through sonication in deionized water. Following the sonication step, both the 2H- and 1T'- $\text{WS}_2$  suspensions underwent centrifugation and multiple washing steps before being ultimately redispersed in a solvent for further characterization and device fabrication.

### Characterizations

The following instruments were used in our experiments: ADF-STEM (JEOL ARM200F spherical aberration-corrected transmission electron microscope operated at 200 kV), TEM (FEI talos200s), cryo-TEM (Titan Krios G3i, operating at 300 kV and equipped with a Ceta-D camera, Falcon 3 direct electron detector, and Gatan K3 direct electron detector camera), SEM (JSM-7600), XPS (Thermo Scientific K-Alpha Nexsa), AFM (Dimension 3100), Raman spectroscopy (WITec alpha 300 confocal Raman microscope, 532 nm), X-ray diffraction (D2 PHASER XE-T, Cu  $\text{K}\alpha$  radiation source, 30 kV voltage and 10 mA current), ultraviolet-visible spectrophotometry (UH 4150 UV, Hitachi), EPR (Bruker A300) and zeta potential analysis (Malvern Zetasizer Nano series). Lithiated  $\text{WS}_2$  (small discharge current density  $\text{Li}^+$ -intercalated  $\text{WS}_2$  (S- $\text{Li}_x\text{WS}_2$ ), large discharge current density  $\text{Li}^+$ -intercalated  $\text{WS}_2$  (L- $\text{Li}_x\text{WS}_2$ )) were injected via glove box to prevent oxidation.

### Fabrication of $\text{WS}_2$ -based device

The PET substrate ( $1.5 \times 1.5 \text{ cm}^2$ ) underwent a thorough cleaning process in an ultrasonic bath. It was sequentially cleaned with detergent water, acetone, deionized water and isopropyl alcohol, with each cleaning step lasting for 15 min. After this cleaning procedure, an ethanol dispersion of exfoliated  $\text{WS}_2$  NSs ( $32 \text{ mg l}^{-1}$ ) was drop-cast onto the PET substrate and allowed to dry at room temperature. Finally, 200-nm-thick Au electrodes were sputtered onto the PET substrate using a QUORUM #Q150TS Dual target sputtering system, employing a designed metal mask.

In the fabrication of the  $\text{WS}_2$ -based sensor array, the PET substrates underwent the previously described cleaning process. Following this,

a circuit design based on Au was meticulously created using the QUORUM #Q150TS Dual target sputtering system, with the aid of a precisely designed metal mask. Subsequently, a custom metal mask with a rectangular array pattern was accurately affixed onto the as-fabricated circuit. This attachment was made using specific counterpoints to ensure accuracy. An ethanol dispersion of  $\text{WS}_2$  NSs ( $32 \text{ mg l}^{-1}$ ) was then drop-cast onto the substrate. Afterwards, the mask was carefully removed once the solution had completely dried, leaving the  $\text{WS}_2$  NSs in the desired pattern on the substrate.

### Humidity-sensing tests

The humidity-sensing performance was evaluated within a custom-made sealed container, as depicted in Supplementary Fig. 32. Various humidity levels were precisely controlled by adjusting the mass flow of dry and moistened argon gas that was introduced into the container. The chip carrier was connected to external measurement equipment (Keysight B1500A Semiconductor Analyzer) for conducting the tests. For the breathing test, a humidity sensor was placed under the nose or on masks to monitor exhaled gas humidity at different breathing rates. In the humidity sensing of the finger approach experiment, the sensor was positioned horizontally, and a finger was gradually brought closer from above. For touchless localization, the finger was held at a fixed height above the sensor array, and the current of each sensor was measured. In the voice recognition test, the sensor was placed 5 cm in front of the subject's mouth, and current changes were recorded as they pronounced English words with different lengths. All sensor currents were recorded in real time using a Keysight B1500A Semiconductor Analyzer.

### Cryo-transfer procedure and sample preparation

In ambient air at room temperature, the highly reactive SEI components present on the surface of  $\text{WS}_2$  can be susceptible to damage and crystalline amorphization when subjected to electron beam irradiation under TEM mode. To overcome these challenges, we employed super-low-dose and cryogenic-TEM techniques. Following the completion of the discharge process, the coin cells were carefully disassembled within an argon-filled glovebox (with  $\text{H}_2\text{O}$  and  $\text{O}_2$  levels maintained below 0.01 ppm). The lithiated  $\text{WS}_2$  electrodes, discharged at different current densities, were briefly rinsed with dimethyl carbonate for 30 s to eliminate excess lithium salts from their surfaces. Subsequently, the electrodes were allowed to dry inside the glovebox. After drying, the electrodes were gently scraped into a powder form using a blade and then dispersed onto a copper TEM grid. This copper grid was securely placed within a four-hole sample holder, sealed tightly and then immersed directly into a liquid nitrogen bath to prevent any contact with oxygen and moisture. The sealed cryo-electron microscopy sample holder was transferred to the cryo-electron microscopy auto-sampler system using liquid nitrogen. All data in this study were acquired using the low-dose cryo-electron microscopy platform. Throughout the entire experimental process, the sample temperature was meticulously maintained at 80 K. The high-resolution TEM images had a resolution of  $4,096 \times 4,096$  pixels, with exposure times varying from 10 to 20 s and an electron dose rate of  $10\text{--}15 \text{ e } \text{\AA}^{-2} \text{ s}^{-1}$ . Cryo-STEM EELS mapping data were collected using the Gatan K3 direct electron detector camera with a probe current of 50 pA.

### Theoretical calculations

To investigate the interactions between  $\text{WS}_2$  and  $\text{Li}^+$  ions under different discharge current density conditions, we applied the Forcite package to perform MD simulations and to compute diffusion barriers of  $\text{Li}^+$  ions. Three layers of 2H- $\text{WS}_2$  were constructed in an  $8 \times 8$  supercell. Forty-eight  $\text{Li}^+$  ions with random distributions were introduced near the  $\text{WS}_2$  structure as the high discharge current density conditions. In comparison, we reduced the number of  $\text{Li}^+$  ions to 12 as the low discharge current density. Meanwhile, the external electric field was also introduced

along the  $y$  axis to align with the  $\text{WS}_2$  layers. The MD simulations were under NVT mode at 298 K for 1 ns with 1 fs step size, and the Anderson strategy was used to control the temperature during MD simulations.

The calculations for  $\text{H}_2\text{O}$  adsorption energy and partial density of states in  $\text{WS}_2$  were conducted using spin-polarized within the Vienna Ab-initio Simulation Package code<sup>40</sup>. The Perdew–Burke–Ernzerhof version of the generalized gradient approximation<sup>41</sup> was employed to describe the exchange–correlation density functional. The cutoff energy for the plane-wave basis was set to 420 eV, and  $k$ -point meshes were generated according to the Monkhorst–Pack scheme. The projected augmented wave potentials were utilized to solve the electronic structure self-consistently using a  $k$ -point mesh of  $8 \times 8 \times 1$  and  $3 \times 3 \times 1$  for unit cell and supercell of size  $3 \times 3 \times 1$ , respectively. The electronic relaxation was performed within an energy tolerance of  $10^{-6}$  eV for self-consistency, while ionic optimizations continued until all the residual forces were smaller than  $0.02 \text{ eV } \text{\AA}^{-1}$ .  $\text{W } d^4 s^2$  and  $\text{S } s^2 p^4$  electrons were treated as valence electrons. A vacuum region of  $15 \text{ \AA}$  was set to avoid the interaction along the  $z$  direction between adjacent images.

For calculations of phase formation energy for different intercalated Li amounts in  $\text{Li}_x\text{WS}_2$ , the ion–electron interaction was described using the projector augmented-wave method with a kinetic energy cutoff of 600 eV. Van der Waals interactions were considered using Grimme's DFT-D3 method<sup>42</sup>. Tighter convergence criteria ( $10^{-8}$  eV for energy and  $10^{-5} \text{ eV } \text{\AA}^{-1}$  for force) and a denser Monkhorst–Pack grid ( $8 \times 8 \times 8$ ) were applied for unit cell geometric optimization. To investigate interactions between  $\text{WS}_2$  and Li atoms, the calculations were conducted until the total energy and force values reached less than  $10^{-5}$  eV per atom and  $0.02 \text{ eV } \text{\AA}^{-1}$ , respectively. For sampling the Brillouin zone, a Monkhorst–Pack  $k$ -point grid of  $5 \times 5 \times 5$  was used. To evaluate the thermal stability of Li-intercalated  $\text{WS}_2$ , the formation energy ( $\Delta H_f$ ) was calculated and can be expressed by  $\Delta H_f = E_{\text{total}} - \sum_i \mu_i x_i$ , where  $\Delta E_{\text{total}}$  represents the DFT total energy of the compound,  $\mu_i$  is the chemical potential of element  $i$  and  $x_i$  is the quantity of element  $i$  in the compound.

## Data availability

The data that support the findings of this study are available within the article and its Supplementary Information. Source data are provided with this paper.

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## Author contributions

Z. Zeng conceived and guided the project. L.M. designed and performed the synthesis and characterizations of all the materials. Z.G. and X.G.Y. performed the device fabrication and performance test. D.L., T.Y., H.H., J.Z., D.V. and Y.C. helped to analyse the results. Z. Zhang and M.D.G. carried out the cryo-electron microscopy test. M.S., X.L., Y.Z., B.H. and X.C.Z. conducted the DFT calculations. Q.Z. and L.G. performed the HAADF-STEM test of the samples. L.M., Z.G., R.Y., J.L., X.Y. and Z. Zeng drafted the paper. All authors checked the paper and agreed with its content.

## Competing interests

The authors declare no conflicts of interest.

## Additional information

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# Phase-switchable preparation of solution-processable WS<sub>2</sub> mono- or bilayers

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- 21    Supplementary Fig. 14 Discharge curves of Li<sup>+</sup> intercalation of WSe<sub>2</sub> under different
- 22    current densities
- 23    Supplementary Fig. 15 UV-vis spectra of exfoliated WSe<sub>2</sub> NSs solution using different
- 24    discharge current densities
- 25    Supplementary Fig. 16 XPS W4f spectra of exfoliated WSe<sub>2</sub> NSs solution using
- 26    different discharge current densities
- 27    Supplementary Fig. 17 Discharge curves of Li<sup>+</sup> intercalation of MoS<sub>2</sub> under different
- 28    current densities
- 29    Supplementary Fig. 18 XPS Mo3d and Raman spectra of exfoliated MoS<sub>2</sub> using



30 different discharging current densities  
 31 Supplementary Fig. 19 EELS spectra of S-Li<sub>x</sub>WS<sub>2</sub> electrode  
 32 Supplementary Fig. 20 XRD pattern of bulk WS<sub>2</sub>, S-Li<sub>x</sub>WS<sub>2</sub> and L-Li<sub>x</sub>WS<sub>2</sub>  
 33 Supplementary Fig. 21 EELS spectra of L-Li<sub>x</sub>WS<sub>2</sub> electrode  
 34 Supplementary Fig. 22 Raman and XPS W4f spectra of S-Li<sub>x</sub>WS<sub>2</sub> and L-Li<sub>x</sub>WS<sub>2</sub>  
 35 Supplementary Fig. 23 XPS S2p spectra of bulk WS<sub>2</sub>, S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub>, and the  
 36 corresponding exfoliated 2H- and 1T'-WS<sub>2</sub> NSs  
 37 Supplementary Fig. 24 XPS Li 1s spectra of S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub> and Li foil  
 38 Supplementary Fig. 25 Phase of 2H and 1T' formation energy of different intercalated  
 39 Li content in Li<sub>x</sub>WS<sub>2</sub>  
 40 Supplementary Fig. 26 Atomic models of optimized different Li-intercalated 2H-  
 41 Li<sub>x</sub>WS<sub>2</sub> structures  
 42 Supplementary Fig. 27 Atomic models of optimized different Li-intercalated 1T'-  
 43 Li<sub>x</sub>WS<sub>2</sub> structures  
 44 Supplementary Fig. 28 Galvanostatic discharge/charge curves of S-Li<sub>x</sub>WS<sub>2</sub> and L-  
 45 Li<sub>x</sub>WS<sub>2</sub>  
 46 Supplementary Fig. 29 EPR spectrums of bulk WS<sub>2</sub>, intercalated WS<sub>2</sub> and  
 47 deintercalated WS<sub>2</sub>  
 48 Supplementary Fig. 30 Theoretical simulations of the formation of the SEI under large  
 49 and small discharge current densities  
 50 Supplementary Fig. 31 SEM image of 2H-WS<sub>2</sub> based device  
 51 Supplementary Fig. 32 Schematic diagram of a home-made setup for humidity sensing  
 52 performance test  
 53 Supplementary Fig. 33 Resistance of 2H-WS<sub>2</sub> based humid sensor under different RH  
 54 Supplementary Fig. 34 schematic of the humidity sensing mechanism under different  
 55 RH  
 56 Supplementary Fig. 35 The calculated energy for generating different S vacancies in  
 57 1T'-WS<sub>2</sub>  
 58 Supplementary Fig. 36 Adsorption energy of H<sub>2</sub>O molecule on 2H- and 1T'-WS<sub>2</sub>

Supplementary Fig. 37 Projected density of states for 2H- and 1T'-WS<sub>2</sub> with S vacancies

Supplementary Fig. 38 The protection performance of different masks via using 2H-WS<sub>2</sub> based humidity sensor

Supplementary Fig. 39 Photograph of humidity sensor set-up for voice recognition

Supplementary Fig. 40 Response current of 2H-WS<sub>2</sub> while speaking different words

Supplementary Fig. 41 Response current of 2H-WS<sub>2</sub> while speaking different words

Supplementary Fig. 42 Response current of 2H-WS<sub>2</sub> while speaking different words

Supplementary Fig. 43 Response current of 2H-WS<sub>2</sub> while speaking different words

Supplementary Fig. 44 The long-term stability of 2H-WS<sub>2</sub> based humidity sensor performance

Supplementary Fig. 45 The flexibility of 2H-WS<sub>2</sub> based humidity sensor device

Supplementary Fig. 46 Original current distribution of 5×5 humid sensor array in non-contact finger localization experiments

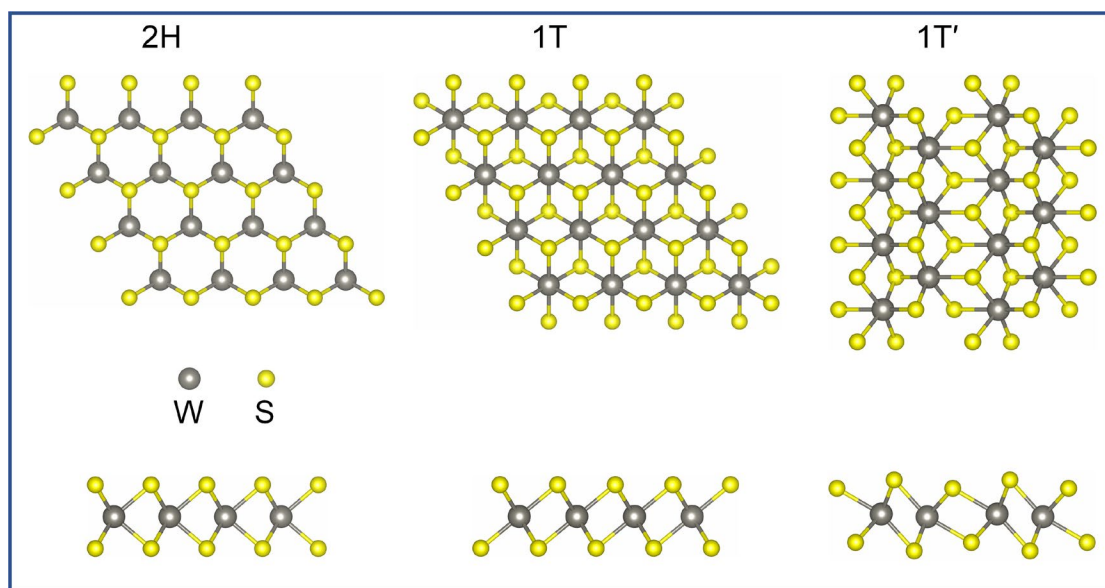
Supplementary Fig. 47 2H-WS<sub>2</sub> based humidity sensor array used for monitoring baby diaper wetness

## **2. Supplementary Tables 1-2**

Supplementary Table 1 DFT calculated phase formation energy and corresponding interlayer spacing for lithium intercalation of WS<sub>2</sub>

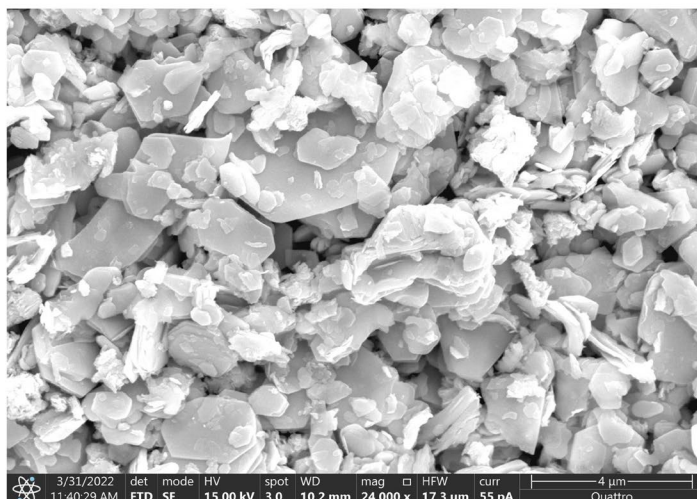
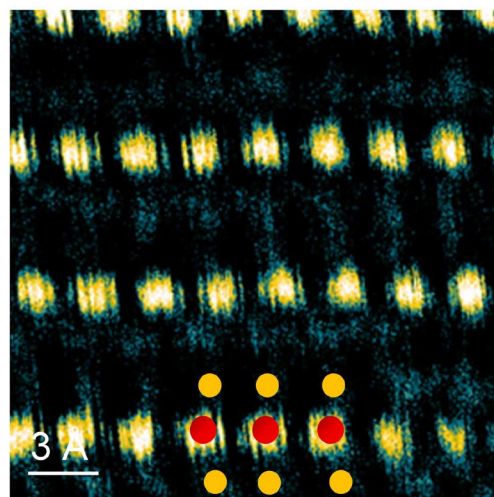
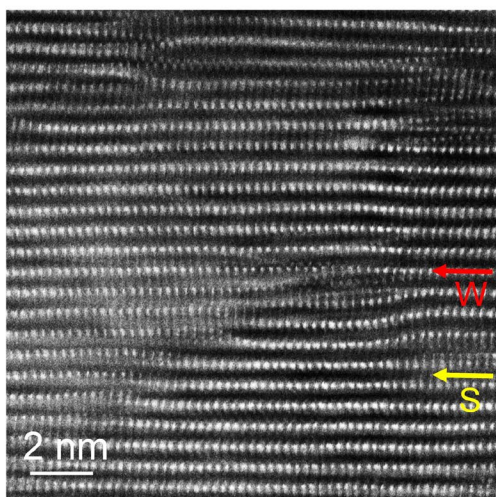
Supplementary Table 2 Comparison of humidity sensing performance of the developed 2H- and 1T'-WS<sub>2</sub> NSs with other reported humidity sensors.

## **3. Supplementary References**

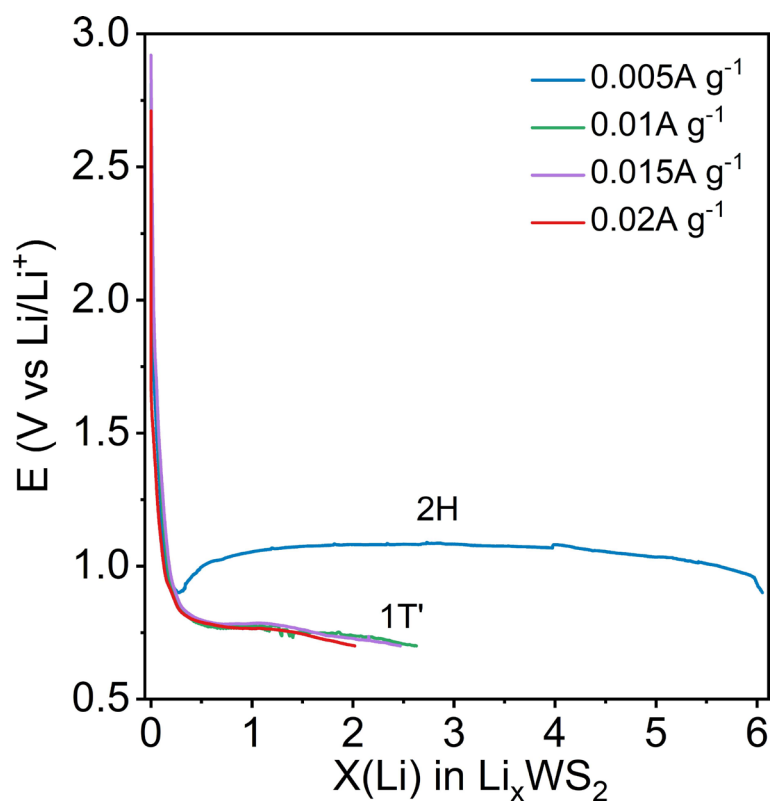


**Supplementary Fig. 1 | Atomic models of different phases of WS<sub>2</sub>.** Schematic illustration of 2H-, 1T- and 1T'-WS<sub>2</sub> structures. Upside: top view of the structures; downside: side view of the structures.

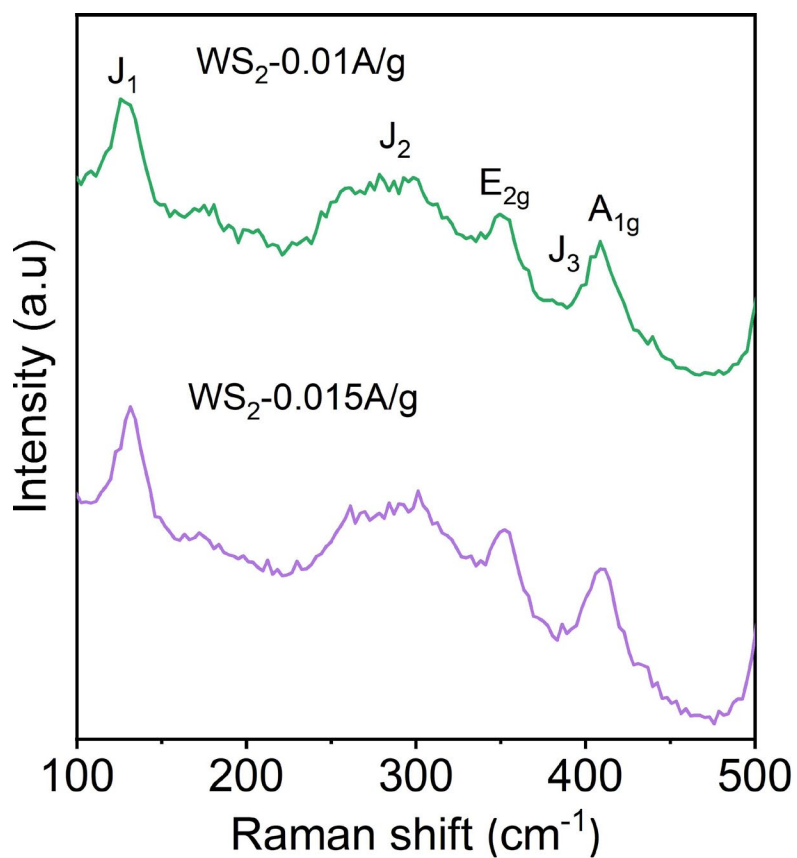


**a****b**

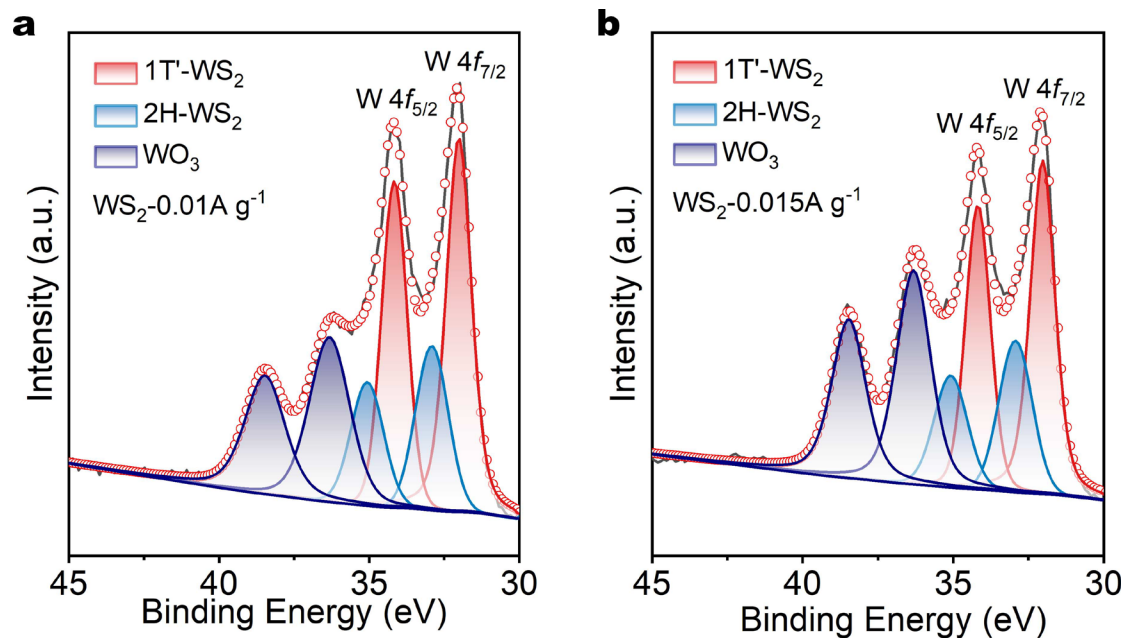
**Supplementary Fig. 2 | Characterizations of bulk WS<sub>2</sub> powder.** **a**, SEM images of WS<sub>2</sub> powder. The layered structures of bulk WS<sub>2</sub> are clearly observed, and the size are in the range of 2-5μm. **b**, Cross-sectional HAADF-STEM images of bulk WS<sub>2</sub> with different magnifications. The 2H structure is clearly observed from the magnified image of bulk WS<sub>2</sub>. Red and yellow circles denote the W and S atoms.



**Supplementary Fig. 3 | Electrochemical  $\text{Li}^+$  intercalation of  $\text{WS}_2$ .** Galvanostatic discharge curves for the lithium intercalation of  $\text{WS}_2$  under different discharge current densities.

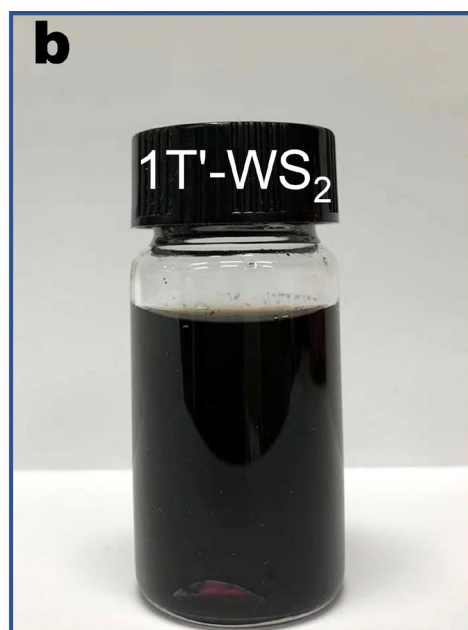
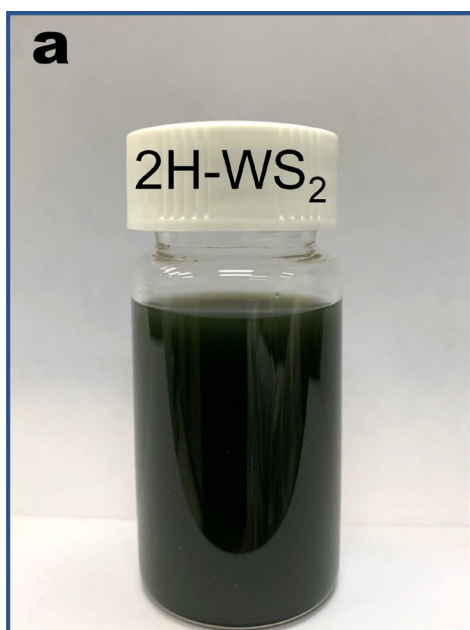


**Supplementary Fig. 4 | Characterization of exfoliated WS<sub>2</sub>.** Raman spectra of WS<sub>2</sub> exfoliated under discharge current densities of 0.01 A g<sup>-1</sup> and 0.015 A g<sup>-1</sup>, right-side show the corresponding photographs of exfoliated solution.

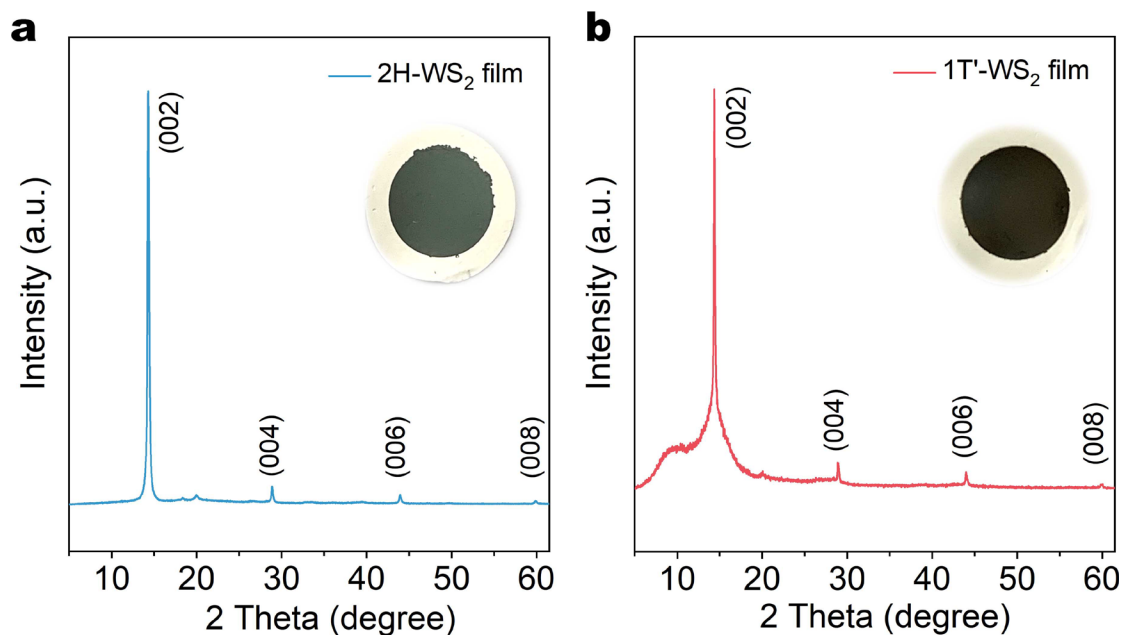


**Supplementary Fig. 5 | Characterization of exfoliated WS<sub>2</sub>.** XPS W4f spectra of WS<sub>2</sub> exfoliated under discharge current densities of **a** 0.01 A g<sup>-1</sup> and **b** 0.015 A g<sup>-1</sup>.

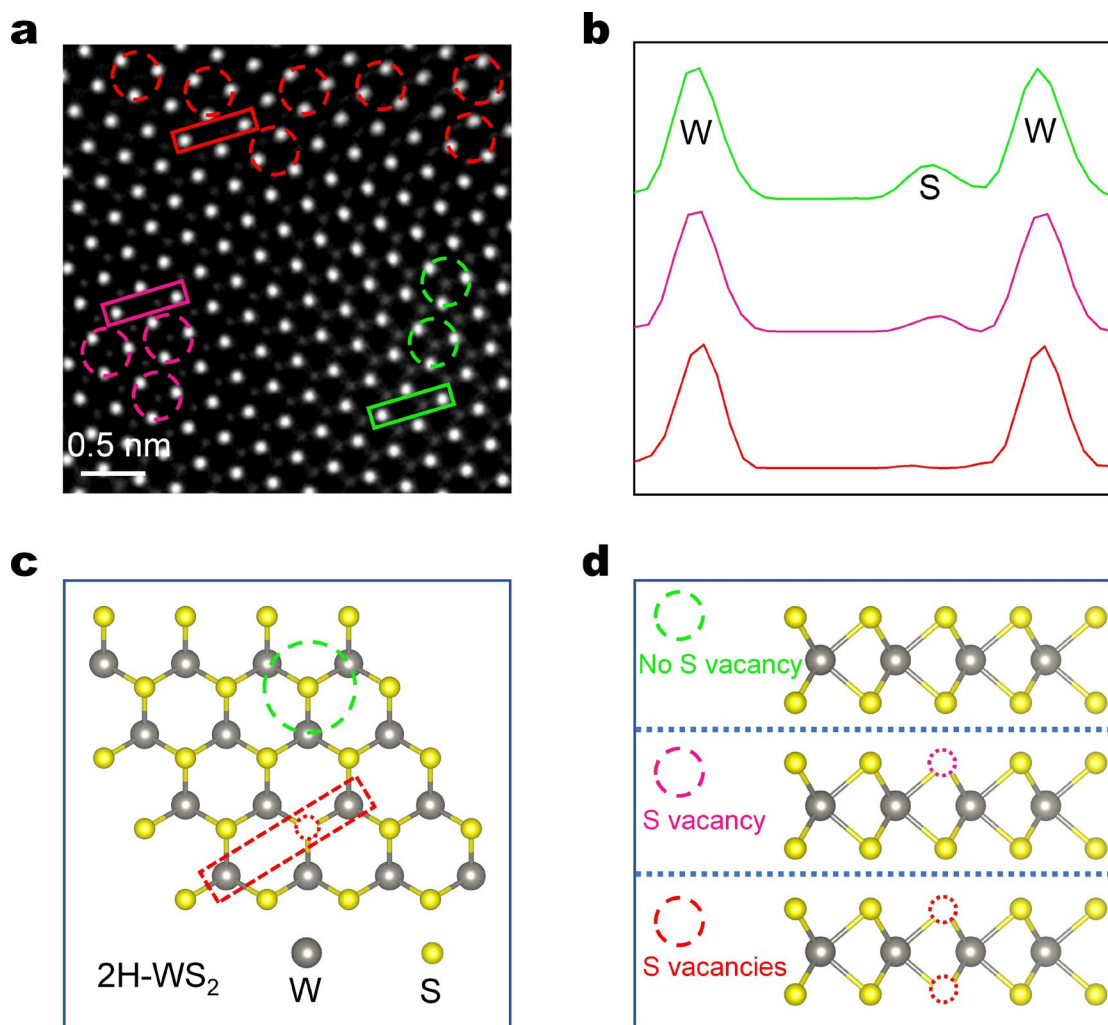




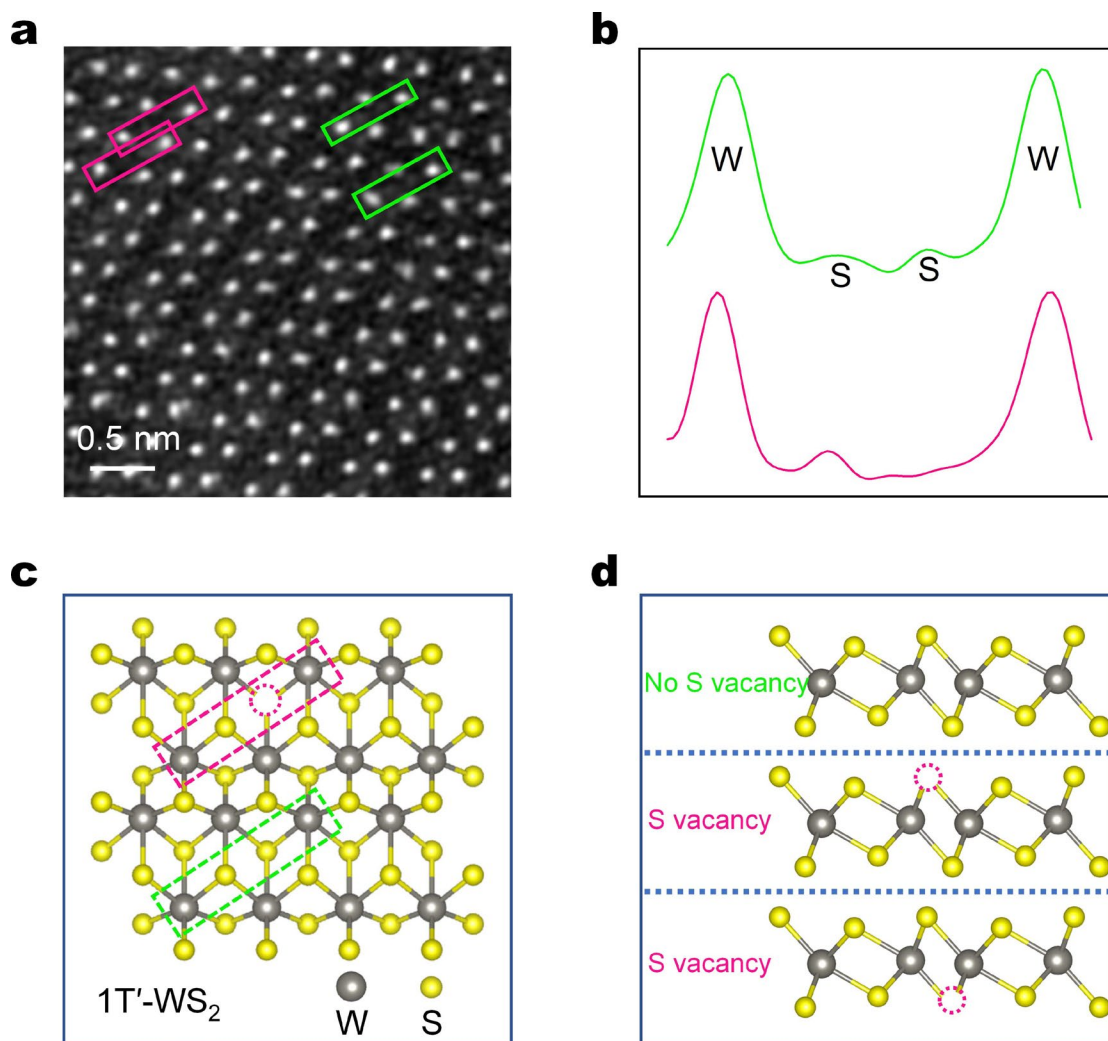
**Supplementary Fig. 6 | Photographs of exfoliated 2H- and 1T'-WS<sub>2</sub> NSs solution before washing steps.** The S-Li<sub>x</sub>WS<sub>2</sub> and L-Li<sub>x</sub>WS<sub>2</sub> electrodes were well exfoliated in ethanol and DI water, respectively. After 5-10 min, two opaque suspensions exhibited dark green and dark black obtained. S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub> denote as Li<sup>+</sup> intercalation of WS<sub>2</sub> by small and large discharge current densities, respectively.



**Supplementary Fig. 7 | a-b, XRD patterns of the 2H- and 1T'-WS<sub>2</sub> thin films.** These thin films were prepared via vacuum filtration of the corresponding exfoliated WS<sub>2</sub> NSs onto polyvinylidene difluoride (PVDF) substrate, demonstrating well-controlled assembly along the (001) direction. Insets show the photographs of the corresponding films. The 2H-WS<sub>2</sub> film exhibits a green color, whereas 1T'-WS<sub>2</sub> film appears black.

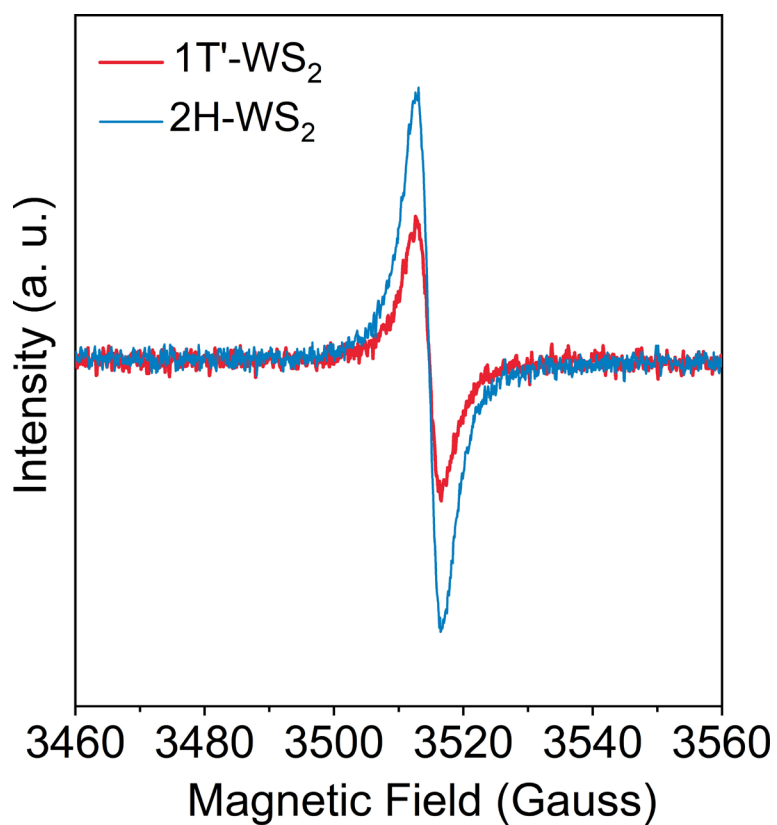


**Supplementary Fig. 8 | Structure characterization of exfoliated 2H-WS<sub>2</sub> NSs. a,** Atomic-resolution annular dark field (ADF) images showing different types of S vacancies in 2H-WS<sub>2</sub>. **b,** Line intensity profile scans along the red, green and magenta boxed atoms in **a**. **c-d,** Schematic of S vacancies in the atomic model of 2H-WS<sub>2</sub> from the top and main view. HAADF-STEM results confirm the existence of S vacancies in exfoliated 2H-WS<sub>2</sub> NSs, which are consistent with electron paramagnetic resonance (EPR) results (**Supplementary Fig. 10**).



**Supplementary Fig. 9 | Structure characterization of exfoliated 1T'-WS<sub>2</sub> NSs. a,**  
**Atomic-resolution annular dark field (ADF) images showing different types of S**  
**vacancies in 1T'-WS<sub>2</sub>. b, Line intensity profile scans along the green and magenta**  
**boxed atoms in a. c-d, Schematic of S vacancies in the atomic model of 1T'-WS<sub>2</sub> from**  
**the top and main view. HAADF-STEM results confirm the existence of S vacancies in**  
**exfoliated 1T'-WS<sub>2</sub> NSs, which agree well with electron paramagnetic resonance (EPR)**  
**results (Supplementary Fig. 10).**



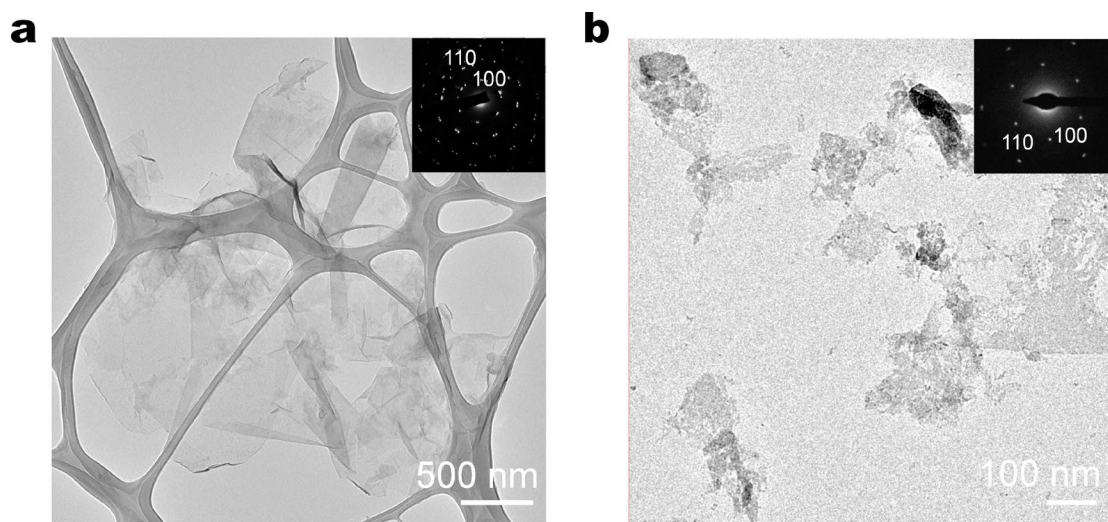


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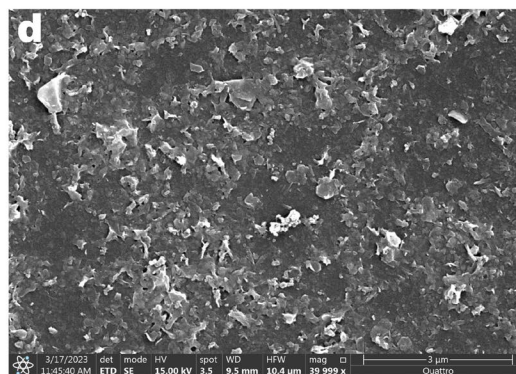
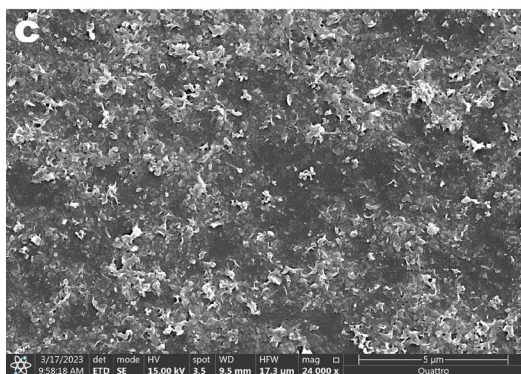
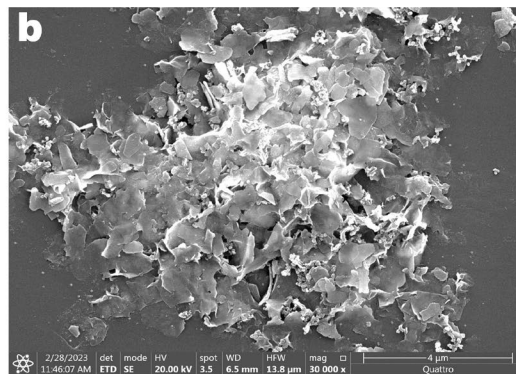
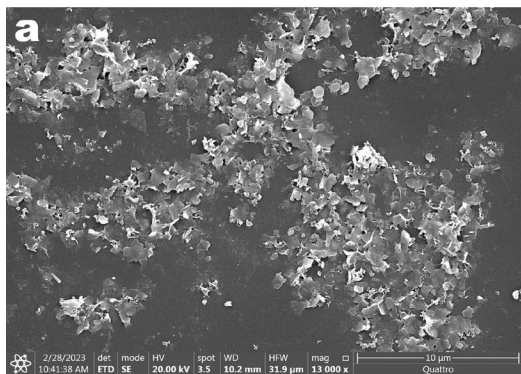
131 **Supplementary Fig. 10 | Structure characterization of 2H- and 1T'-WS<sub>2</sub> NSs.** EPR

132 spectrums of exfoliated 2H- and 1T'-WS<sub>2</sub> NSs, revealing that there exist more S

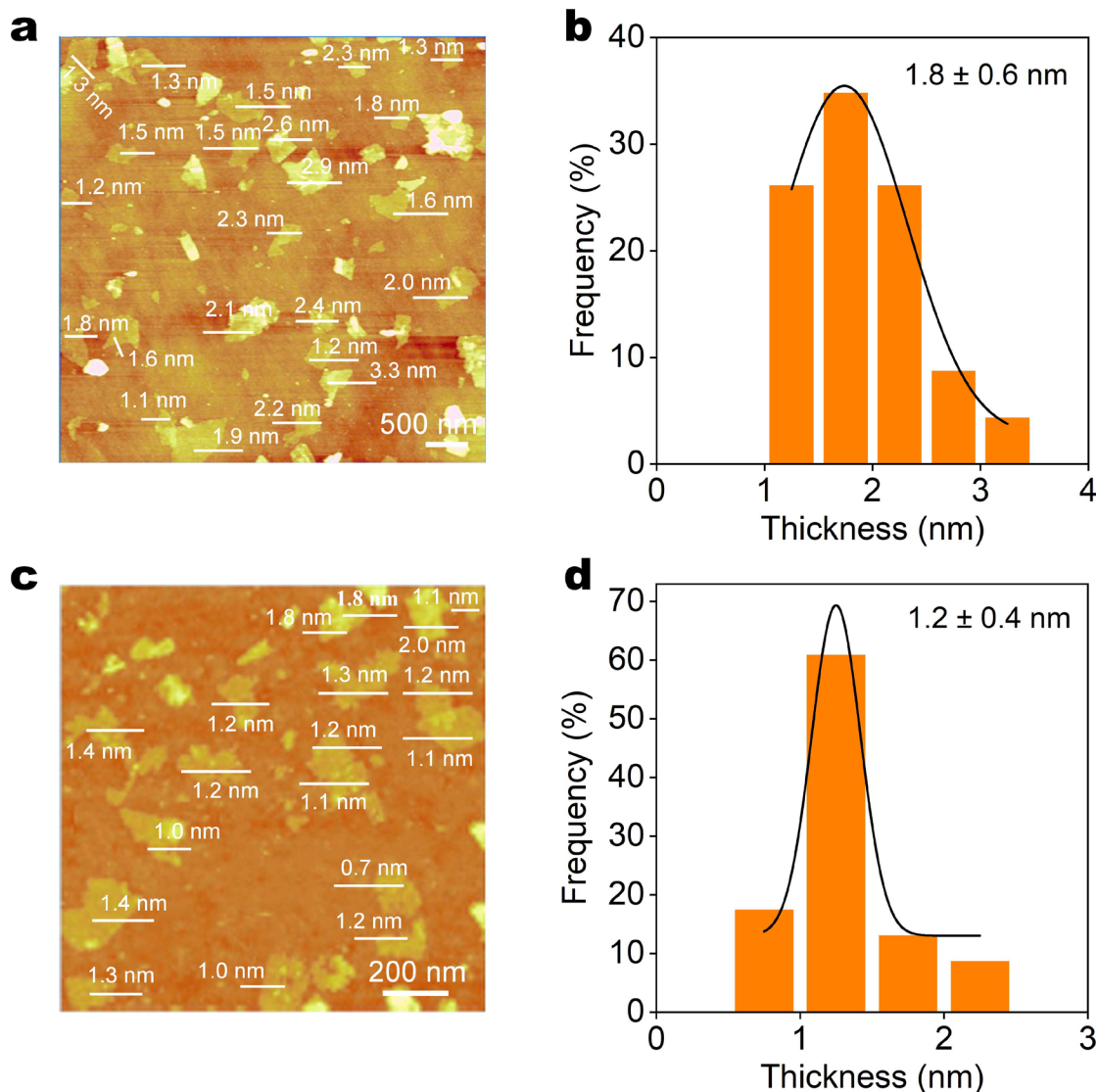
133 vacancies in 2H-WS<sub>2</sub> than that in 1T'-WS<sub>2</sub> NSs.



**Supplementary Fig. 11 | Morphology characterization of exfoliated 2H- and 1T'-WS<sub>2</sub>.** TEM images of **a** 2H- and **b** 1T'-WS<sub>2</sub>. Both the 2H- and 1T'-WS<sub>2</sub> exhibit the NSs morphology in TEM images with lateral sizes ranging from 300-600 nm and 100-200 nm, respectively. The variance in size for 2H- and 1T'-WS<sub>2</sub> NSs can be ascribed to a higher quantity of intercalated lithium within the interlayer of WS<sub>2</sub> for L-Li<sub>x</sub>WS<sub>2</sub> in comparison to S-Li<sub>x</sub>WS<sub>2</sub>. This disparity leads to a reduction in the NSs size after the exfoliation process. S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub> denote as Li<sup>+</sup> intercalation of WS<sub>2</sub> by small and large discharge current densities, respectively.

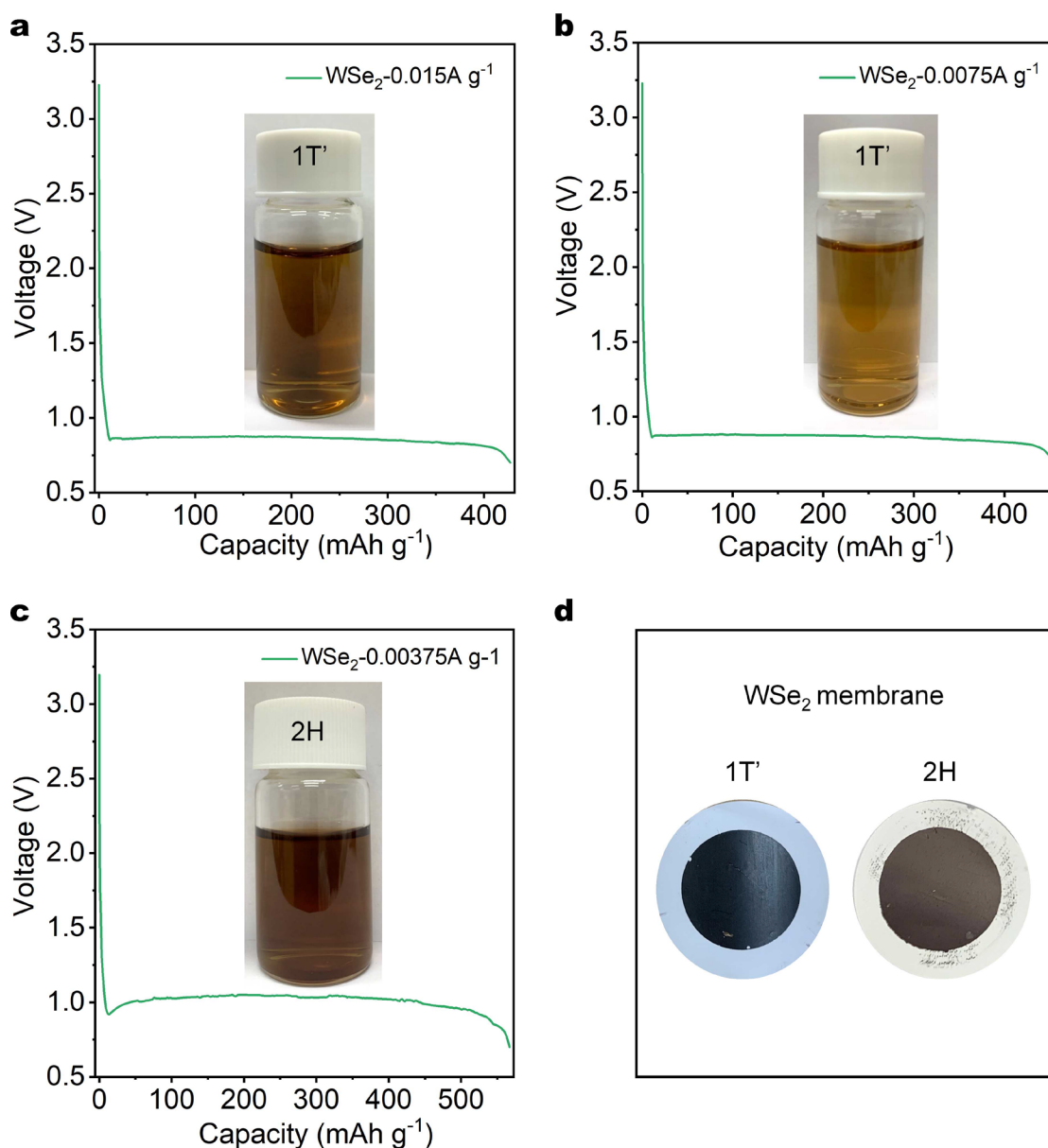


**Supplementary Fig. 12 | Morphology characterization of exfoliated 2H- and 1T'-WS<sub>2</sub>. SEM images of 2H- (a-b) and 1T'-WS<sub>2</sub> (c-d) NSs with different magnification.**



**Supplementary Fig. 13 | Characterization of 2H- and 1T'-WS<sub>2</sub> NSs.** AFM images of the exfoliated 2H- (a) and 1T'-WS<sub>2</sub> NSs (c). The corresponding thickness distribution histogram are shown in (b) and (d). The mean thickness of the 2H-WS<sub>2</sub> NSs is determined to be 1.8 nm with a standard deviation of 0.6 nm. In contrast, the corresponding values for the 1T'-WS<sub>2</sub> NSs are 1.2 nm and 0.4 nm, respectively. These analyses conclusively demonstrate the fabrication of bilayer 2H-WS<sub>2</sub> and monolayer 1T'-WS<sub>2</sub> NSs.





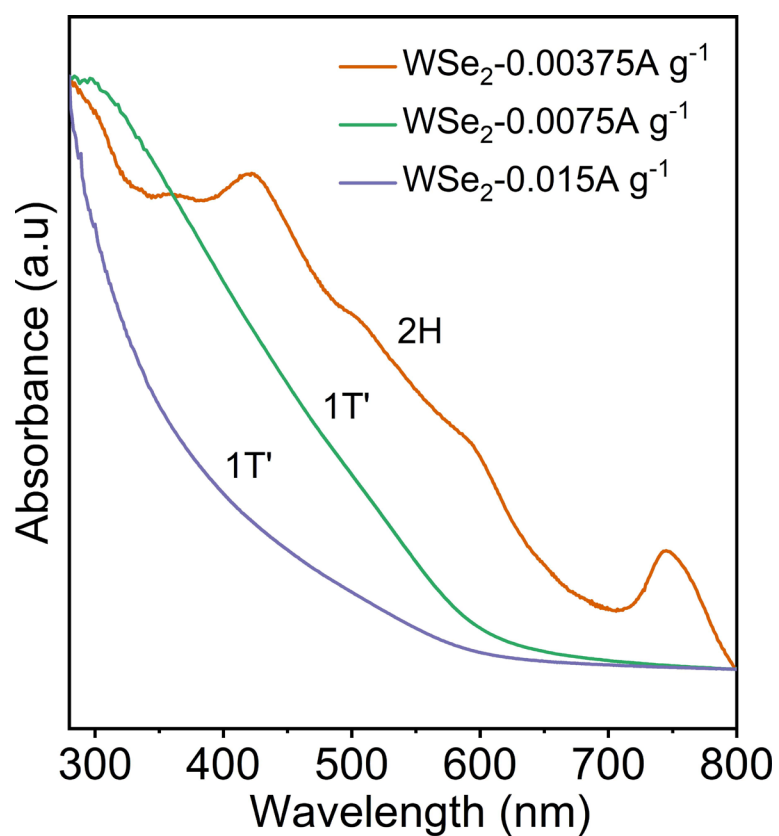
**Supplementary Fig. 14 | Electrochemical Li<sup>+</sup> intercalation and exfoliation of WSe<sub>2</sub>.**

**a-c**, Discharge curves of Li<sup>+</sup> intercalation of WSe<sub>2</sub> under different discharge current densities, inset show the photographs of corresponding exfoliated nanosheets solution.

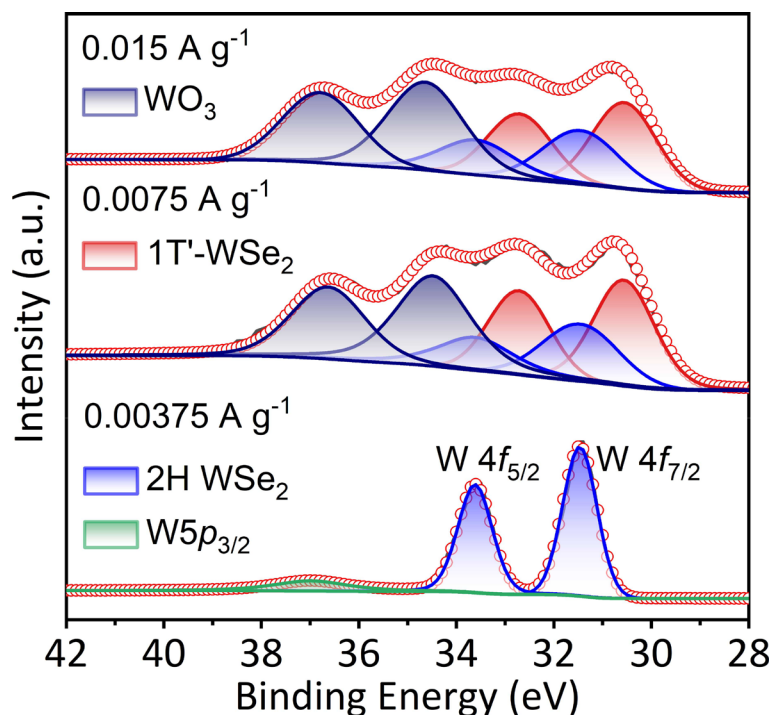
**d**, The photographs of 1T'- and 2H WSe<sub>2</sub> membrane prepared via vacuum filtration of the corresponding exfoliated nanosheets solution onto porous substrate.

We can also achieve phase-switchable preparation of WSe<sub>2</sub> by adjusting the discharging current density. As shown in **Supplementary Fig. 14a-c**, decreasing the discharge current density from 0.015 A g<sup>-1</sup> to 0.00375 A g<sup>-1</sup> results in a discharge curve similar to that observed in WS<sub>2</sub>. Following exfoliation, the dispersions of WSe<sub>2</sub> NSs exhibits a brown color (**Supplementary Fig. 14c**), indicating partial absorption in the visible

range. This is confirmed by the ultraviolet-visible absorption spectrum (Supplementary Fig. 15), which verifies the formation of semiconducting 2H phase WSe<sub>2</sub> NSs under a low discharging current density (0.00375 A g<sup>-1</sup>). In contrast, the dispersions of WSe<sub>2</sub> NSs exfoliated at high discharge current densities (0.0075 A g<sup>-1</sup> and 0.015 A g<sup>-1</sup>) appears light black (Supplementary Fig. 14a, b, d), suggesting complete and featureless absorption in the visible range (Supplementary Fig. 15). This change indicates a phase transition, resulting in the formation of metallic 1T/1T' phase WSe<sub>2</sub> NSs under high discharge current densities.



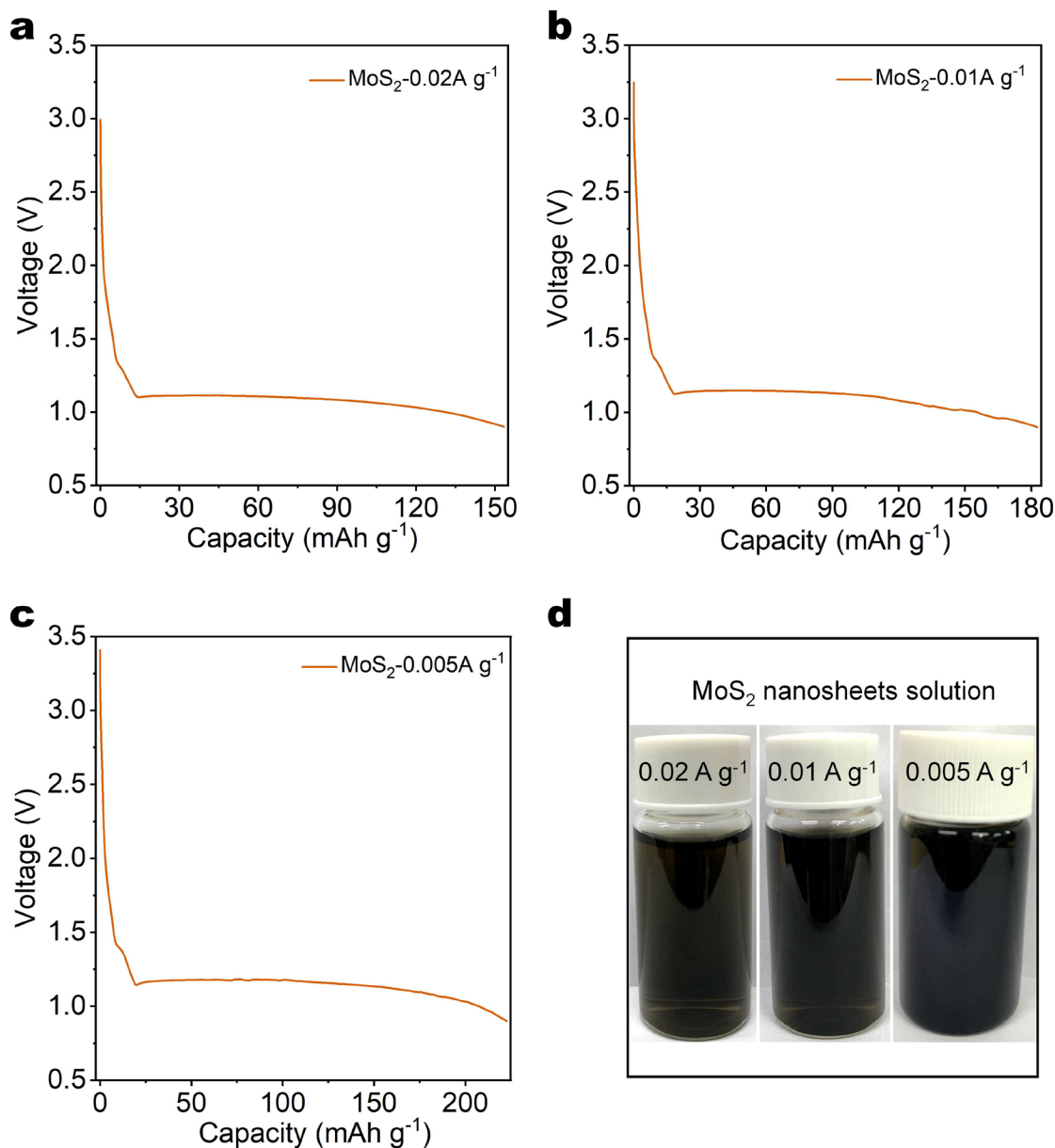
**Supplementary Fig. 15 | Characterization of exfoliated WSe<sub>2</sub>.** Visible-near infrared absorption spectra of exfoliated WSe<sub>2</sub> NSs solution that fabricated under different discharge current densities.



**Supplementary Fig. 16 | Characterization of exfoliated WSe<sub>2</sub>.** XPS W 4f spectra of exfoliated WSe<sub>2</sub> prepared by Li<sup>+</sup> intercalation under different discharge current densities.

Additionally, XPS spectra confirm that a small discharge current density (0.00375 A g<sup>-1</sup>) yields pure 2H phase WSe<sub>2</sub> (**Supplementary Fig. 16**), whereas large discharge current densities (0.0075 A g<sup>-1</sup>, 0.015 A g<sup>-1</sup>) induce a phase transition from 2H to 1T', leading to predominantly 1T' phase WSe<sub>2</sub>. Thus, this method enables phase-switchable preparation of WSe<sub>2</sub> NSs.

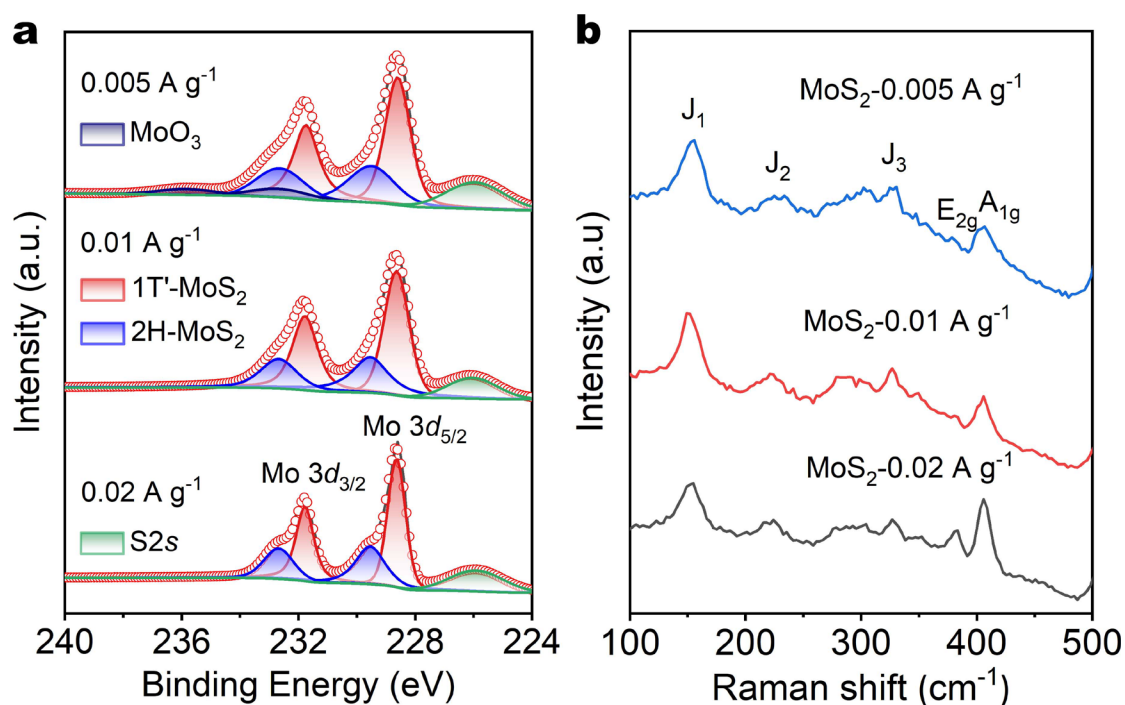




**Supplementary Fig. 17 | Electrochemical  $\text{Li}^+$  intercalation and exfoliation of  $\text{MoS}_2$ .**

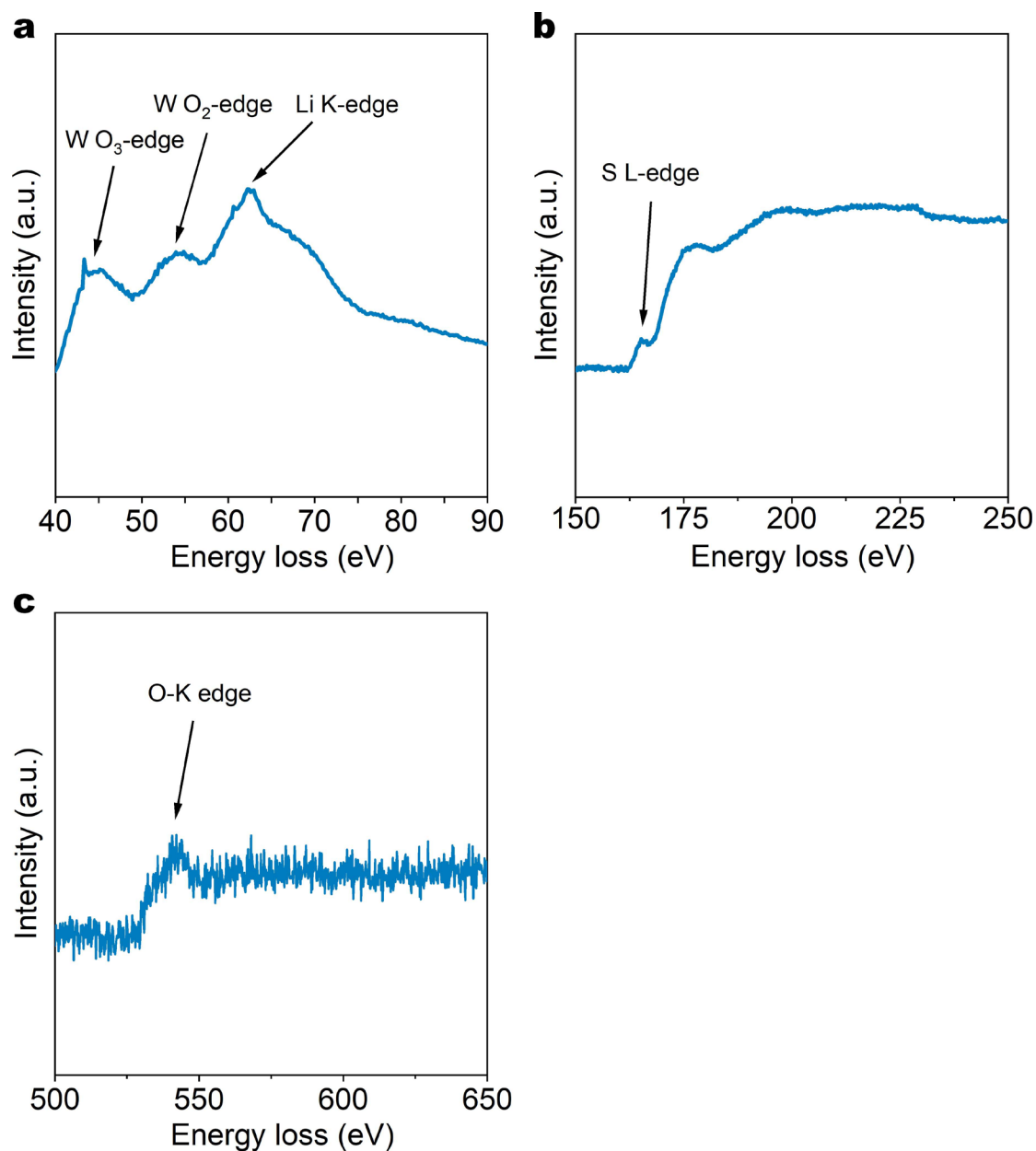
**a-c**, Discharge curves of  $\text{Li}^+$  intercalation of  $\text{MoS}_2$  under different discharge current densities. **d**, The corresponding photographs of exfoliated  $\text{MoS}_2$  NSs solution.

As shown in **Supplementary Fig. 17a-c**, applying different discharge current densities for  $\text{Li}^+$  intercalation of  $\text{MoS}_2$  slightly increased the intercalated  $\text{Li}^+$  amounts upon decreasing the current density. After exfoliation, all the  $\text{MoS}_2$  NSs dispersions showed black color (**Supplementary Fig. 17d**), indicating the formation of metallic 1T' phase  $\text{MoS}_2$  NSs under these discharge current densities.<sup>1</sup>

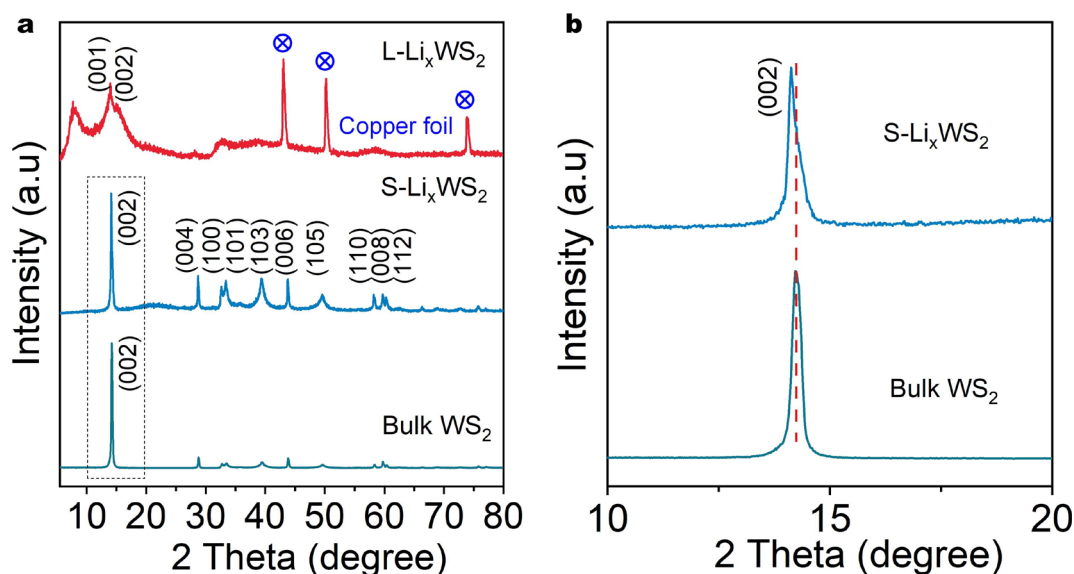


**Supplementary Fig. 18 | Characterization of exfoliated MoS<sub>2</sub>.** a, XPS Mo 3d and b, Raman spectra of exfoliated MoS<sub>2</sub> prepared by Li<sup>+</sup> intercalation under different discharge current densities.

Furthermore, both XPS (Supplementary Fig. 18a) and Raman spectra (Supplementary Fig. 18b) confirmed that these exfoliated MoS<sub>2</sub> samples, prepared under different discharge current densities, all exhibit a 1T' phase-dominated structure. No pure 2H MoS<sub>2</sub> was prepared by tuning the discharge current densities. Therefore, this phase-switchable method is not suitable for MoS<sub>2</sub>.

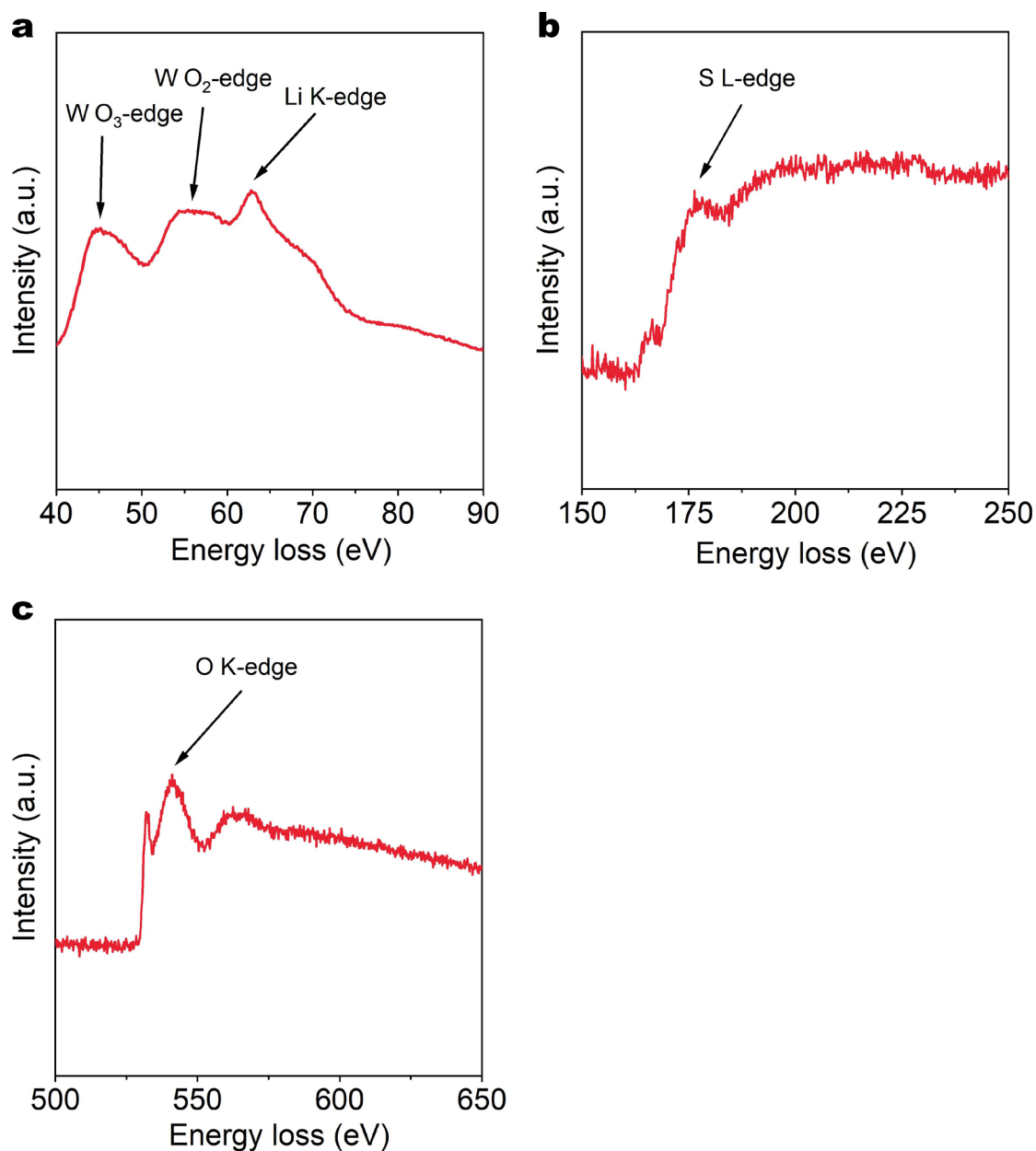


**Supplementary Fig. 19 | EELS spectra of S-Li<sub>x</sub>WS<sub>2</sub> electrode. a,** Li K-edge, W O<sub>2</sub>-edge and W O<sub>3</sub>-edge. **b,** S L-edge. **c,** O K-edge. S-Li<sub>x</sub>WS<sub>2</sub> denotes as Li<sup>+</sup> intercalation of WS<sub>2</sub> by a small discharge current density.



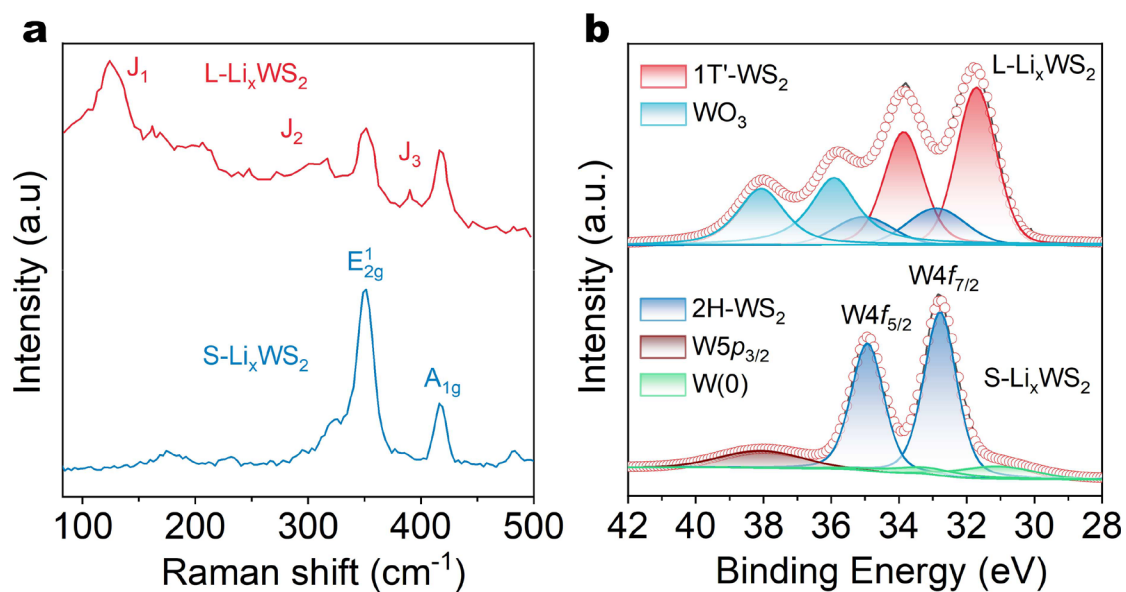
**Supplementary Fig. 20 | Characterizations of S-Li<sub>x</sub>WS<sub>2</sub> and L-Li<sub>x</sub>WS<sub>2</sub>.** **a**, XRD patterns of bulk WS<sub>2</sub>, S-Li<sub>x</sub>WS<sub>2</sub> and L-Li<sub>x</sub>WS<sub>2</sub>. **b**, Magnified XRD patterns of the (002) peak of bulk WS<sub>2</sub> (bottom) and S-Li<sub>x</sub>WS<sub>2</sub> (top) from the area within the dotted line in **a**. S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub> denote as Li<sup>+</sup> intercalation of WS<sub>2</sub> by small and large discharge current densities, respectively.

X-ray diffraction (XRD) analysis reveals an expansion of the interlayer galleries after lithiation. The (002) peak shifts from 14.30° in bulk WS<sub>2</sub> to 14.13° in S-Li<sub>x</sub>WS<sub>2</sub> and 13.96° in L-Li<sub>x</sub>WS<sub>2</sub>, indicating an increase in interlayer spacing from 6.19 to 6.26 Å and 6.34 Å, respectively. Additionally, the peak at 14.17° in L-Li<sub>x</sub>WS<sub>2</sub> can be attributed to the (001) plane of Li-intercalated 1T'-WS<sub>2</sub>,<sup>2,3</sup> providing further confirmation of the phase transition occurring in this lithium intercalation pathway. Notably, the intensity of the characteristic peaks of hexagonal 2H-WS<sub>2</sub> decreases significantly in L-Li<sub>x</sub>WS<sub>2</sub> due to the loss of long-range order resulting from the formation of both 2H- and 1T' phases.<sup>4</sup> Furthermore, the peak at 7.87° in L-Li<sub>x</sub>WS<sub>2</sub> is formed by the hydration,<sup>4</sup> which may contribute to the oxidation of L-Li<sub>x</sub>WS<sub>2</sub>, as analyzed in the XPS spectrum (Supplementary Fig. 22b). In contrast, all the peaks in S-Li<sub>x</sub>WS<sub>2</sub> can be indexed to 2H-WS<sub>2</sub> (PDF-08-0237), indicating that no phase transition occurs during lithium intercalation using small discharge current. These results are highly consistent with Raman (Supplementary Fig. 22a), XPS (Supplementary Fig. 22b, Supplementary Fig. 23) and HAADF-STEM (Fig. 2d, j) results.

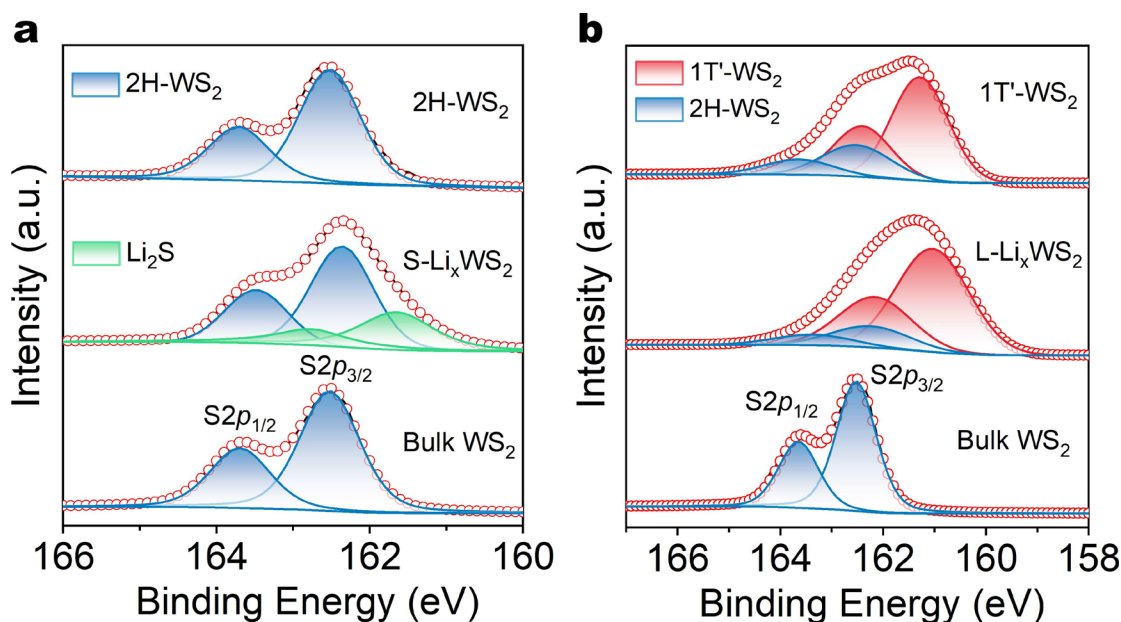


**Supplementary Fig. 21 | EELS spectra of L-Li<sub>x</sub>WS<sub>2</sub> electrode. a,** Li K-edge, W O<sub>2</sub>-edge and W O<sub>3</sub>-edge. **b,** S L-edge. **c,** O K-edge. L-Li<sub>x</sub>WS<sub>2</sub> denotes as Li<sup>+</sup> intercalation of WS<sub>2</sub> by a large discharge current density.





**Supplementary Fig. 22 | Characterizations of S-Li<sub>x</sub>WS<sub>2</sub> and L-Li<sub>x</sub>WS<sub>2</sub>.** **a**, Raman spectrum **b**, and W 4f XPS spectrum. S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub> denote as Li<sup>+</sup> intercalation of WS<sub>2</sub> by small and large discharge current densities, respectively.

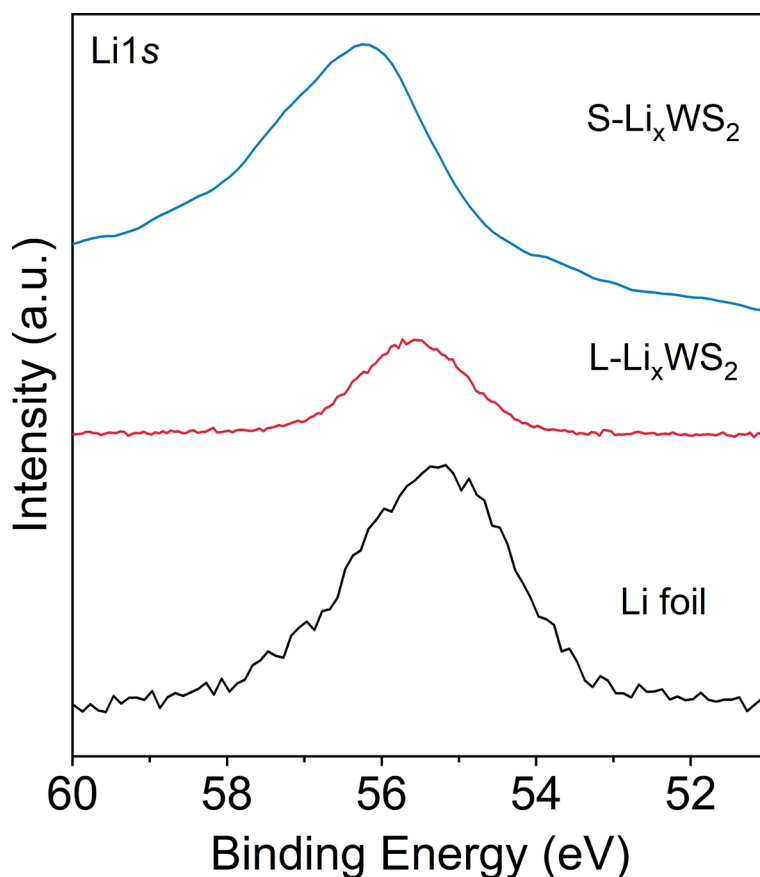


**Supplementary Fig. 23 | a-b, S 2p XPS spectrum of bulk WS<sub>2</sub>, S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub>, as well as exfoliated 2H- and 1T'-WS<sub>2</sub>. S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub> denote as Li<sup>+</sup> intercalation of WS<sub>2</sub> by small and large discharge current densities, respectively.**

As shown in **Supplementary Fig. 23a**, both bulk WS<sub>2</sub> and the corresponding exfoliated WS<sub>2</sub> exhibit the same peak positions for S2p<sub>3/2-1/2</sub> (162.52 and 163.64 eV). However, these peaks show a slight shift of approximately 0.14 eV toward lower binding energy for discharged S-Li<sub>x</sub>WS<sub>2</sub>. This shift can be attributed to electron donation from intercalated Li to WS<sub>2</sub>.<sup>4</sup> However, the limited electron transfer is insufficient to induce the phase transition,<sup>5,6</sup> keeping S-Li<sub>x</sub>WS<sub>2</sub> in the 2H phase. Conversely, in addition to the doublets at 162.52 and 163.64 eV, assigned to the S2p<sub>3/2-1/2</sub> of 2H-WS<sub>2</sub>, two dominant peaks at lower binding energies of 162.40 and 161.28 eV corresponding to 1T'-WS<sub>2</sub> are also noted (**Supplementary Fig. 23b**). These XPS results confirm the absence of phase transition for S-Li<sub>x</sub>WS<sub>2</sub> and the subsequent exfoliation process, while a phase transition from 2H to 1T' occurred for L-Li<sub>x</sub>WS<sub>2</sub> and the corresponding exfoliated product. These findings are consistent with the results obtained from Raman (**Fig. 1d**, **Supplementary Fig. 22a**) and HAADF-STEM analyses (**Fig. 2d, j**).

Notably, the peaks corresponding to W(0) and Li<sub>2</sub>S are evident in the W4f (**Supplementary Fig. 22b**) and S2p (**Supplementary Fig. 23a**) spectra of S-Li<sub>x</sub>WS<sub>2</sub>,

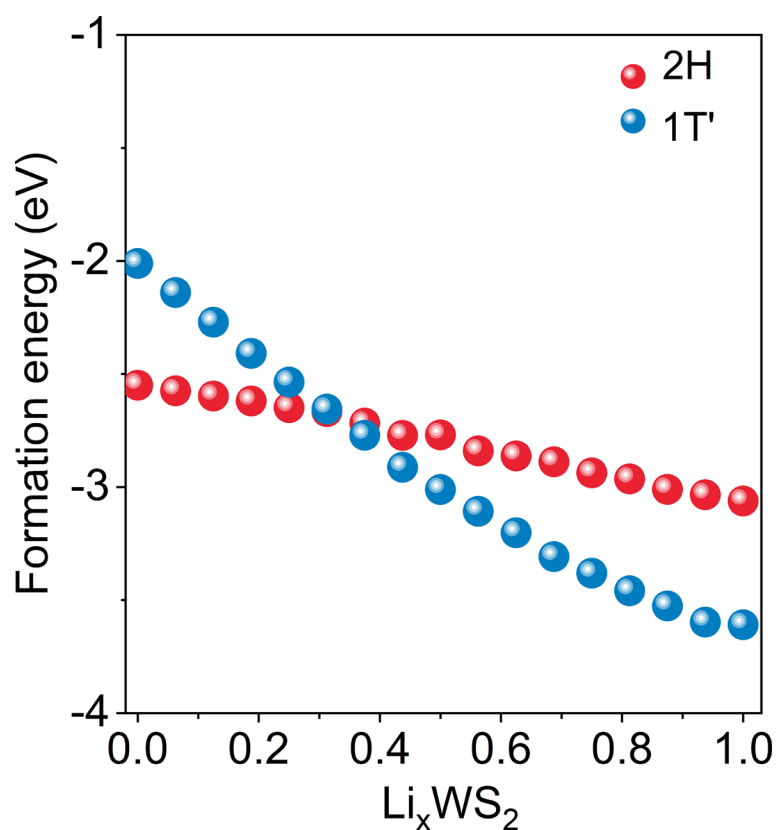
256 indicating that partial  $\text{WS}_2$  decomposed into  $\text{W(0)}$  and  $\text{Li}_2\text{S}$  during the lithium  
257 intercalation. These results aligned well with the observation of S vacancies in the  
258 cross-sectional HAADF-STEM image of  $\text{S-Li}_x\text{WS}_2$  (**Fig. 2d**).



**Supplementary Fig. 24 | High-resolution XPS Li1s spectra of S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub> and Li foil.** Three samples are tested in the same batch. S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub> denote as Li<sup>+</sup> intercalation of WS<sub>2</sub> by small and large discharge current densities, respectively.

As shown in **Supplementary Fig. 24**, the binding energy of Li in Li foil, L-Li<sub>x</sub>WS<sub>2</sub>, and S-Li<sub>x</sub>WS<sub>2</sub> is measured at 55.24 eV, 55.57 eV and 56.25 eV, respectively. These values reveal that the valence of Li in L-Li<sub>x</sub>WS<sub>2</sub> is slightly higher than that in Li foil, which is indicative of electrons transferring from the intercalated Li to WS<sub>2</sub>.<sup>1</sup> However, the valence of Li in L-Li<sub>x</sub>WS<sub>2</sub> is significantly lower than that in S-Li<sub>x</sub>WS<sub>2</sub>, primarily due to the presence of the solid electrolyte interphase (SEI) and Li<sub>2</sub>S in S-Li<sub>x</sub>WS<sub>2</sub>. Furthermore, it's worth noting that the peak intensity in L-Li<sub>x</sub>WS<sub>2</sub> is notably weaker compared to S-Li<sub>x</sub>WS<sub>2</sub>.

This observation likely stems from the increased concentration of intercalated Li within the surface SEI of S-Li<sub>x</sub>WS<sub>2</sub> and the formation of Li<sub>2</sub>S (**Fig. 2a-c, f**). Notably, the XPS technique exactly performs surface measurements.

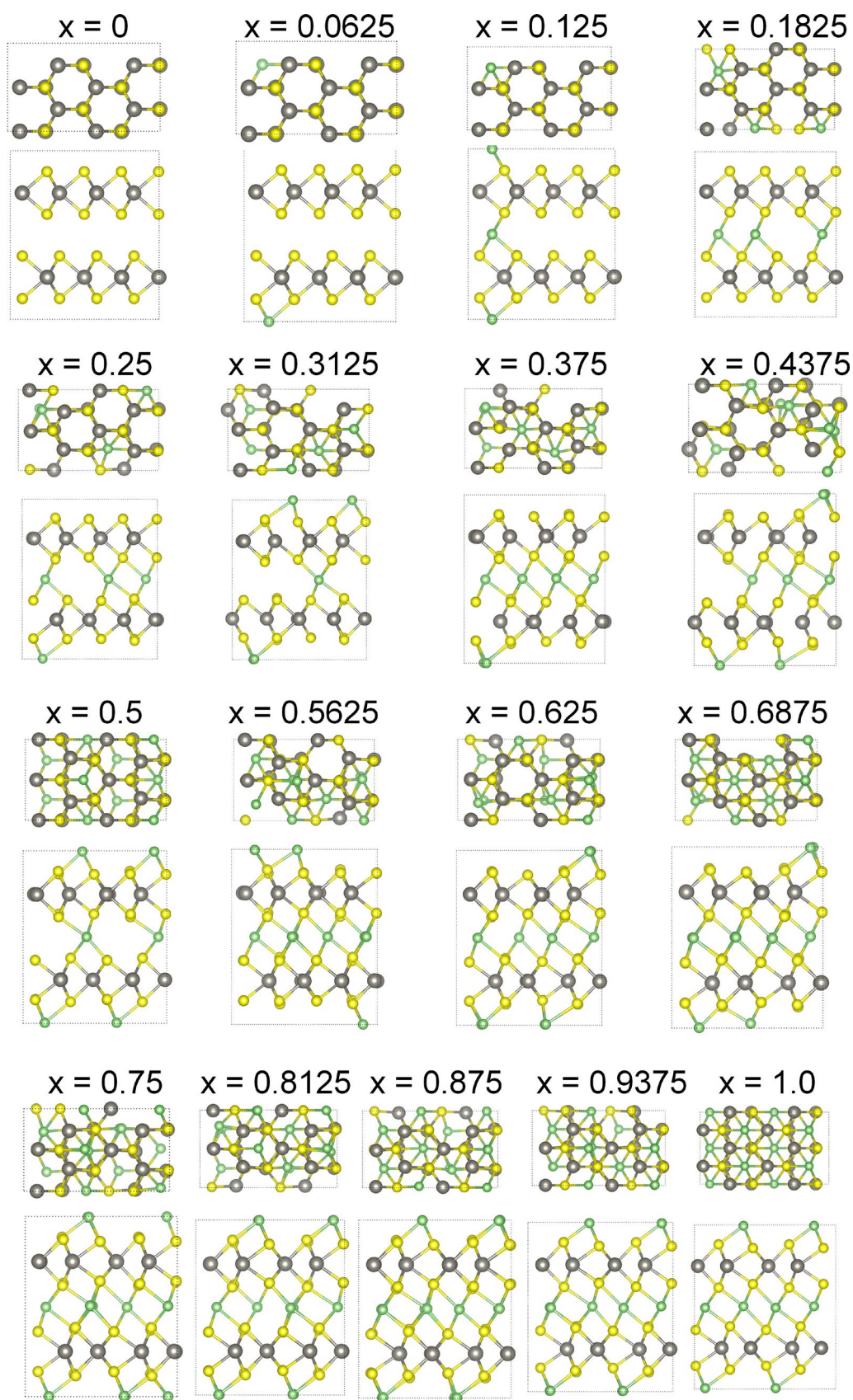


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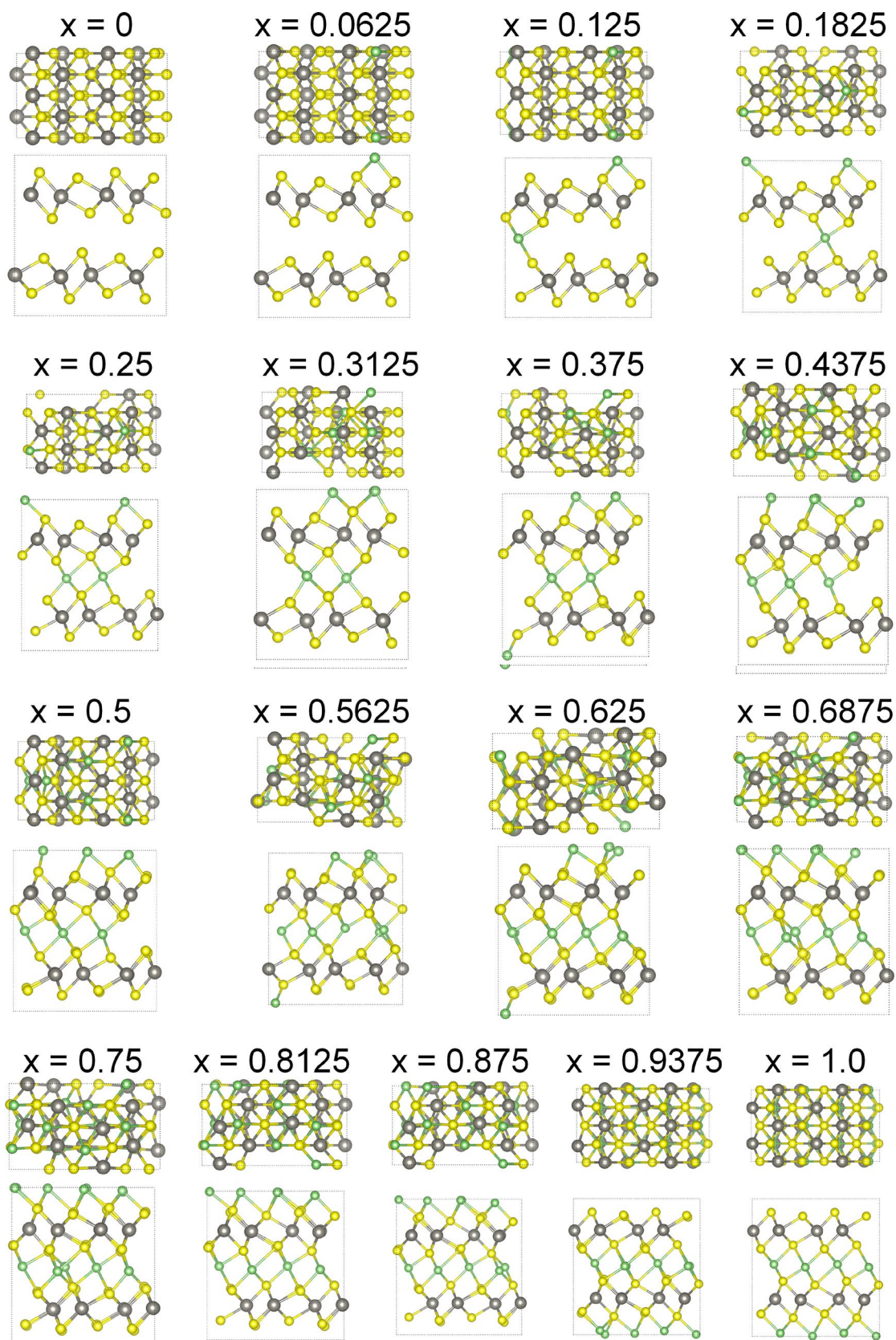
275 **Supplementary Fig. 25 | Phase formation energy of different intercalated Li**  
 276 **content in  $\text{Li}_x\text{WS}_2$ .**

277 As illustrated in **Supplementary Fig. 25**, when the intercalated Li content ( $x$ ) in the  
 278 interlayer spacing of  $\text{WS}_2$  exceeds 0.3, the formation energy for 1T'- $\text{WS}_2$  becomes more  
 279 negative than that for 2H- $\text{WS}_2$ . This suggests a phase transition from 2H to 1T' occurs  
 280 because the energy is more favorable for the 1T' structure.



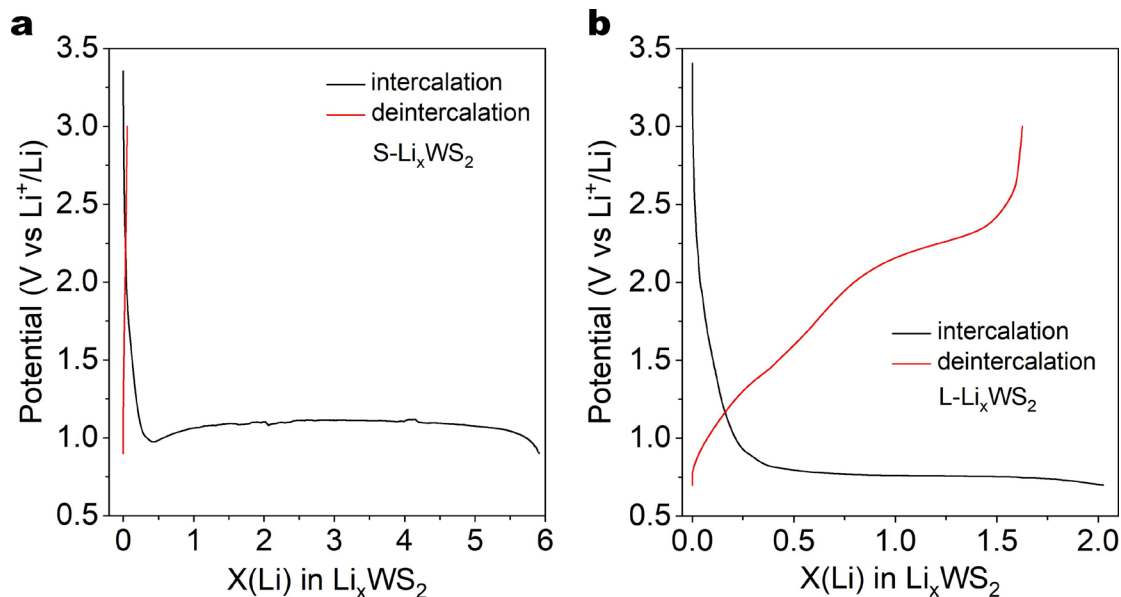


**Supplementary Fig. 26 | Top and side views of optimized Li-intercalated 2H-WS<sub>2</sub> structures.  $x$  denote as the mole ratio of Li versus WS<sub>2</sub> (Li <sub>$x$</sub> WS<sub>2</sub>).**



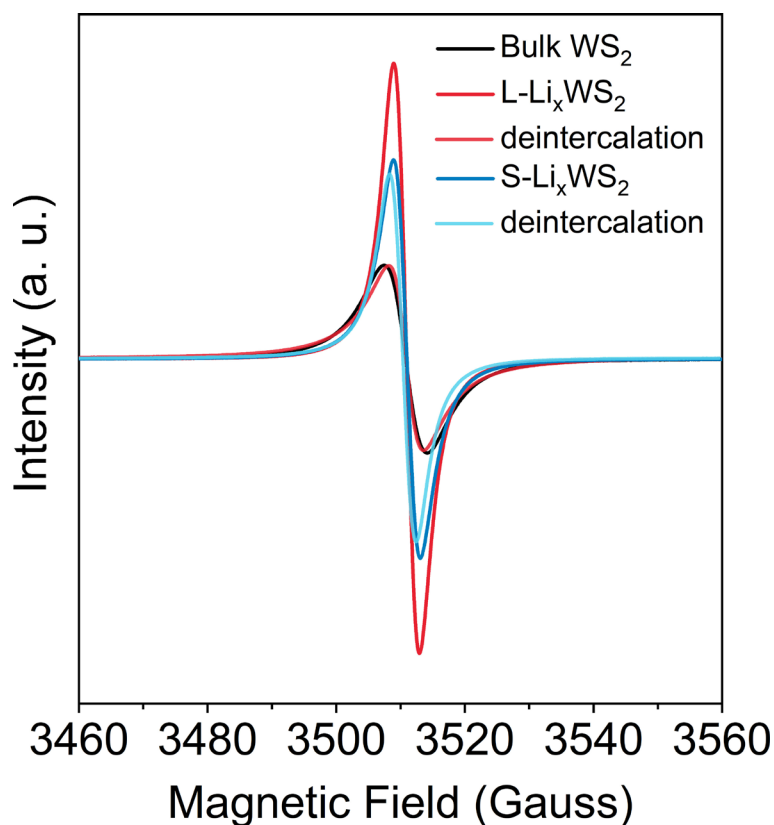
**Supplementary Fig. 27 | Top and side views of optimized Li-intercalated 1T'-WS<sub>2</sub> structures.  $x$  denote as the mole ratio of Li versus WS<sub>2</sub> (Li <sub>$x$</sub> WS<sub>2</sub>).**





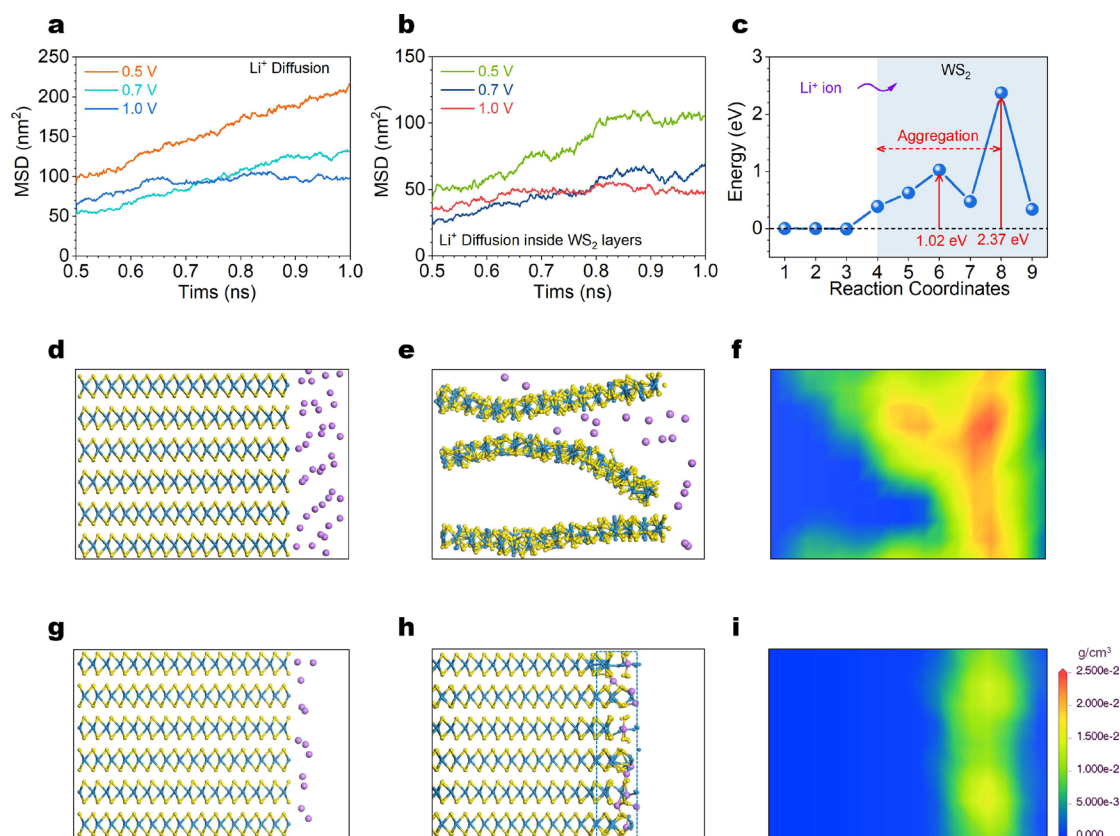
**Supplementary Fig. 28 | Galvanostatic charge/discharge profiles of WS<sub>2</sub>.** **a**, discharge /charge current at 0.005 A g<sup>-1</sup> and cutoff voltage at 0.9 V. **b**, discharge /charge current at 0.02 A g<sup>-1</sup> and cutoff voltage at 0.7 V. S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub> denote as Li<sup>+</sup> intercalation of WS<sub>2</sub> by small and large discharge current densities, respectively.

As shown in **Supplementary Fig. 28a**, when operating with a smaller current during the discharge/charge process, a significant portion of the lithium (about 99.06%) cannot be effectively deintercalated. This leads to a rapid completion of the charge process. This outcome is a result of a substantial portion of the lithium in S-Li<sub>x</sub>WS<sub>2</sub> not intercalating into the interlayer of WS<sub>2</sub> but rather forming the SEI and Li<sub>2</sub>S on the surface. Consequently, S-Li<sub>x</sub>WS<sub>2</sub> maintains its 2H phase. The reactions responsible for generating the SEI and Li<sub>2</sub>S are irreversible, which significantly shortens the duration of the charge process. Conversely, in the discharge/charge process using a larger current (**Supplementary Fig. 28b**), about 81.32% of the lithium can be successfully extracted from the L-Li<sub>x</sub>WS<sub>2</sub>. This is because lithium can readily penetrate into the interlayer of WS<sub>2</sub>, causing a phase transition, which is a reversible process.



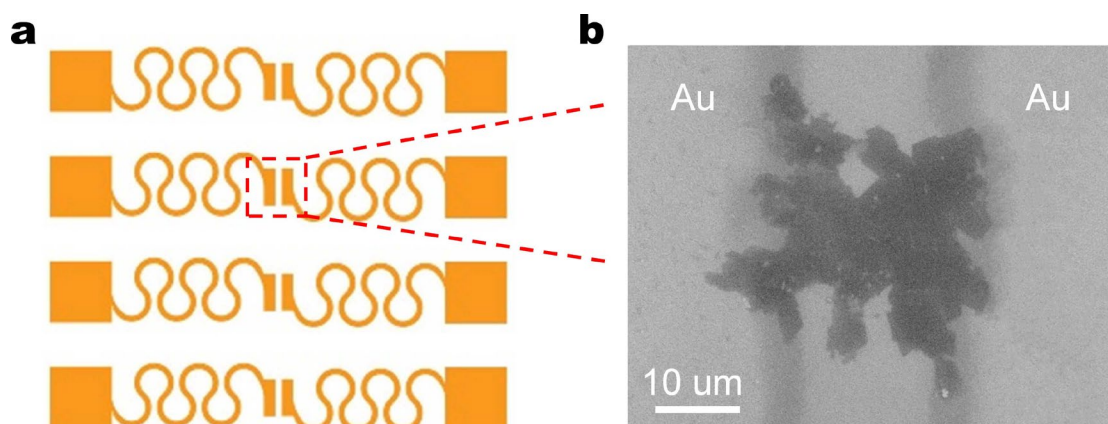
**Supplementary Fig. 29 | Structure characterization of bulk WS<sub>2</sub> after discharge and charge process.** EPR spectrums of bulk WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub>-deintercalation, S-Li<sub>x</sub>WS<sub>2</sub> and S-Li<sub>x</sub>WS<sub>2</sub>-deintercalation. S-Li<sub>x</sub>WS<sub>2</sub>, L-Li<sub>x</sub>WS<sub>2</sub> denote as Li<sup>+</sup> intercalation of WS<sub>2</sub> by small and large discharge current densities, respectively. Five samples are tested in the same batch.

As illustrated in **Supplementary Fig. 29**, following the deintercalation of L-Li<sub>x</sub>WS<sub>2</sub> through the charge process under the same current, there is a substantial decrease in S vacancies, which remains slightly higher than that in bulk WS<sub>2</sub>. This decrease in vacancies can be attributed to the extraction of a significant amount of intercalated lithium from the interlayer of WS<sub>2</sub>. Conversely, after the deintercalation of S-Li<sub>x</sub>WS<sub>2</sub>, the reduction in S vacancies is minimal. This minimal decrease can be attributed to the fact that only a very small amount (0.94%) of lithium is extracted from S-Li<sub>x</sub>WS<sub>2</sub>. These EPR results highly aligns with the conclusions drawn from the discharge/charge curves (**Supplementary Fig. 28**).

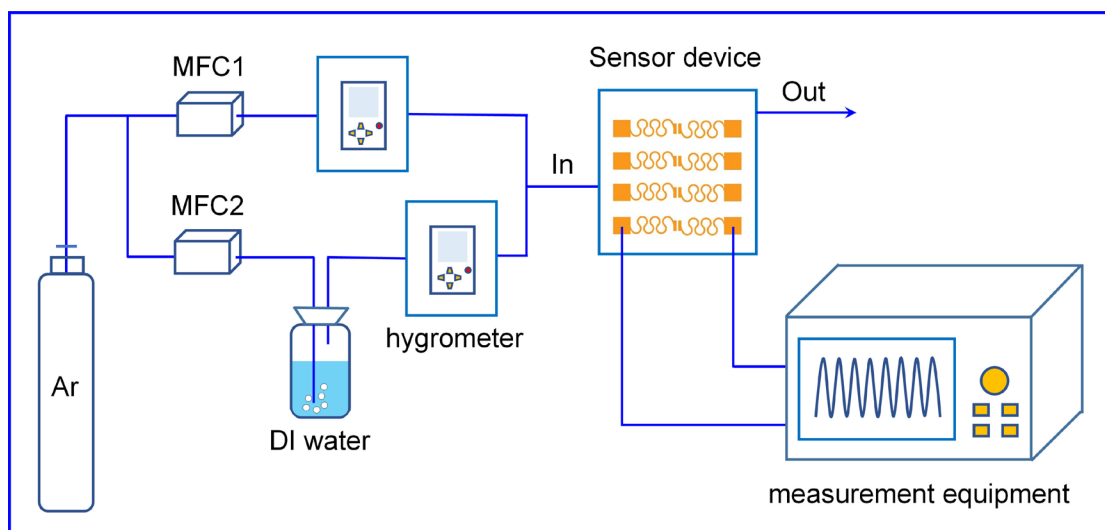


**Supplementary Fig. 30 | Theoretical simulations of the formation of the solid electrolyte interface (SEI) under large and small discharge current densities. a,** The mean square displacement (MSD) of  $\text{Li}^+$  under different potentials. **b,** The MSD of  $\text{Li}^+$  within the interlayer direction (y-axis) of  $\text{WS}_2$ . **c,** The diffusion energy barriers of  $\text{Li}^+$  in the  $\text{WS}_2$  layers. The structure models under **d** large discharge current density and **g** small discharge current density simulations. The structures of  $\text{WS}_2$  for **e** large discharge current density and **h** small discharge current density. The  $\text{Li}^+$  density distributions in  $\text{WS}_2$  under the **f** large discharge current density and **i** small discharge current density.

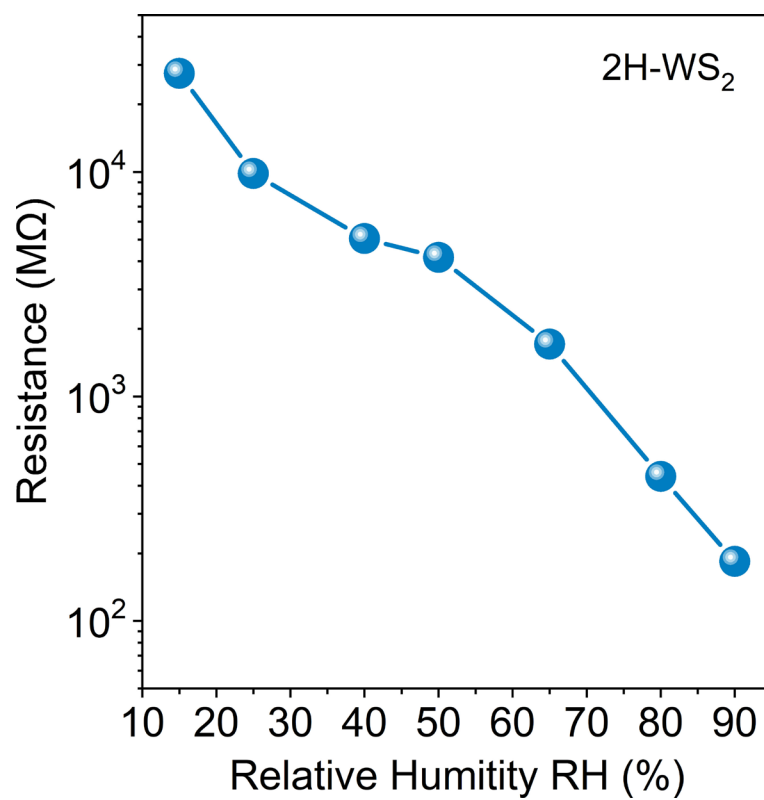




**Supplementary Fig. 31 | Morphology characterization of 2H-WS<sub>2</sub> NSs based humidity sensor device. a**, Schematic of the device. **b**, SEM image of 2H-WS<sub>2</sub> NSs as the active channel for device fabrication.



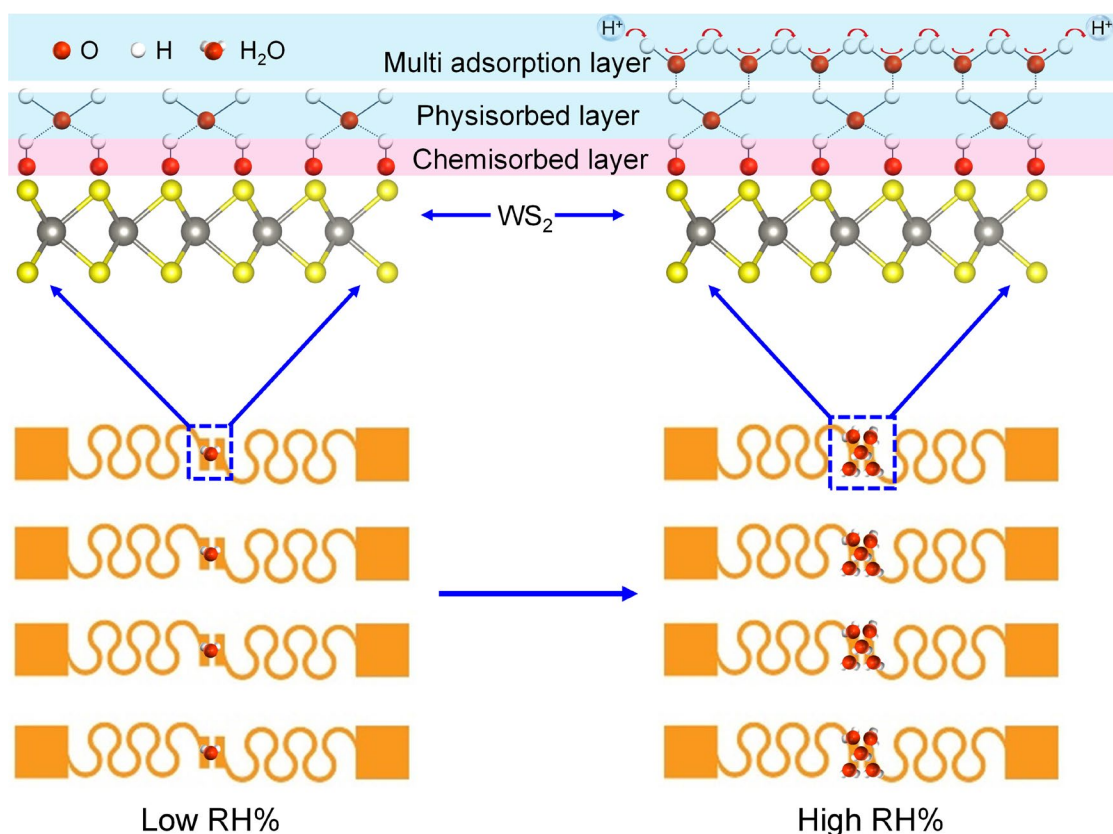
**Supplementary Fig. 32 | Schematic diagram of home-made equipment for humidity sensing performance tests.** MFC denotes as mass flow controller. MFC1 and MFC2 are the mass flowmeter.



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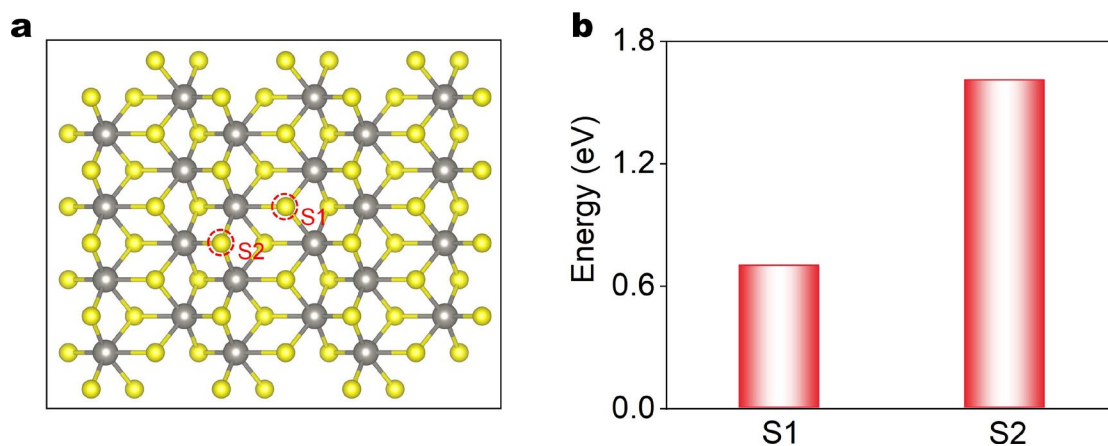
337 **Supplementary Fig. 33 | Resistance variation of the 2H-WS<sub>2</sub> NSs based humid**

338 **sensor under different RH levels.**



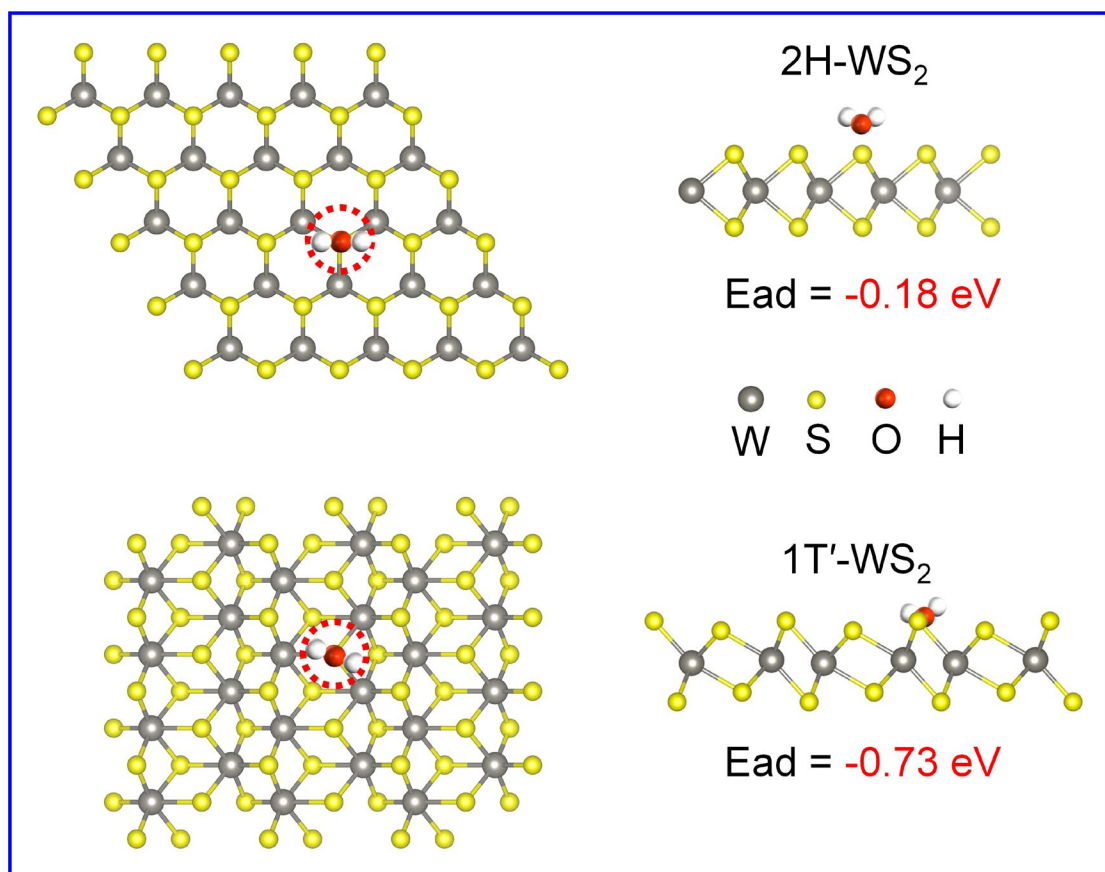
**Supplementary Fig. 34 | Schematic of the humidity-sensing mechanism for WS<sub>2</sub> NSs under different RH% level.**

The WS<sub>2</sub> humidity sensing mechanism closely resembles that of most humidity sensors, as depicted in **Supplementary Fig. 34**. At lower relative humidity (RH) levels, only a small quantity of water molecules from the surrounding air adhere to the WS<sub>2</sub> surface, where they ionize into H<sub>3</sub>O<sup>+</sup> and OH<sup>-</sup> ions. These OH<sup>-</sup> ions are captured by surface atoms within the sensing layer, forming a chemisorbed layer. These ions exhibit limited mobility, resulting in an elevated sensor resistance. As RH levels increase, water molecules continue to accumulate on the chemisorbed layer through hydrogen bonding, forming the initial physical adsorption layer. With exposure to higher RH levels, an increasing number of water molecules adsorb onto this physical adsorption layer, creating a continuous aqueous layer that facilitates the generation of a substantial amount of H<sub>3</sub>O<sup>+</sup> ions. Moreover, the H<sub>3</sub>O<sup>+</sup> ions can readily transfer within the continuous aqueous layer through the Grouthuss chain reaction ( $\text{H}_2\text{O} + \text{H}_3\text{O}^+ = \text{H}_3\text{O}^+ + \text{H}_2\text{O}$ ), ultimately leading to a reduction in sensor resistance (**Supplementary Fig. 33**).



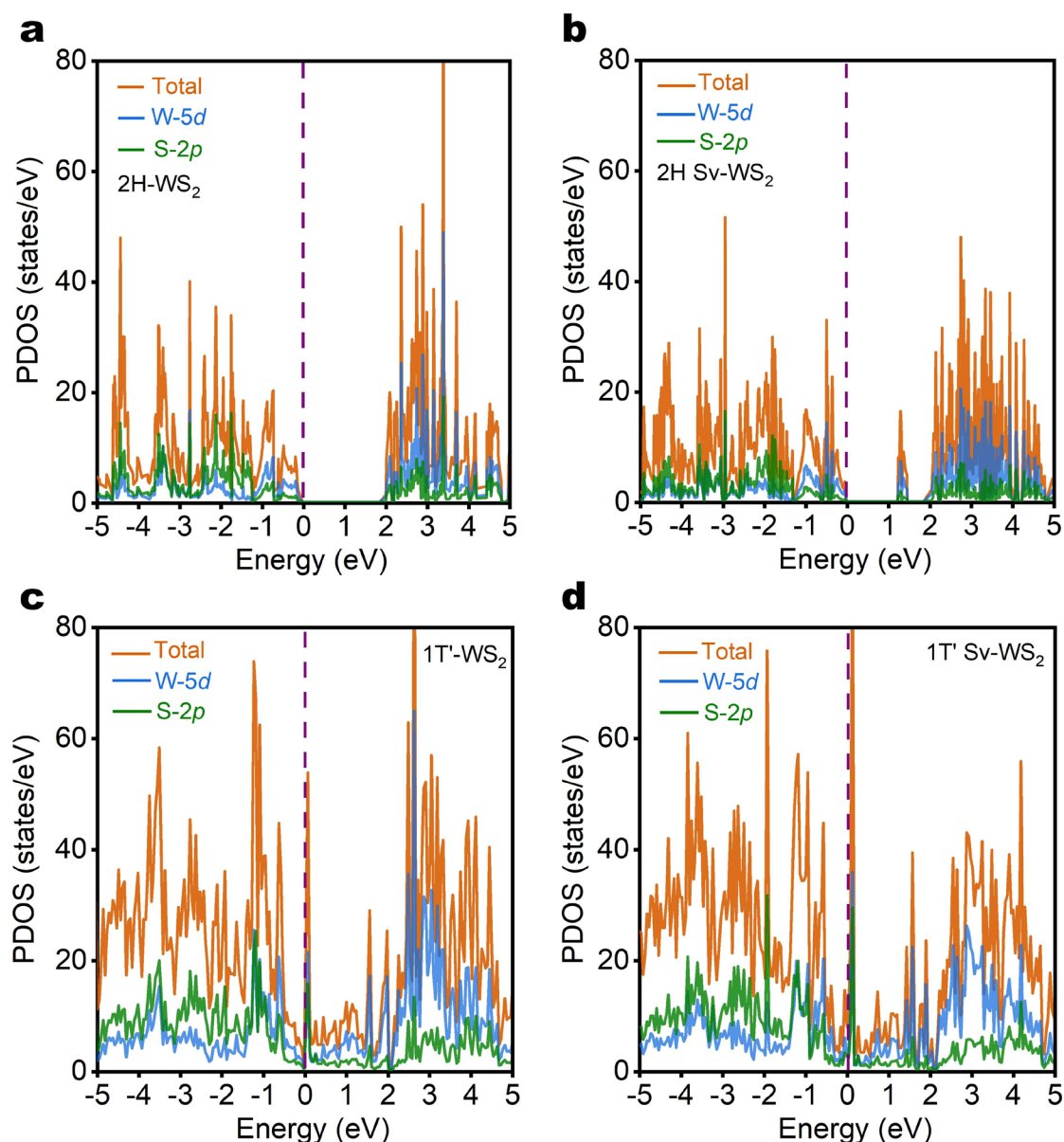
**Supplementary Fig. 35 | DFT calculations for sulfur vacancy in 1T'-WS<sub>2</sub>.** **a**, Schematic of the possible sulfur vacancy S1 and S2 in 1T'-WS<sub>2</sub>. **b**, The energy that need for generating S1 and S2 vacancy in **a**. Note that generation of sulfur vacancy S1 is more energy favorable than S2 (0.70 eV vs 1.61 eV), therefore sulfur vacancy S1 is selected to do the DFT calculation for H<sub>2</sub>O molecule adsorption on 1T'-WS<sub>2</sub>.





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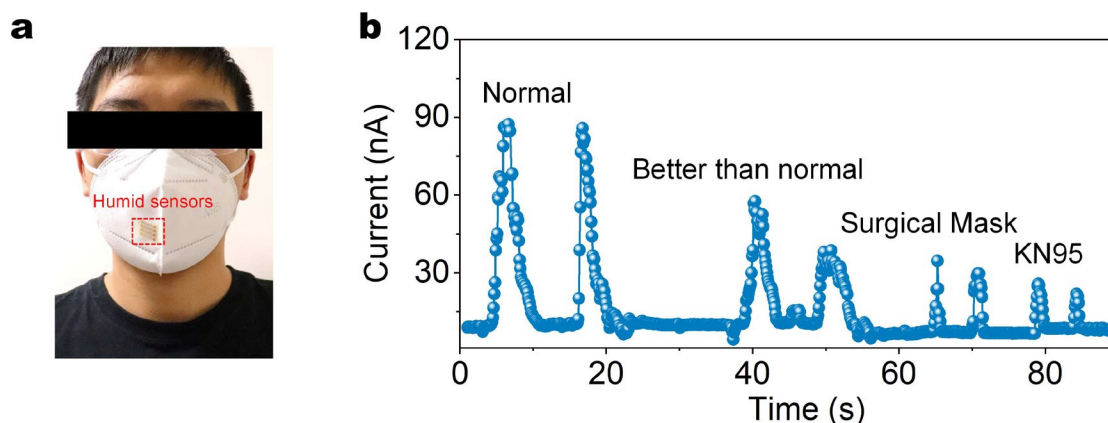
362 **Supplementary Fig. 36 | Adsorption energy of H<sub>2</sub>O molecule on 2H- and 1T'-WS<sub>2</sub>.**



**Supplementary Fig. 37 | DFT calculation of projected density of states for the 2H- and 1T'-WS<sub>2</sub> with the sulfur vacancy (Sv).** The projected density of states for **a** 2H-WS<sub>2</sub> and **b** 2H Sv-WS<sub>2</sub>, **c** 1T'-WS<sub>2</sub> and **d** 1T' Sv-WS<sub>2</sub>. The red dotted line corresponds to the Fermi level.

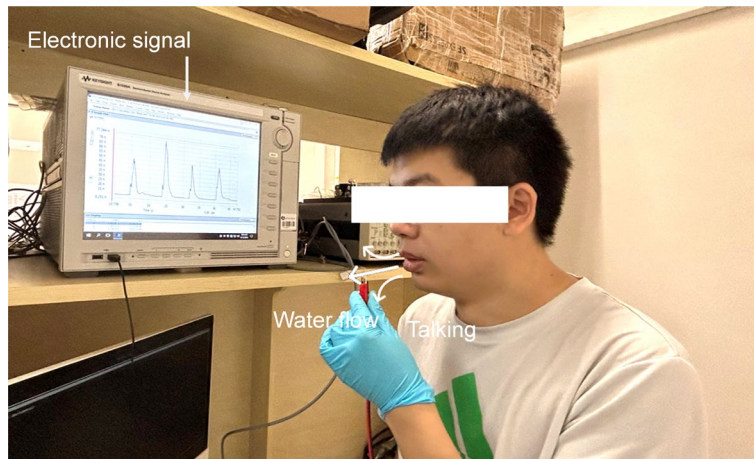
To gain a deeper understanding of the variation in electronic properties of 2H- and 1T'-WS<sub>2</sub> caused by the presence of S vacancy, we conducted calculations of the projected density of states (PDOS) for 2H-WS<sub>2</sub>, 2H Sv-WS<sub>2</sub>, 1T'-WS<sub>2</sub> and 1T' Sv-WS<sub>2</sub> using density functional theory. These results are presented in **Supplementary Figure 37**. **Supplementary Fig. 37a** show the PDOS of pristine 2H-WS<sub>2</sub>, which exhibits a wide bandgap of 1.88 eV, indicative of its semiconductor properties. It is worth mentioning

that this bandgap value aligns with the primitive cell calculation.<sup>7</sup> In the case of 2H Sv-WS<sub>2</sub> as shown in **Supplementary Fig. 37b**, the bandgap becomes noticeably narrower, with a value of 1.24 eV after introducing a S vacancy on the WS<sub>2</sub> surface. This narrowing is attributed to the hybridization of the 2p orbital of S atoms and the 5d orbital of W atoms within the forbidden band, generating a new energy level. This shift causes the bottom of the conduction band to move closer to the Fermi energy. The significant reduction in the bandgap of WS<sub>2</sub> after introducing a S vacancy can effectively promote electron transfer and enhance conductivity. For 1T'-WS<sub>2</sub>, after the introduction of a S vacancy, the generation of new orbitals around the orbital energy levels, as shown in **Supplementary Fig. 37c-d**, might contribute to the adsorption of H<sub>2</sub>O onto WS<sub>2</sub>.



**Supplementary Fig. 38 | Test the protection performance of different masks via using 2H-WS<sub>2</sub> based humidity sensor. a**, Optical image of the 2H-WS<sub>2</sub> humidity sensor attached outside the mask. **b**, Dynamic humidity response and recovery measurement for different levels of masks.

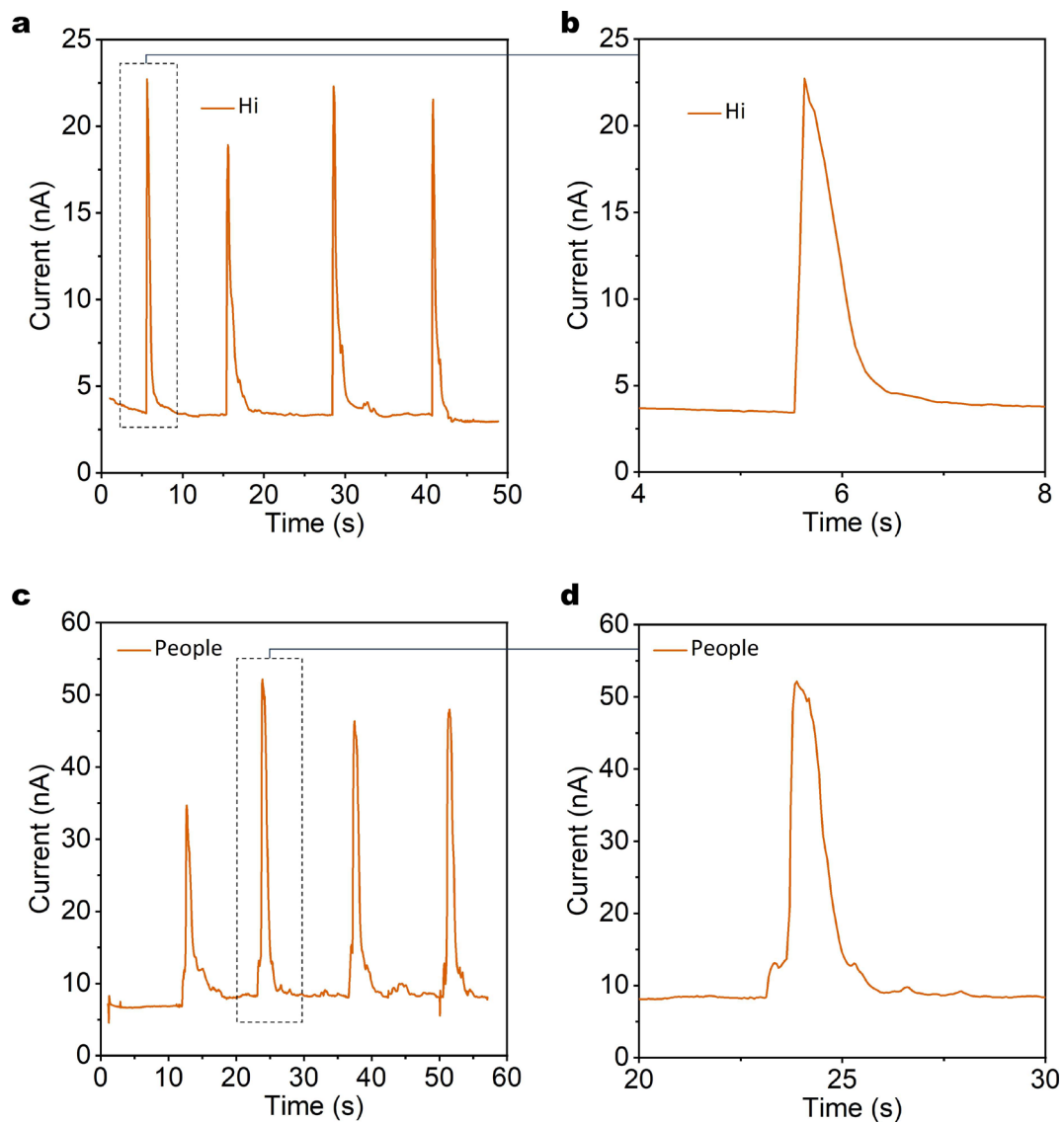
As demonstrated in **Supplementary Fig. 38a**, the WS<sub>2</sub> humidity sensor was attached outside the masks to evaluate their effectiveness in protecting against moisture exhaled from the mouth under ambient conditions. To simulate a person's cough or sneeze, the subject exhaled heavily during this measurement. **Supplementary Fig. 38b** presents the dynamic current of the device in response to moisture passing through different types of masks. The normal mask without any filter layer exhibited poor protective performance, with the current response suddenly exceeding 90 nA. In contrast, the KN95 mask effectively resisted the exhaled moisture, with the current only slightly increasing to approximately 25 nA. These results highlight that our WS<sub>2</sub> humidity sensor can serve as a sensitive and convenient method for assessing the quality of masks.



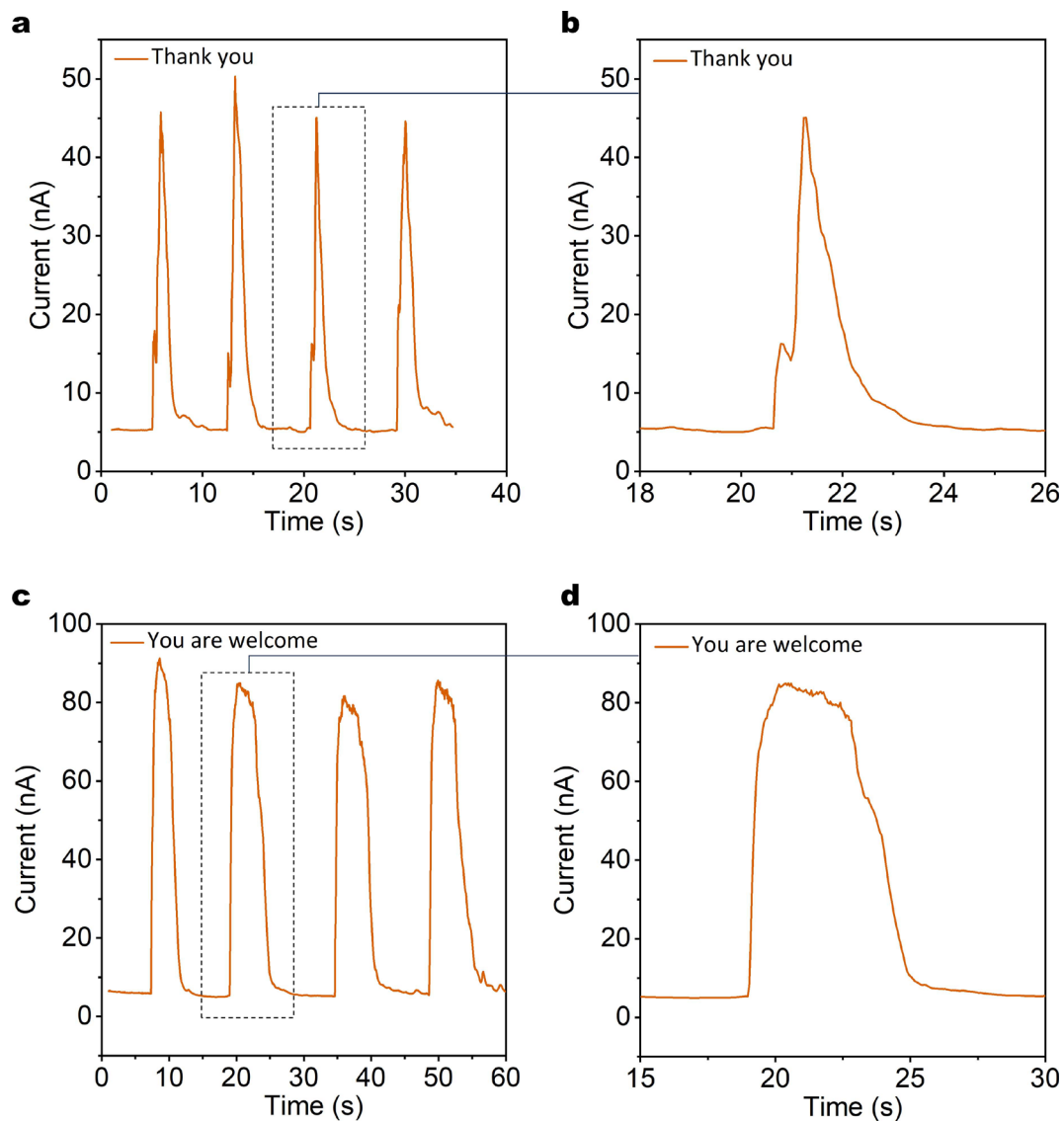
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401 **Supplementary Fig. 39 | Photograph of humidity sensor set-up for voice**  
402 **recognition.**

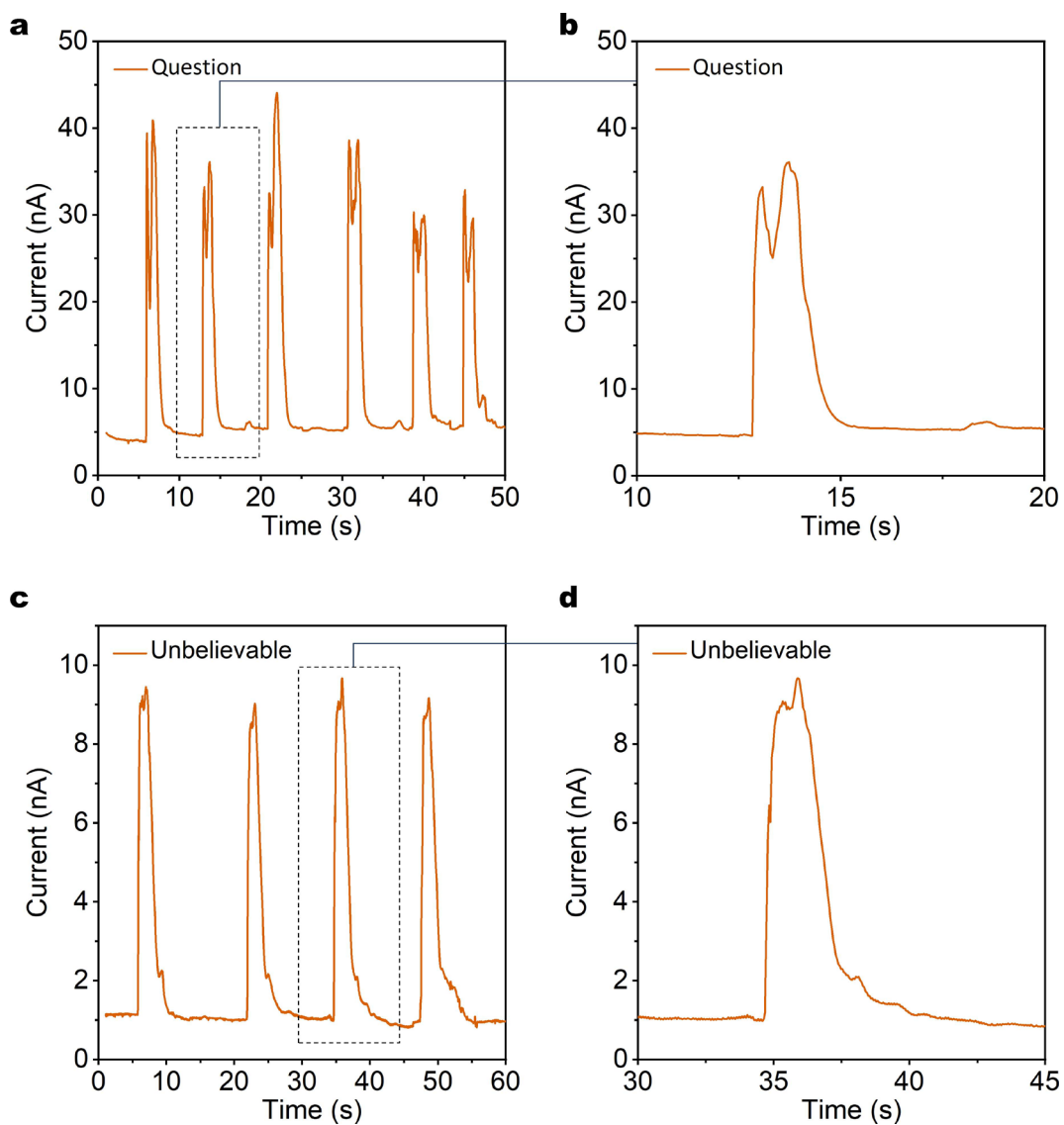




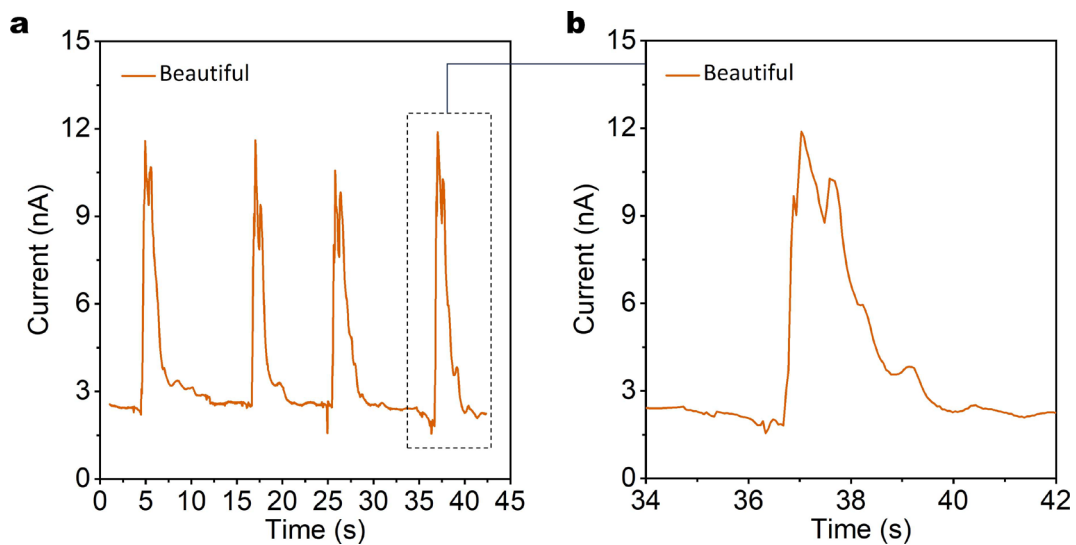
**Supplementary Fig. 40 | Voice recognition of speaking different words. a-b,** Response current of 2H-WS<sub>2</sub> while speaking "Hi", and the corresponding amplified curve. **c-d,** Response current of 2H-WS<sub>2</sub> while speaking "People", and the corresponding amplified curve.



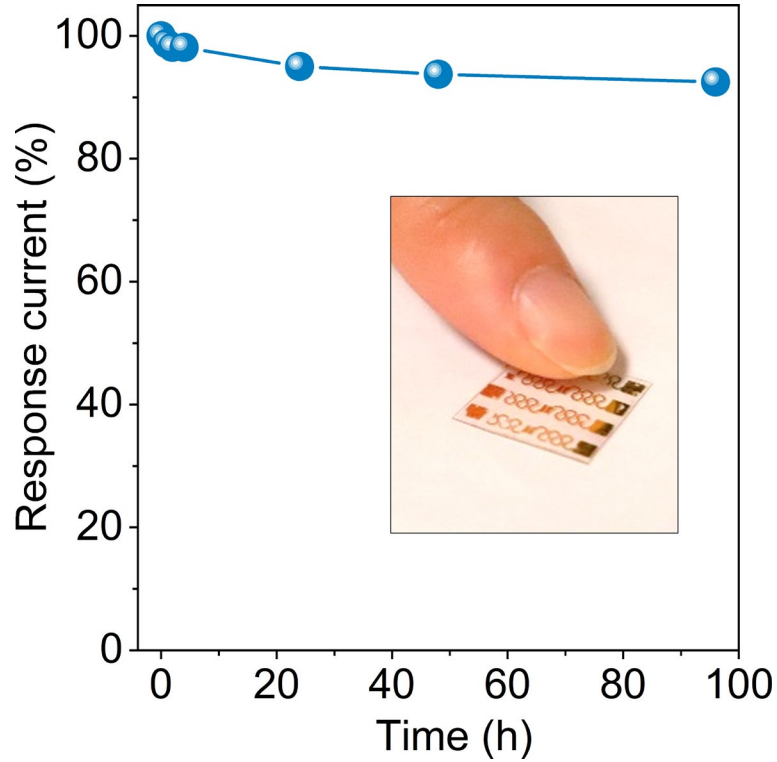
**Supplementary Fig. 41 | Voice recognition of speaking different words. a-b,** Response current of 2H-WS<sub>2</sub> while speaking "Thank you", and the corresponding amplified curve. **c-d,** Response current of 2H-WS<sub>2</sub> while speaking "You are welcome", and the corresponding amplified curve.



**Supplementary Fig. 42 | Voice recognition of speaking different words. a-b,** Response current of 2H-WS<sub>2</sub> while speaking “Question”, and the corresponding amplified curve. **c-d,** Response current of 2H-WS<sub>2</sub> while speaking “Unbelievable”, and the corresponding amplified curve.

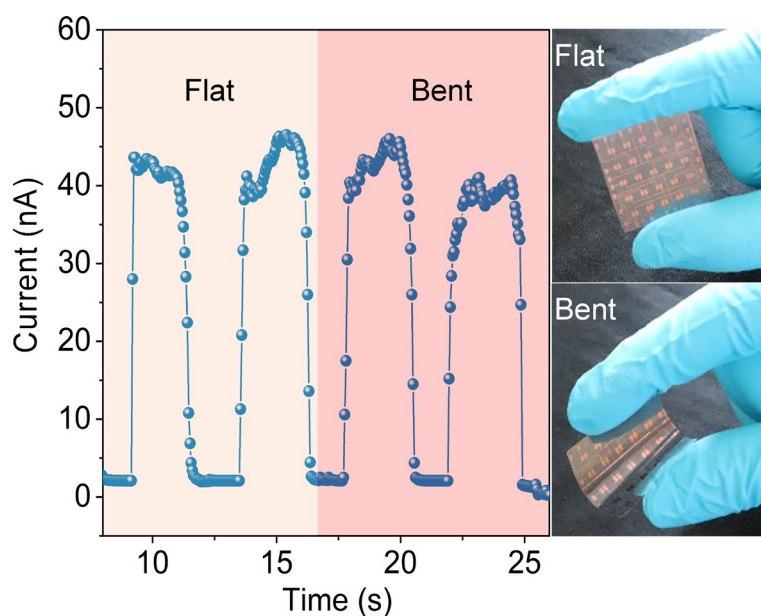


**Supplementary Fig. 43 | Voice recognition of speaking different words. a-b,**  
 Response current of 2H-WS<sub>2</sub> while speaking "Beautiful", and the corresponding  
 amplified curve.



**Supplementary Fig. 44 | The performance stability of 2H-WS<sub>2</sub> based humidity sensor device.** Long-term stability test of the humidity sensor after exposing to the indoor environment (65% RH, R.T.) for different times. Inset photo shows the distance between the finger with device is 3 mm. Even after exposing for 96 h, the response current still maintains 93% of its original value, demonstrating its superior stability in indoor environment.

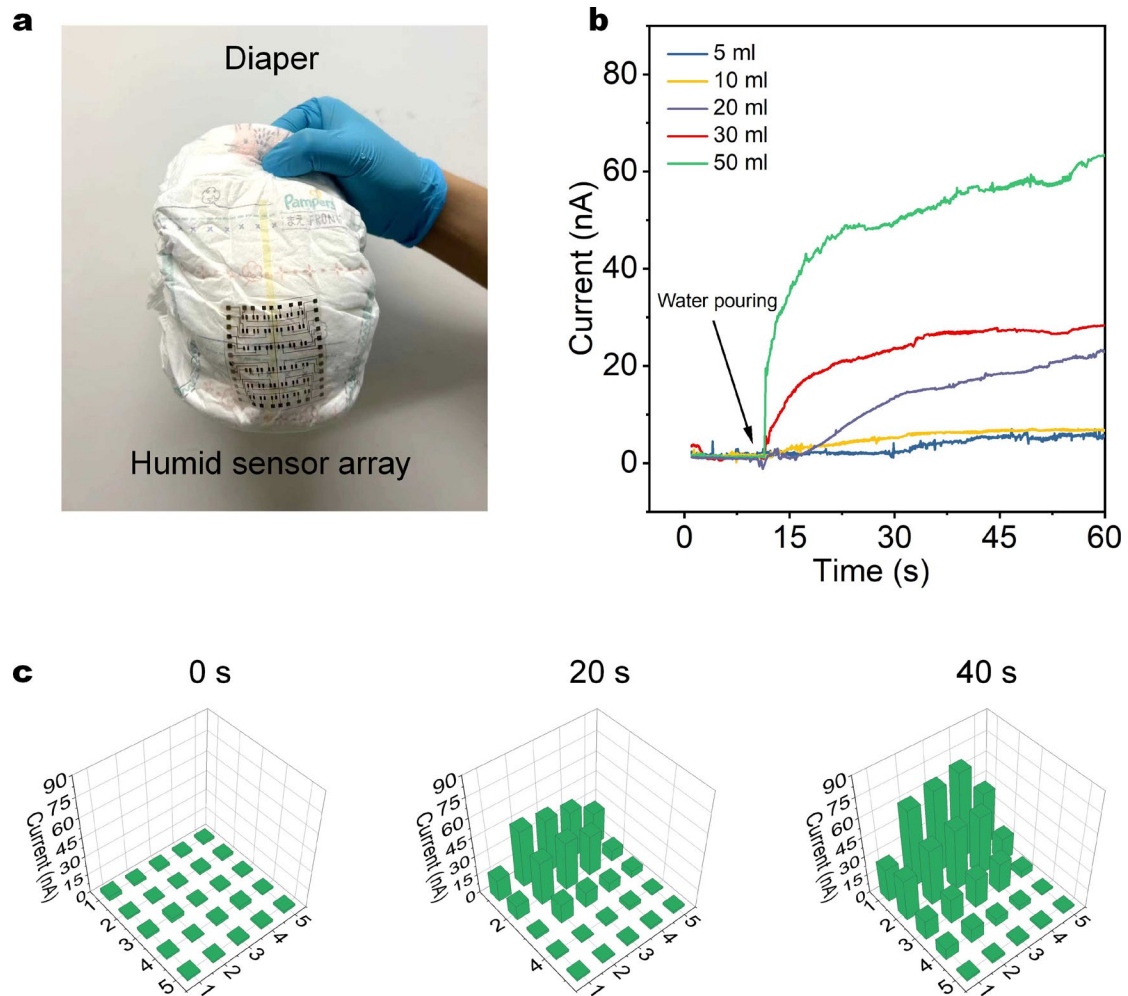




**Supplementary Fig. 45 | The flexibility of 2H-WS<sub>2</sub> based sensor device.** Dynamic humidity response and recovery measurement of the 2H-WS<sub>2</sub> humidity sensor array under flat and bending condition. The bend state of the device doesn't affect the sensing properties of 2H-WS<sub>2</sub>.



**Supplementary Fig. 46 | Raw data for current distribution of humidity sensor array.** Original current distribution of 5×5 humid sensor array in none-contact finger localization experiments.



**Supplementary Fig. 47 | Humidity sensor array for monitoring baby diaper wetness.** **a**, Photograph of a baby diaper with humidity sensor array. **b**, Response current of humidity sensor array with pouring different volume of water. **c**, Current distribution of humid sensor array at different time intervals after pouring the water.

To highlight the reconfigurability and advantages of our humidity sensor array, we showcase its potential application in monitoring baby diaper wetness. Prolonged exposure to a wet diaper can lead to discomfort and potential health issues such as diaper rash or urinary tract infections. Caregivers may occasionally overlook or lack the time to manually check their baby's diaper status throughout the day. Leveraging the high sensitivity and spatial humidity resolution of our humidity sensor array, it can effectively monitor diaper moisture levels. When a baby urinates, the diaper promptly absorbs the urine into its absorbent core, causing a change in the relative humidity on the diaper's surface. By utilizing the humidity sensor array to detect these humidity

changes, we can ascertain whether the baby has urinated.

As shown in **Supplementary Fig. 47a**, the softness of the humidity sensor array enables direct and secure attachment to the outside of the baby's diaper. To test the single humidity sensor response behavior, we poured different volumes of water into the diaper (**Supplementary Fig. 47b**). When pouring 5ml or 10ml of water, due to the limited water permeation caused by the diaper's inherent absorbent capacity, the device exhibits only a weak humidity response. Upon pouring 20ml of water, there is a noticeable change in the surface humidity of the diaper, resulting in a significant increase in device current, albeit not immediately after pouring. However, pouring more than 30ml of water leads to an immediate and pronounced detection of humidity change by the device, accompanied by a clear increase in current, indicating the accumulation of a significant amount of moisture inside the diaper. This demonstrates the feasibility of individual devices for monitoring diaper wetness.

Furthermore, we measured the array current distribution at different time intervals (0s, 20s, 40s) after pouring 50ml of water. As shown in **Supplementary Fig. 47c**, as water permeates and spreads, the humidity sensor array can detect humidity gradients across large surface areas ( $\sim 5 \times 5 \text{ cm}^2$ , enough to cover the core position) of the diaper, which are reflected in changes in the array current distribution. Higher sensor currents represent higher surface humidity. This can eliminate erroneous judgments caused by measurement errors resulting from the varying positions of individual devices. This data also provide potential aids in establishing the alarm threshold within the operational circuit system.

**Supplementary Table 1 | DFT calculated phase formation energy and corresponding interlayer spacing for lithium intercalation of WS<sub>2</sub>.**

Li	2H Li <sub>x</sub> WS <sub>2</sub>		1T' Li <sub>x</sub> WS <sub>2</sub>	
x	interlayer spacing	Formation energy	interlayer spacing	Formation energy
	(Å)	(eV)	(Å)	(eV)
0	6.214	-2.549	6.034	-2.011
0.0625	6.281	-2.574	6.116	-2.140
0.125	6.361	-2.597	6.217	-2.270
0.1875	6.411	-2.619	6.244	-2.409
0.25	6.506	-2.649	6.303	-2.536
0.3125	6.546	-2.666	6.362	-2.655
0.375	6.592	-2.717	6.350	-2.771
0.4375	6.677	-2.771	6.389	-2.912
0.5	6.645	-2.769	6.405	-3.011
0.5625	6.653	-2.840	6.456	-3.107
0.625	6.704	-2.862	6.396	-3.202
0.6875	6.696	-2.888	6.386	-3.307
0.75	6.647	-2.937	6.379	-3.381
0.8125	6.635	-2.964	6.327	-3.459
0.875	6.598	-3.010	6.323	-3.526
0.9375	6.616	-3.034	6.308	-3.597
1	6.614	-3.062	6.339	-3.609



**Supplementary Table 2 | Comparison of humidity sensing performance of the developed 2H and 1T' WS<sub>2</sub> NSs with other reported humidity sensors.**

Materials	Response time (s)	Recover time (s)	Reference
VS <sub>2</sub>	35	31	<i>Adv. Mater.</i> <b>24</b> , 1969-1974 (2012) <sup>8</sup>
2H MoS <sub>2</sub>	10	60	<i>Adv. Mater.</i> <b>29</b> , 1702076 (2017) <sup>9</sup>
2H MoS <sub>2</sub>	300	600	<i>ACS Nano</i> <b>7</b> , 4879-4891 (2013) <sup>10</sup>
Graphene/Silk	3	6	<i>Adv. Funct. Mater.</i> <b>29</b> , 1808695 (2019) <sup>11</sup>
Graphene Oxide	1.4	10	<i>Adv. Mater.</i> <b>27</b> , 1370-1375 (2015) <sup>12</sup>
Graphene Fiber	180	125	<i>Small</i> <b>14</b> , 1703934 (2018) <sup>13</sup>
Paper	600	1500	<i>Angew. Chem. Int. Ed.</i> <b>55</b> , 5727-5732 (2016) <sup>14</sup>
MXene	1	201	<i>ACS Sens.</i> <b>4</b> , 1261-1269 (2019) <sup>15</sup>
MXene/Ag	5	80	<i>Adv. Funct. Mater.</i> <b>29</b> , 1905197 (2019). <sup>16</sup>
MXene	1000	2000	<i>Adv. Mater.</i> <b>33</b> , 2104878 (2021) <sup>17</sup>
Graphene	40	20	<i>Adv. Mater.</i> <b>33</b> , 2100218 (2021) <sup>18</sup>
PEDOT:PSS	1	4	<i>Sci. Adv.</i> <b>6</b> , eaba0931 (2020) <sup>19</sup>
Graphene Oxide	170	190	<i>Adv. Mater.</i> <b>28</b> , 2601-2608 (2016). <sup>20</sup>
Al/PI	1.5	50.6	<i>Nat. Commun.</i> <b>9</b> , 244 (2018) <sup>21</sup>
Perovskite	5	5	<i>Adv. Funct. Mater.</i> <b>30</b> , 1907449 (2020) <sup>22</sup>
Cleancool/Cu fiber	3.5	4	<i>Adv. Funct. Mater.</i> <b>29</b> , 1904549 (2019) <sup>23</sup>
Graphene Oxide	4.5	5.5	<i>Adv. Mater.</i> <b>28</b> , 3549-3556 (2016) <sup>24</sup>
TiO <sub>2</sub>	45	200	<i>Adv. Mater.</i> <b>30</b> , 1705925 (2018) <sup>25</sup>
SnS <sub>2</sub> /rGO	6	15	<i>Nano Energy</i> <b>67</b> , 104251 (2020) <sup>26</sup>
MXene/Cellulose	20	70	<i>ACS Nano</i> <b>15</b> , 16811-16818 (2021) <sup>27</sup>
GO/SF	1.05	0.8	<i>Nat. Commun.</i> <b>13</b> , 5416 (2022) <sup>28</sup>
<b>1T'-WS<sub>2</sub></b>	<b>0.30</b>	<b>1.20</b>	<b>This work</b>
<b>2H-WS<sub>2</sub></b>	<b>0.48</b>	<b>0.32</b>	<b>This work</b>

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# Programmable phase switching and exfoliation

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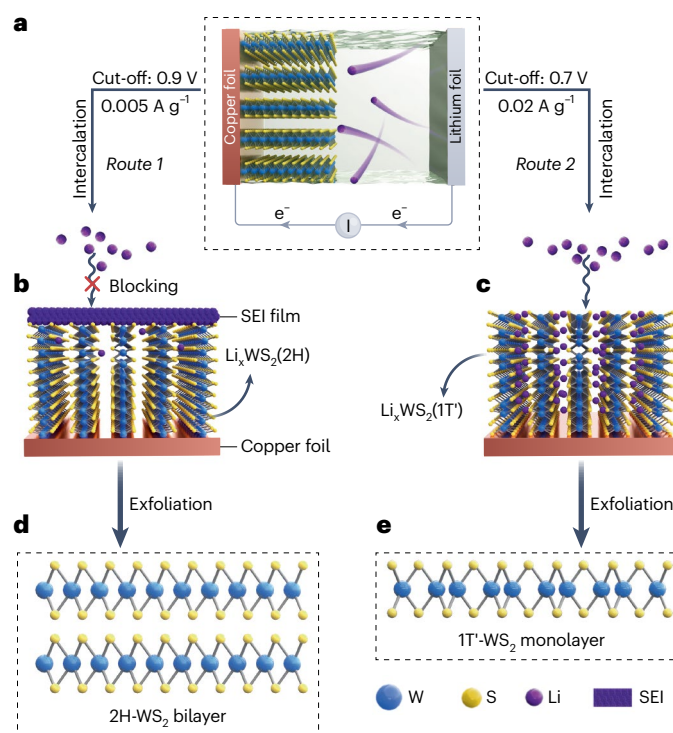
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## An electrochemical $\text{Li}^+$ intercalation-based exfoliation strategy achieves phase-switchable exfoliation of 2H- and 1T'- $\text{WS}_2$ nanosheets.

Phase engineering involves the manipulation of atomic arrangements in materials and enables the modulation of properties and functionalities<sup>1</sup>. Unconventional phases can endow nanomaterials with different properties compared to their bulk counterparts, making them promising for a variety of applications<sup>2</sup>. 2D group-VI transition metal dichalcogenide (TMD) nanosheets with various phases (such as 2H, 1T, 1T'), which originate from the coordination geometries of the transition metal atom, have attracted research interest owing to their unique physicochemical properties<sup>3</sup>. The stable 2H phase TMDs exhibit semiconductive properties with tunable bandgaps and are well suited for nanoelectronics and optoelectronics, while the metastable 1T and 1T' phase TMDs possess metallic or semi-metallic properties with unconventional physicochemical properties and show high electrocatalytic activity<sup>4</sup>. A key challenge in the synthesis of phase engineered nanosheets for device application is to develop scalable strategies that precisely control the nanosheet phase.

The synthesis of 2D nanosheets can be split into two broad production strategies: bottom-up and top-down. In the bottom-up approach, atoms are assembled into 2D nanosheets and the morphology and size of the nanosheets can be controlled by applying rigorous deposition conditions or post-treatments. The obtained 2D nanosheets are mostly composed of a thermodynamically stable phase as the process is spontaneously initiated by Gibbs free energy<sup>5</sup>, restricting the ability to engineer the phase. By contrast, the top-down method disassembles bulk materials into 2D nanosheets and is more versatile and applicable to large-scale production<sup>6</sup>. For example, by tuning different parameters during the exfoliation of bulk materials, 2D nanosheets with designated sizes, thicknesses and phases can be prepared. Previous studies have reported that the electrochemical intercalation exfoliation induces a phase transition in group-VI TMDs from 2H to 1T/1T', as ion doping (accompanied with electron injection) stabilizes the 1T or 1T' phase above the 2H phase<sup>7</sup>. However, the controllable synthesis of 2D nanosheets with designed phases remains elusive due to ambiguity in the phase transition mechanism.

Now, writing in *Nature Synthesis*, Gu, Li, Yu, Zeng and co-workers report a phase-switchable electrochemical approach to exfoliate 2H- $\text{WS}_2$  bilayer nanosheets and 1T'- $\text{WS}_2$  monolayer nanosheets from bulk 2H- $\text{WS}_2$  (ref. 8). A typical lithium battery configuration is implemented, where Li functions as the doping ion, driving the electrochemical intercalation process. Bulk 2H- $\text{WS}_2$  is coated on copper foil as the cathode and the Li foil anode provides  $\text{Li}^+$  ions for intercalation (Fig. 1a). During the discharge process,  $\text{Li}^+$  ions transfer from Li foil to  $\text{WS}_2$  through the electrolyte (internal circuit), while electrons are transported through the external circuit, generating  $\text{Li}_x\text{WS}_2$ . By



**Fig. 1 | Phase-switchable synthesis of 2H- and 1T'- $\text{WS}_2$  nanosheets.**

**a**, Schematic illustration of electrochemical lithium intercalation of bulk 2H- $\text{WS}_2$  with different discharge current densities and cut-off voltages. The symbol “I” represents the discharge current. Route 1: a 0.9 V cut-off voltage and a 0.0005  $\text{A g}^{-1}$  current density induce the formation of a solid electrolyte interface (SEI) film. Route 2: a 0.7 V cut-off voltage and a 0.02  $\text{A g}^{-1}$  current density accelerates  $\text{Li}^+$  intercalation. **b, c**, Different phases of lithium intercalated  $\text{WS}_2$ : 2H- $\text{Li}_x\text{WS}_2$  (**b**) and 1T'- $\text{Li}_x\text{WS}_2$  (**c**). **d, e**, Crystal structures of 2H- $\text{WS}_2$  bilayer nanosheet (**d**) and 1T'- $\text{WS}_2$  monolayer nanosheet (**e**).

programming the discharge parameters, bulk 2H- $\text{WS}_2$  is intercalated by different amounts of  $\text{Li}^+$  ions, producing different  $\text{Li}_x\text{WS}_2$  phases (2H, 1T and 1T', Fig. 1b, c). Consequently, 2H- $\text{WS}_2$  bilayer nanosheets or 1T'- $\text{WS}_2$  monolayer nanosheets (Fig. 1d, e) can be exfoliated from  $\text{Li}_x\text{WS}_2$  upon liquid-phase sonication.

The current density and cutoff voltage during the electrochemical  $\text{Li}^+$  intercalation process serve as the switch (on–off) for triggering phase transition, leading to the transformation from bulk 2H- $\text{WS}_2$  to either 2H- $\text{WS}_2$  bilayer nanosheets or 1T/1T'- $\text{WS}_2$  monolayer nanosheets. Route 1 (Fig. 1a, left hand side), with a small discharge current density (0.005  $\text{A g}^{-1}$ ) and a high cutoff voltage (0.9 V), induces the formation of pure 2H- $\text{WS}_2$ , while Route 2 (Fig. 1a, right hand side), with a larger



current density ( $0.02 \text{ A g}^{-1}$ ) and a lower cutoff voltage ( $0.7 \text{ V}$ ), will lead to a mixture of  $1\text{T-WS}_2$  (33%) and  $1\text{T}'\text{-WS}_2$  (67%).

The phase-switching mechanism is examined using atomic-scale characterizations and computational simulations. Gu, Li, Yu, Zeng and co-workers find that the appearance of a solid electrolyte interface (SEI) film on the cathode directly influences the  $\text{Li}^+$  intercalation degree, causing the formation of different  $\text{WS}_2$  phases.  $\text{Li}^+$  intercalation through Route 1 with a small discharge current density induces the formation of a dense SEI film at the edge of the bulk  $2\text{H-WS}_2$  coated copper foil, suppressing  $\text{Li}^+$  insertion below the phase transition threshold, therefore maintaining the original  $2\text{H}$  phase. In contrast, Route 2 with a large discharge current density enables  $\text{Li}^+$  to fully insert into  $\text{WS}_2$  as no obvious SEI film is formed, inducing the phase transition from  $2\text{H}$  to  $1\text{T}/1\text{T}'$ .

The properties of TMDs are highly phase dependent. Compared to semiconductive  $2\text{H-WS}_2$ ,  $1\text{T}'\text{-WS}_2$  derived from metastable  $1\text{T-WS}_2$  maintains thermal stability by distorting the atomic arrangement, exhibiting semi-metallic properties<sup>9</sup>. The distorted octahedral coordinated  $1\text{T}'\text{-WS}_2$  has a higher electrical conductivity and a more active basal plane than that of  $2\text{H-WS}_2$ , making adsorption of water molecules easier on  $1\text{T}'\text{-WS}_2$ . As a proof of concept for material application, Gu, Li, Yu, Zeng and co-workers fabricated humidity sensors using the two exfoliated phases of  $\text{WS}_2$ . Given the different adsorption energies of  $2\text{H-WS}_2$  and  $1\text{T}'\text{-WS}_2$  towards water molecules, the  $2\text{H-WS}_2$  sensors exhibit a faster recovery time, while the  $1\text{T}'\text{-WS}_2$  sensors show a faster response time. These results validate the feasibility of this programmable electrochemical exfoliation methodology in tailoring different  $\text{WS}_2$  phases to regulate their physicochemical properties. This advance is expected to promote applications in additional fields such as electrocatalysis, where catalytic activity is dependent on the phase-related properties.

This methodology demonstrates a pathway for synthesizing 2D TMDs with on-demand phases and provides a different perspective

for manipulating phase transitions. The methodology developed here may be applied to other 2D TMDs such as  $\text{MoS}_2$ ,  $\text{MoSe}_2$  and  $\text{WSe}_2$  as they possess similar layered structures and phase transitions. Assisted by artificial intelligence, the exploration of material phases that are previously difficult to synthesize, or the creation of new material phases, could be examined with this methodology. This precise control over phase transition in 2D TMDs offers a versatile and expansive platform for potential optoelectronic applications, including biosensors, photodetectors and nanophotonic circuits.

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## Competing interests

The authors declare no competing interests.